

Hatchery Supported Trout Waters Closed to Fishing, Feb. 29 until April 4

RALEIGH, NC (February 25, 2020) -- The N.C. Wildlife Resources Commission will close approximately 1,000 miles of Hatchery Supported Trout Waters to fishing one-half hour after sunset on Feb. 29 and reopen them at 7 a.m. on April 4.

While fishing is closed, Commission personnel will stock all Hatchery Supported Trout Waters in preparation for opening day. Staff stocks Hatchery Supported Trout Waters, which are marked by green-and-white signs, at frequent intervals in the spring and early summer every year.



This year, Commission personnel will stock approximately 916,000 trout — 96 percent of which average 10 inches in length, with the other 4 percent exceeding 14 inches in length.

While fishing on Hatchery Supported Trout Waters, anglers can harvest a maximum of seven trout per day, with no minimum size limit or bait restriction. Hatchery Supported Trout Waters are open from 7 a.m. on the first Saturday in April until one-half hour after sunset on the last day of February the following year.

For more information on trout fishing in North Carolina, visit the Commission's trout fishing page, or call the Inland Fisheries Division, 919-707-0220.

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**Our Deadline Is On Friday At 5pm
 For Next Week's Paper**

Caldwell Journal

Caldwell Journal Weather

Thursday (27th): Chilly with sunshine.
 High 45 Low 28
 Precipitation: 12%

Friday (28th): An afternoon shower in spots.
 High 47 Low 29
 Precipitation: 40%

Saturday (29th): Partly sunny & chilly.
 High 44 Low 22
 Precipitation: 4%

Sunday (1st): Partly sunny & milder.
 High 58 Low 35
 Precipitation: 6%

Monday (2nd): Cloudy with a shower.
 High 60 Low 46
 Precipitation: 56%

Tuesday (3rd): Considerable cloudiness.
 High 64 Low 54
 Precipitation: 25%

Wednesday (4th): Cloudy with rain possible.
 High 62 Low 45
 Precipitation: 35%

Annual Grief Camp Offers Children Help with Loss

LENOIR, NC (February 21, 2020) -- Caldwell Hospice will offer an opportunity to help grieving children. We may not recognize their grief because children express grief differently from adults. When children experience death, they may think they are the only ones in the world who have ever lost a mom, dad, grandparent or other loved one. At Good Mourning Children's Grief Camp, children will learn that they are not alone, their feelings are normal, and it is okay to remember their loved ones.

Caldwell Hospice's annual Good Mourning Children's Grief Camp will be on Saturday, March 21, 2020, from 9 a.m. to 3 p.m., at Redwood Park's McCreary Family Fitness Center, 450 Redwood Street, Hudson, NC. For over 20 years, children ages six through 12 who are grieving the loss of a loved one have been invited to spend a day devoted to remembering and healing through grief related activities. Through age-appropriate activities including art projects, lessons on coping skills, and interacting with their peers, children will gain a better understanding of grief and realize they are not alone. As they talk, draw, write, listen, and laugh, children can find the healing tools they need.

Good Mourning Children's Grief Camp is facilitated by Caldwell Hospice staff and specially trained adult and teen volunteers. Lunch and snacks will be provided. There is no cost to participants due to the generosity and support of the community, Greer-McElveen Funeral Home and Crematory, and Hudson Parks & Recreation.

Ashewood Grief and Counseling Services, grief support care of Caldwell Hospice, helps individuals of all ages and their families cope with the loss of people they love. Grief support services are provided at no cost to the community, even to those with no affiliation with hospice services. For more information, or to register for grief camp, contact Bereavement Coordinator Kimberly Setzer, MSW, LCSWA at 828.754.0101, email ksetzer@caldwellhospice.org, or visit www.caldwellhospice.org or Facebook.

Robin's Nest "Swing into Spring" Tickets On Sale

LENOIR, NC (February 25, 2020) -- Robin's Nest Children's Advocacy Center of Caldwell County invites you to "Swing into Spring Featuring Dancing with Caldwell Stars" at Cedar Rock Country Club in Lenoir on Saturday, April 4th, from 6:30-11:00 p.m. Tickets are \$50 each and include the dinner buffet, DJ Dennis with Sandstorm, and the Caldwell Stars who are dancing for donations. Attendees may also participate in Eggstravaganza and a raffle for a vacation trip for 2. Please visit robinsnest-cac.org to vote for your favorite Caldwell Stars and to purchase tickets or call 828-754-6262 for more information. Proceeds benefit Robin's Nest, a 501(c)(3) corporation that coordinates resources to serve child victims of sexual and severe physical abuse.

Public meeting for Hickory Trail projects

HICKORY, NC (February 25, 2020) -- The N.C. Department of Transportation (NCDOT), in cooperation with the City of Hickory, will hold a public meeting to discuss two projects related to the Hickory Trail on Thursday, March 5, from 5:30 p.m. to 7:30 p.m. at the Winkler Activity Building beside L.P. Frans Stadium, located at 2500 Clement Boulevard NW.

The projects include the construction of a pedestrian bridge and trail across U.S. 321 to the Hickory Regional Airport, and the City Walk's 11th Street connector to the Old Lenoir Walk (Old Lenoir Road multiuse trail).

These projects will provide designated space for bicycles and pedestrians to further offer connectivity and safety throughout the City of Hickory. Roadways in the project areas will also be resurfaced and upgraded to meet Americans with Disabilities Act (ADA) standards.

Community members are invited to attend any time during the open house event. NCDOT representatives will be available to answer questions and listen to comments regarding the projects. The opportunity to submit comments will also be provided at the meeting, or via phone, email, or mail by March 19. Comments received will be taken into consideration as the projects develop. Please note that no formal presentation will be made.

NCDOT will provide auxiliary aids and services under the Americans with Disabilities Act for disabled persons who wish to participate in this meeting. Anyone requiring special services should contact Diane Wilson at pdwilson1@ncdot.gov or (919) 707-6073 as early as possible so that arrangements can be made.

For additional information, please contact Jimmy Terry, P.E. (NCDOT Consultant TGS Engineers) at (704) 476-0003, ext. 314, or jterry@tgsengineers.com.

Governor Declares Reward for information on Vandalism to Hickory Police Department Parking Lot

HICKORY, NC (February 27, 2020) -- On February 26, 2020 Hickory police received a proclamation from the office of North Carolina Governor Roy Cooper. The proclamation declared that the State is offering a reward up to \$5,000 for information leading to the arrest and conviction of the person or persons responsible for the vandalism discovered in the Hickory Police Department.

On February 14, 2020 Hickory Police discovered over fifty black 1/2" metal tacks located in private and public parking entrances of the police department. The tacks caused damage to twenty police and at least ten civilian vehicles.

This crime not only caused extensive damage, but also potentially put public safety at risk.

This investigation is on-going and anyone with information is encouraged to contact Hickory Police at 828-328-5551 or Investigator Tammy Johnson at 528-261-2619 or tjohnson@hickorync.gov.

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Clover Baptist Church Easter Drama 2020

GRANITE FALLS, NC (February 22, 2020) -- "Who Is This Man Named Jesus," an original Easter drama will be presented by Clover Baptist Church, 100 Pinewood Road in Granite Falls. The drama will be presented on Good Friday, April 10th at 7 PM and all seating for this presentation is free. The Drama will be presented in the form of a "Dinner Theatre" on Saturday evening, April 11th at 6 PM and Reservations are required for the Drama/Dinner Theatre. The menu will feature chopped bbq, chicken, cole slaw, baked beans, roll, dessert, coffee, tea, or water. The cost is \$10 for Adults and \$5 for children under age 12.

This year's drama encourages us to read the minds of many of those who were present during Jesus' earthly ministry. The drama includes some beautiful and inspiring musical selections including "Jesus, He Is The Son of God," "Here Comes A Miracle," "If Not For The Old, Rugged Cross," "The Day He Wore My Crown" and "Arise My Love."

Reservations for the Drama/Dinner Theatre may be made by stopping by the church office between the hours of 8:30 and 2:30 Monday – Thursday or by calling 828 396 2417 between those hours.

Clover Baptist Church is located just one mile off of Hwy 321 between Hickory and Lenoir at 100 Pinewood Road in Granite Falls. For more information you may contact the church office at the number above or by visiting the church website at cloverbaptistchurch.com.

Everyone is encouraged to join with us as we celebrate our Living Saviour! An Easter Sunrise service will be held on Easter Sunday morning at 7:50 AM.

P.A.C.T. - Pay Attention in City Traffic

HICKORY, NC (February 26, 2020) -- The Hickory Police Department's March traffic enforcement P.A.C.T. – Pay Attention in City Traffic will be located on Lenoir Rhyne Blvd (from Tate Blvd to HWY 70 SE) and 7th Avenue SE (from Lenoir Rhyne Blvd to the entrance to Zahara Baker Park). Enforcement, both day and night, will focus on red light violations, following too closely, distracted driving and speeding.

As always, citizens are encouraged to be vigilant and observe all traffic laws, avoid utilizing mobile and digital devices and maintain driving awareness while operating a motor vehicle.

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U3198c, 3/19

Take Precautions to Prevent Flu

LENOIR, NC (February 24, 2020) -- Caldwell County Health Department encourages residents to take precautions to prevent flu.

"Caldwell County residents face a greater threat from flu than Coronavirus," explained Health Department Director Anna Martin. "To give a comparison, last week North Carolina had 11 flu-associated deaths, while officials have not confirmed a single case of Coronavirus in the state."

The CDC still considers Coronavirus to be a serious public health threat, but the immediate health risk to the general American public is considered low at this time. In contrast, the CDC estimates that between 12,000 and 79,000 people nationwide die from flu infections each year. Statewide, 90 flu-associated deaths have been reported already this flu season.

Certain groups are at higher risk for serious illness from flu, including children younger than five, pregnant women, people over 65, and those with certain chronic medical conditions, such as heart or lung disease.

Flu symptoms include:

A fever of 100.4F/38C degrees or higher or feeling feverish (not everyone with the flu has a fever)

A cough and/or sore throat

A runny or stuffy nose

Headaches and/or body aches

Chills

Fatigue

Nausea, vomiting, and/or diarrhea (most common in children)

"Flu vaccination is the most effective protection against flu," Martin said. "It's not too late to take the vaccine this flu season."

Flu vaccine is still available at the Caldwell County Health Department and can be obtained by calling the (828) 426-8400.

Early treatment with an antiviral drug can also help prevent flu infections from becoming more serious.

Other precautions to protect against the spread of flu and other viruses include:

Staying home when you are sick until you have been fever free for at least 24 hours

Washing your hands frequently, preferably with soap and water

Covering your coughs and sneezes with a tissue and then discarding the tissue promptly

For more information about flu, visit www.Flu.NC.Gov.

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BBB Tip: Attending Home Shows and Hiring Home Improvement Contractors

MATTHEWS, NC (February 26, 2020) -- With the Charlotte Home and Garden Show kicking off this weekend, Better Business Bureau (BBB) is reminding consumers to do their homework before making a financial and contractual commitment.

While home improvement projects tend to be one of the most significant investments many consumers will make all year, it's important to do the proper research before hiring a contractor. It's also equally important to know what's required of home improvement companies.

BBB offers the following tips to anyone attending a home show or making plans to hire a home improvement contractor:

- Familiarize yourself with the show's layout. Visit the show's website in advance and locate appealing vendors. Check for discounts and coupons being offered and research vendors at bbb.org. Look for the seal of BBB accreditation being displayed in booths of BBB Accredited Businesses, as these companies meet and uphold BBB Standards.
- Be prepared. Develop a list of questions for potential contractors so you don't overlook something, as it is easy to become distracted at a show. Recognize and keep to your budget while maintaining clear goals to avoid being pressured into making an impulse commitment on the spot.
- Comparison shop. Collect information, marketing materials and ask questions. Engage with booth owners, obtain specifics on pricing and services and have a clear understanding of company policies and warranties.
- Confirm licensing. Before hiring a contractor, check to see that they are properly registered with the appropriate state licensing board and have up-to-date insurance covering workers' compensation, property damage and personal liability.
- Avoid paying in full. BBB recommends limiting a deposit to no more than one-third of the total cost of the project and to also set up a schedule of payments based on the job's overall progress. Get all details of the project in writing in the form of a contract and request a receipt that properly accounts for any paid amounts.
- Request receipts. Make sure you get a receipt from the contractor that properly accounts for any amounts you have paid. Once the job is completed and you have paid for everything, request a receipt marked "paid in full." Never make final payment or sign an affidavit of final release until you are satisfied with the work done and know that all subcontractors and suppliers have been paid.
- Understand your contract. Before signing a contract, read over it in its entirety. Do not sign if there are any blank lines or if there are any statements you don't entirely understand. The law requires that a copy of the contract be given to you at the time of signing, so be sure to request one if you are not initially provided with it. Keep a copy of the contract after the job is completed in case there is an issue.
- Recognize your rights. Under the Federal Trade Commission's Cooling-Off Rule, contracts for goods or services in excess of \$130 that are entered into at a seller's temporary location, can be canceled within three business days following the date of the contract. By law, the seller must tell you about your right to cancel at the time of sale. The seller also must give you two copies of a cancellation form (one to keep and one to send if you decide to cancel).

An Evening with Michael Franzese (as seen in the documentary "The Mafia" with Sir Trevor McDonald) will be held at North Catawba Baptist Church on Friday, March 20 and Saturday, March 21, 7:00-9:00pm. Featured will be Franzese's book "From godfather to serving God the Father" and there will be a book signing at the end of the event. Tickets are \$8.00. Contact the church at 828-728-9253. The church is located at 1596 North Catawba Church Avenue, Lenoir.

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Seven Hickory Police Officers Sworn-In

HICKORY, NC (February 24, 2020) -- On February 21, 2020, family and friends attended the formal swearing in of eight new officers to the Hickory Police Department.



Richard L. Bortnick, a native of Rutherford College, NC and graduate from Appalachian State University, was hired by Hickory Police Department as a first time law enforcement officer. Bortnick attended B.L.E.T. at Catawba Valley Community College.

Kelsy O. Hays is a graduate of Newton Conover High School and native of Newton, NC. Hays was hired by HPD and attended B.L.E.T. at Western Piedmont Community College.

Alex S. Leatherman, a native of Hickory, NC, and graduate of Appalachian State University. He attended B.L.E.T. at Western Piedmont Community College after being hired by Hickory Police Department.

Mason G. McGuire, completed B.L.E.T. at Catawba Valley Community College before being hired by HPD. McGuire is a native of Caldwell County, NC and graduate of Hibriten H.S.

Bryan M. Raynes, a graduate of Central Piedmont Community College, was hired by HPD and attended B.L.E.T. at Western Piedmont Community College. Raynes was previously employed as a Special Education High School teacher. Raynes is a native of Columbus, OH.

Hunter J. Thompson, a graduate of Bunker Hill H.S., completed B.L.E.T. at Catawba Valley Community College and was subsequently hired by HPD. Thompson is a native of Catawba County, NC.

Jacob D. Watson, who was previously employed by NCDPS Caldwell Correctional Facility, was hired by HPD and attended B.L.E.T. at Western Piedmont Community College. Watson is a graduate of Fred T. Foard H.S. and native of Catawba County, NC.

"I am excited that these new officers have accepted the call for a challenging, yet rewarding career. They have all shown that they will fit in well with our philosophy of community policing," said Chief Thurman Whisnant.

CCC&TI Celebrate New Class Of Electrical Linemen

HUDSON, NC (February 26, 2020) -- Caldwell Community College and Technical Institute celebrated a new class of Electrical Lineworkers with a completion ceremony on Wednesday, Feb. 26 at the J.E. Broyhill Civic Center in Lenoir. Front row, left to right, Zachary Grant of Hickory, Lucas Hoyle of Grace Chapel, Hunter Ingle of Dudley Shoals, Jonathan Lowery of Morganton, Michael Nealen of Bethlehem and Justin Price of Boomer; Back row, left to right, Joshua Boozer of Granite Falls, Brendan Brittain of Granite Falls, Elijah Brooks of Lenoir, Jacob Church of Collettsville, Trenton Ford of Lenoir and Caleb Gammon of Lenoir.



Two Advance Care Planning Workshops: Living Will, Healthcare Power of Attorney and Benefits Overview

LENOIR, NC (February 25, 2020) -- Advance care planning is a process to help your loved ones know how to speak for you if you are ever unable to make your own medical decisions. It is planning for the unexpected.

Caldwell Hospice and Palliative Care partners with the Caldwell Senior Center to offer two Advance Care Planning Workshops at no cost to the community on the second and fourth Thursdays of each month. The next workshops will be held March 12, 2020, at 1:30 p.m. at the Caldwell Senior Center in Lenoir, and March 26, 2020, at 1:30 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson.

Join retired local attorney Houston Groome in Lenoir and attorney Hugh Wilson in Hudson for either of these inspiring workshops. "Advance Directives: Living Wills and Healthcare Powers of Attorney are gifts to your family," says Groome. "Deciding, discussing and documenting your healthcare wishes helps ensure your healthcare wishes are known and honored. It also gives you peace of mind that you have made appropriate preparations." Notaries and witnesses will be available to help anyone who wants to complete their documents at the clinic. For more information, or to register, call 828.758.2883, or visit Eventbrite.com.

Poovey's Chapel Baptist Church will be hosting a marriage conference on Friday, March 13 from 7:00-9:00 PM. This is a completely free event. Rev. Terry Hunt will be speaking on 2020 vision for your marriage. Whether you've been married for fifty years, or newlyweds, this conference is for you.

Caldwell Hospice Volunteer Training will be held March 9 & 11 from 8:00am - 4:00pm at Caldwell Hospice & Palliative Care, McCreary Family Professional Center, 526 Pine Mountain Road, Hudson. For more information or to register, contact Cyndi Akins, Volunteer Coordinator, at 828-754-0101 or at cakins@caldwellhospice.org.



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Caldwell Hospice Welcomes New Volunteers

HUDSON, NC (February 26, 2020) -- Caldwell Hospice welcomed eight individuals to recent adult volunteer trainings. New adult volunteers include Tim Alberts, Fay Grant, Kim Hur, Young Hur, Thomas Pasquale, Marcus Royal, Corrine Stevenson, and Tom Withem.

Adult volunteer training is offered several times each year. The next training is scheduled for March 9 and 11, 8 a.m. to 4 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson, NC.

Caldwell Hospice's need for volunteers is ongoing. Our volunteer coordinators will match volunteer's skills with the organization's needs. An array of topics is covered at each training to help prepare participants to become successful volunteers.

For more information, call 828.754.0101 or 1.844.MY.JOURNEY, or contact our volunteer coordinators Cyndi Akins at cakins@caldwellhospice.org or Erica Andrews at eandrews@caldwellhospice.org.

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