



Granite Falls Elementary School Project Progressing

Aerial photograph taken on Wednesday, January 29, 2020

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Caldwell Journal Info

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The content of the articles or the advertisements does not necessarily represent the opinions of anyone affiliated with the Caldwell Journal. The Caldwell Journal is a non-discriminatory paper.

**Our Deadline Is On Friday At 5pm
 For Next Week's Paper**

Caldwell Journal

Caldwell Journal Weather

Thursday (30th): Times of clouds & sun.
 High 49 Low 39
 Precipitation: 5%

Friday (31st): Rain.
 High 42 Low 30
 Precipitation: 75%

Saturday (1st): Some sun, then clouds; milder.
 High 53 Low 35
 Precipitation: 52%

Sunday (2nd): Sunshine & mild.
 High 63 Low 38
 Precipitation: 2%

Monday (3rd): Increasing clouds.
 High 70 Low 48
 Precipitation: 2%

Tuesday (4th): Cloudy, a shower in the p.m.
 High 64 Low 53
 Precipitation: 55%

Wednesday (5th): Cloudy, a shower in the p.m.
 High 64 Low 57
 Precipitation: 62%

Blue Ridge Magic art exhibition

LENOIR, NC (January 31, 2020) -- The Caldwell Arts Council will present an opening reception for the art exhibit "Blue Ridge Magic" on Friday, February 7, 2020 from 5:00 p.m. to 7:00 p.m. The exhibition will continue through February 28, 2020.

Blue Ridge Magic will feature oil paintings by Boone artist Earl Davis, nature photography by Lenoir photographer Mike Koenig, quilts and paintings by Lenoir artisan Wanda Prince, and mixed media paintings by Lisa Shanks of Greenville, SC.

MORE ABOUT THE EXHIBITING ARTISTS

Earl Davis is a self-taught oil painter who primarily creates landscapes inspired by the Blue Ridge and national parks. His mentor artists and instructors include Richard Schmid, Morgan Weistling, Brian Blood, Bill Inman, and Mark Boedges. Davis is represented by galleries in the mountains and on the coast and he has participated in the Artist in Residence program at the Blowing Rock Art & History Museum for the past three years. The semi-retired minister and his wife, Pegeen, live in Blowing Rock. See his work at earldavisfineart.com.

Lenoir Photographer Mike Koenig has spent more than 2 years exploring and photographing the Blue Ridge Parkway, showcasing sunrises, sunsets, vistas and waterfalls in the Blowing Rock, Linville and Grandfather Mountain areas of North Carolina. His images have been published in Smoky Mountain Living Magazine, Blue Ridge Country Magazine, WNC Magazine, North Carolina Wildlife Magazine, and Foothills Digest Magazine. He also received First Place in the North Carolina Wildlife 2018 Photo Contest and was a finalist in WNC Magazine's 2018 Photo Contest.

Wanda Prince's creative spirit is fed by an awe of nature and beauty, a fascination and love affair with color, and the subtle memories of connections with people, places, and life experiences. She has sewn and quilted for many years and now enjoys designing quilts as artist statements. Prince also began painting after her retirement in 2003 and since then, has continued taking classes and learning from other artists. Originally from McEwen, Tennessee, Wanda lives in Lenoir.

After her first painting lesson at the age of 11 Wanda's daughter Lisa Shanks knew that she wanted to be an artist. Drawing inspiration from a life-long connection with art, natural beauty, and travels to art museums and galleries all over the world, the Greenville, SC resident creates works primarily in pastels and oils. Lisa graduated with an art degree from Appalachian State University where she studied under William Dunlap and Warren Dennis and recently attended workshops by Addren Doss and Robin Wellner.

ABOUT THE CALDWELL ARTS COUNCIL

The Caldwell Arts Council presents the arts in all its forms to Caldwell County residents. Located at 601 College Avenue in Lenoir, the Caldwell Arts Council is open Tuesday-Friday 9am-5pm and Saturdays 10am-2pm, free to the public. For information, call 828-754-2486 or visit www.caldwellarts.com.

Granite Falls Cub Scout Pack 260 Pinewood Derby

GRANITE FALLS, NC (January 28, 2020) -- It was an exciting day at the races as Granite Falls Cub Scout Pack 260 held their annual Pinewood Derby on Saturday, January 25.

The Scouts who, with the help of an adult, each had to craft their own race car from a basic kit consisting of a block of wood and four wheels. Each participant gets to apply their own creativity and workmanship into the design. Some of the more popular themes for cars included superhero's, video game characters, sports teams, and American Spirit.

A total of 24 Scouts participated, ranging from kindergartners to fifth graders. The participants raced their cars against their fellow Scouts in a double elimination tournament until the top 5 was determined. The top five finishers were...



1st place – Thaddeus Richard, 2nd place – Max McGee, 3rd place – Bryant Keller, 4th place – Paxton Drum, 5th place – Reece Anderson. Best in Show was Josean Bobe. The Derby is run by the 15 Adult Leaders of Pack 260 and concessions were provided by the older Scouts from Troop 263.

"The experience is more than just a race for the families involved. The kids learn about sportsmanship, creativity and aerodynamics while participating in friendly competition. "...every scout that builds a car and enters the race is a winner," said Cubmaster Chuck Heavner.

Pack 260, hosted by the Granite Falls United Methodist Church, is open to kids in grades K-5. Cub Scouts is a great way for children to learn life skills, try new experiences, and to have fun with their friends. To join or for more information about Cub Scouts Pack 260, visit their Facebook page at Cub Scouts Pack 260 or email at scoutspack260@gmail.com

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BBB Alert: Text Message Claims There's a Problem with your FedEx Delivery

MATTHEWS, NC (January 27, 2020) -- BBB is warning consumers that a phony text message that seems to come from FedEx is sweeping the country. The fake message could also arrive via email. It addresses you by name and asks that you click on a link to set delivery preferences for your package. Don't click!

BBB has received 11 reports of this scam to BBB Scam Tracker in the last few days. Some individuals who got the text and clicked on the link have reported being taken to an Amazon survey site where they were asked to input credit card information.

FedEx Corporate Communications told BBB, "FedEx does not send unsolicited text messages or emails to customers requesting money or package or personal information. Unfortunately, scammers often invoke the names of trusted brands when attempting to take advantage of the public, and FedEx is one of many companies whose brand has been abused in this way. We are committed to protecting the security and integrity of our network. While there is no foolproof method to prevent the FedEx name from being used in a scam, we are constantly monitoring for such activity and work cooperatively with law enforcement."

Any suspicious text messages or emails should be deleted without being opened, and reported to abuse@fedex.com. For more tips on detecting online scams, visit the FedEx Customer Protection Center at <http://www.fedex.com/us/security/prevent-fraud>.

BBB Tips to Avoid Phishing Scams:

- If something sounds suspicious, confirm it by calling the company directly or checking the company website. Don't click on links in an unexpected email – type the URL for the company into your browser or do a web search to find the right website.
- Don't click, download, or open anything that comes from an anonymous sender. This is likely an attempt to gain access to your personal information or install malware on your computer.
- Be cautious of generic emails. Scammers try to cast a wide net by including little or no specific information in their fake emails. Always be wary of unsolicited messages that don't contain your name, last digits of your account number or other personalizing information.
- If you've received this text, report it to BBB Scam Tracker at bbb.org/scamtracker. Consider contacting the Internet Crime Complaint Center at IC3.gov or your state Attorney General's office. You can read more about phishing scams and how they work at bbb.org/phishing scam.

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*Benefit quoted and monthly premium (rate) is for Plan G quoting a female, non-tobacco and is effective until May 31, 2020. ¹ Based on Blue Cross NC internal data, November 2018. Rates are subject to change June 1 of each year, but members will not be singled out for premium increases based on their individual health. ®, SM Marks of the Blue Cross and Blue Shield Association. The agency is an independent entity that has been appointed as an authorized agent of Blue Cross NC. Blue Cross NC is an independent licensee of the Blue Cross and Blue Shield Association.

U3198c, 3/19

Cold and Flu Season Pushes Through January

LENOIR, NC (January 24, 2020) -- Schools are facing the peak season of the flu now through February, and activity could last as late as May according to the Centers for Disease Control and Prevention, with the overall impact adversely affecting school attendance, both in the student and employee populations, as well as compromising the school environment.

As a preventative measure, the school district utilizes an industrial-grade sanitizing system that dispenses a mist to sterilize classrooms and offices at school sites or facilities that are experiencing high volumes of sickness. This hand-held system sprays a mist of chloride disinfectant diluted with water. Typically, these sites are treated after hours when students are not in school.

Mark Wheeler, Lead Custodian and Safety Advisor said that the hospital-grade system is fast and effective. "It is an eco-friendly approach to disinfection and provides a more complete, safe, and consistent coverage. We dispatch this cleaning system to schools as requested," Wheeler said. "The resources that we use have proven to be effective in cleaning, disinfecting, and sanitizing schools."

School data managers keep a close watch on daily peaks in student absenteeism and report any significant changes. Before the 2019 Christmas holiday, there was a noticeable spike in absenteeism due to flu-related illnesses. However, no schools required a closure or an interruption in schedule due to the rapid response of thoroughly disinfecting the environment.

Associate Superintendent of Auxiliary Services Dr. Jeff Church said that besides the flu, this time of year brings other viruses and illnesses that are easily transmitted from school to home. "As education leaders and parents work together in respecting a safe and healthy school environment," said Church, "we will minimize the risk for our students, faculty, and staff."

The CDC provides tips on how to prevent the flu at <https://www.cdc.gov/flu/consumer/prevention.htm>

The American Legion Hudson Post 392 is sponsoring a Fundraiser for the South Caldwell High School NJROTC. It will be held at the American Legion Hudson Post 392 on Saturday, February 8th from 11:00am - 4:00pm at 243 Legion Road in Hudson.



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Fire Trucks Delivered to Local Caldwell Departments After Being Awarded USDA Funds for Equipment Needs

LENOIR, NC (January 24, 2020) -- Four local fire departments enter 2020 with new firefighting equipment, benefiting the communities of Collettsville, Grace Chapel, Patterson (Caldwell) and New River (Ashe).

The fire departments were awarded a collective total of \$1,408,000 in zero-interest loans for projects submitted, in coordination with Blue Ridge Energy, to the government's Rural Economic Development Loan and Grant program (REDLG). Local electric cooperatives like Blue Ridge Energy assist the communities they serve with quality of life and economic development efforts and the REDLG program helps facilitate the effort to support rural communities.

Over many years of Blue Ridge Energy's involvement with the REDLG program, awarded funds have supported many different initiatives all across the cooperative's service area. REDLG funds have supported job creation or expansion; adequate and clean water projects for towns; medical equipment and health care facilities; and adequate firefighting equipment and facilities.

More details on the current REDLG loans awarded locally:

Collettsville Fire Department: A \$360,000 loan to assist in purchasing a 3,000-gallon water pumper truck to serve the needs of citizens living in the Collettsville community of western Caldwell County.

Grace Chapel Fire Department: A \$552,000 loan to assist in purchasing a 1,000-gallon water pumper truck to serve the needs of the Grace Chapel community of southern Caldwell County.

Patterson Fire Department: A \$220,000 loan to assist in purchasing a 2,200-gallon water pumper truck to serve the needs of the Patterson community of northern Caldwell County.

New River Fire Department: A \$276,000 loan to assist in purchasing a 3,000-gallon water pumper truck to serve the needs of citizens living in the Crumpler area of Ashe County.

REDLG, which is part of the United States Department of Agriculture (USDA), enables electric cooperatives to support economic and community development projects in their service areas by providing zero-interest loan funds and grants to qualified entities. It is an important tool in bolstering the economies of rural America, which are typically more challenged in attracting jobs and quality, affordable access to health care and other vital resources.

"Supporting quality of life in the communities we serve is critical to our purpose as a local electric cooperative," said Doug Johnson, chief executive officer of Blue Ridge Energy. "The REDLG program is an important tool for helping rural communities across the nation compete for critical services such as safety, health care, education and job development. We're pleased we're able to secure the latest funds for these critical projects," Johnson said.

Blue Ridge Energy is a member-owned electric cooperative serving some 76,000 members in northwest North Carolina. Its propane and fuels subsidiary also serve customers in the cooperative's service area and beyond, including parts of Virginia and Catawba and Burke counties in North Carolina. For more information, visit BlueRidgeEnergy.com.

Drive a Scenic Byway on Valentine's Day

If you're looking for ways to celebrate Valentine's Day, NCDOT suggests taking your sweetheart for a drive on any of our 60 scenic byways. You can experience a bit of North Carolina history, geography and the natural splendor that makes our state so unique. The byways are carefully selected as safe and interesting alternatives to our faster-paced commercial areas.

To find the interactive byway map, go to ncdot.gov and search "byways".

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Virtual Dementia Tour®: An Experience that Can Change Your Outlook

HUDSON, NC (January 29, 2020) -- "I had no idea." "Everyone on the planet needs to experience this!" "You are an active learner...you walk in the shoes of someone with dementia." "My mom struggled with dementia for 12 years, but it wasn't until I experienced the Virtual Dementia Tour® that I truly understood what her world was like."

These are just some of the quotes we've heard about the Virtual Dementia Tour® (VDT), the original, ground-breaking, evidence-based, and scientifically proven method of building a greater understanding of dementia. The truth is that when dementia strikes, it strikes the whole community, not just the individual. Thanks to the VDT, health care professionals, family caregivers, business leaders, consumer advocates, first responders and educators are experiencing for themselves the physical and mental challenges facing people with Alzheimer's and other forms of dementia.

The VDT uses patented sensory tools and instruction based on research conducted by P.K. Beville, MS, a specialist in geriatrics and the founder of Second Wind Dreams®. During a VDT experience, trained facilitators guide participants outfitted with patented devices that alter their senses while they try to complete common everyday tasks. The VDT enables caregivers to experience for themselves the physical and mental challenges those with dementia face, and use the experience to provide better person-centered care.



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"The solution to Alzheimer's disease today and in the foreseeable future is in developing a better and more personal understanding of the day-to-day challenges facing those with the disease," says Beville. "The VDT program is the tool that makes that understanding possible."

Caldwell Hospice recognized the need and created its dementia care program in 2011 to better serve patients with dementia and their families. "Dementia affects an increasing number of Caldwell Hospice patients and their families, not to mention others in our community," says Martha Livingston, BSW, one of only five VDT Certified Trainers in North Carolina. "It is important that we educate and encourage caregivers, families, and friends so they don't give up in frustration and desperation."

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Caldwell Hospice is excited to offer the following Virtual Dementia Tour® opportunities to our community:

Thursday, February 6, 2020, from 10 a.m. to 12 p.m.

Tuesday, May 5, 2020, from 4 to 6 p.m.

Tuesday, September 1, 2020, from 9 to 11 a.m.

Tuesday, November 10, 2020, from 1 to 3 p.m.

Each event will be held at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson, NC.

The Virtual Dementia Tour is not appropriate for persons diagnosed with dementia.

Participants are led through the 45-minute experience in 10-minute intervals and only need to be present for their appointment time. Appointments are required and space is limited. To reserve your space or learn more about the Virtual Dementia Tour®, please call 828.754.0101 or email prc@caldwellhospice.org.



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Unidentified remains discovered during search for missing man

LENOIR, NC (January 27, 2020) -- On January 24, 2020 the Caldwell County Sheriff's Office received the report of a missing person. Danny James Garvin, age 61, was reported to be missing by relatives and at the time of the report he had not made contact with family members since August of 2019. Deputies with the Caldwell County Sheriff's Office followed investigative leads in the case which led deputies to a wooded location on Boone Fork Road. During a search of the area unidentified remains were discovered and the scene was secured until the remains could be properly recovered. On January 25, 2020 Investigators with the Caldwell County Sheriff's Office with the assistance of the North Carolina State Bureau of Investigation recovered the remains that were previously located. The remains have been turned over to the Medical Examiner's Office for an Autopsy and identification.

On January 27, 2020, Investigators with the Caldwell County Sheriff's Office with the Assistance of the North Carolina State Bureau of Investigation conducted a secondary search of the wooded area with the assistance of Cadaver dogs to locate any additional remains. The missing person case related to Danny Garvin remains an active investigation.

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