



Photo taken from The Ridgeline Restaurant parking lot in Blowing Rock on Friday, January 3, 2020 looking down into northwestern Caldwell County. Photo was transformed into a oil painting.

She gets her hair from her mom.  
Her eyes from her dad.  
And her drugs from her grandma's  
medicine cabinet.

**BE AWARE. DON'T SHARE.®**  
**LOCK YOUR MEDS.®**





## Caldwell Journal Info

"Published on our website each Thursday"  
**Established October 2, 2014**

[www.caldwelljournal.com](http://www.caldwelljournal.com)  
[www.facebook.com/CaldwellJournal](https://www.facebook.com/CaldwellJournal)  
[mark.jackson@caldwelljournal.com](mailto:mark.jackson@caldwelljournal.com)

*The content of the articles or the advertisements does not necessarily represent the opinions of anyone affiliated with the Caldwell Journal. The Caldwell Journal is a non-discriminatory paper.*

**Our Deadline Is On Friday At 5pm  
 For Next Week's Paper**

# Caldwell Journal

## Caldwell Journal Weather

**Thursday (2nd):** Some sun, then turning cloudy.  
 High 52 Low 41  
 Precipitation: 25%

**Friday (3rd):** Rain.  
 High 56 Low 46  
 Precipitation: 84%

**Saturday (4th):** Mostly cloudy.  
 High 58 Low 31  
 Precipitation: 52%

**Sunday (5th):** Clouds yielding to sun.  
 High 52 Low 32  
 Precipitation: 0%

**Monday (6th):** Plenty of sunshine.  
 High 55 Low 34  
 Precipitation: 0%

**Tuesday (7th):** Cloudy with a bit of rain.  
 High 50 Low 31  
 Precipitation: 63%

**Wednesday (8th):** Plenty of sunshine.  
 High 53 Low 26  
 Precipitation: 3%

## BSA Pack 260 and Troop 263 go Above and Beyond for the Granite Falls Community

GRANITE FALLS, NC (January 2, 2020) -- The Scouts in our community have been meeting our needs for many years from helping our community during natural disasters such as the Tornadoes of 2017 to collecting food for South Caldwell Christian Ministries and mission work here in our local area.

"The leaders and scouts believe strongly in helping others and God and Scouting allows them to do just that"

Some of the things that our Scouts have done for our community in just the last couple of months is ...

**Honored our Veterans** – flag retirement

**Food Collection** – for SCCM, Soul Good Ministries, Back Pack Program (Sawmills)

**Placed two "Blessing Boxes" at their Scout Center**

**Conservation Projects** – Lakeside Park & Rhodhiss Park

**Blood Drive** - Honoring Allison Hodge

**Homebound Visits** – Leaf pick up

**Religious Programs** – Programs of Religious Activities with Youth (P.R.A.Y.)

**Thanking our First Responders** – Delivered Popcorn to Granite Falls Fire Department

**Eagle Projects** – First United Methodist of Granite Falls, Icard Baptist, Rhodhiss Park, and the American Legion Post 29 in Lenoir

This doesn't include the mentoring and molding our youth into citizens with high moral character.

When our Scouts get involved in our community it fosters leadership skills as it instills the practice of community service, both of which are core elements of the Scout BSA mission.

Scoutmaster of Troop 263 and Cubmaster of Pack 260 are one in the same and that is Chuck Heavner, he along with his Wife Kelly Heavner have been heavily involved in Scouting for over 14 years.

Both Units are chartered by First United Methodist Church in Granite Falls where Howard Fleming resides as Pastor.

For more info about the Scouting Program in Granite Falls contact Chuck Heavner at 828-234-1186.

*Courtesy of Chuck Heavner Scoutmaster Troop 263 & Cubmaster Pack 260*

 Read us on issuu

**Read the Caldwell Journal online in  
 the format of a booklet  
[www.issuu.com/caldwelljournal](http://www.issuu.com/caldwelljournal)**

## City of Lenoir Attorney appointed to NLC FAIR Committee

LENOIR, NC (January 3, 2020) -- City of Lenoir Attorney T.J. Rohr has been appointed to serve on the National League of Cities (NLC) 2020 Finance, Administration and Intergovernmental Relations (FAIR) federal advocacy committee.

The FAIR committee has the lead responsibility for developing NLC's federal policy positions on issues involving national economic policy, general financial assistance programs, liability insurance, intergovernmental relations, census, municipal bonds and capital finance, municipal management, antitrust issues, citizen participation and civil rights, labor relations, Native American sovereignty, and municipal authority.

Rohr was first appointed to serve on the FAIR committee a few years ago when he was a City Councilmember. As a committee member, Rohr will meet with other city leaders across the country to discuss national matters and bring back new ideas for City Council to consider.

"It is an honor to serve on FAIR again this year," Rohr said. "I will advocate on behalf of the City of Lenoir and for those issues that have been important to me during my time as a former City Councilmember and now as the attorney for the City of Lenoir. Thank you to the City Council for allowing me to continue to serve in this capacity."

"NLC's federal advocacy committees ensure policymakers in Washington understand the most pressing issues facing local communities," said Joe Buscaino, councilmember of Los Angeles, California, and president of the National League of Cities (NLC). "I am proud to have T.J. Rohr join NLC's Finance, Administration and Intergovernmental Relations committee. Together, with a team of local officials from across the country, we will strengthen the federal-local partnership, and ultimately create stronger cities, towns and villages."

The leadership of this year's committee will consist of Chair Chris Brown, City Controller, Houston, Texas, Vice Chair Victoria Farrar-Meyer, Deputy Mayor, Arlington, Texas, and Vice Chair Mark Shepherd, Mayor, Clearfield, Utah.

For more information on NLC's federal advocacy committees, visit: [www.nlc.org/advocacy/committees](http://www.nlc.org/advocacy/committees).

*The National League of Cities (NLC) is dedicated to helping city leaders build better communities. NLC is a resource and advocate for 19,000 cities, towns and villages, representing more than 218 million Americans. [www.nlc.org](http://www.nlc.org)*



## Mackie Furniture Company

**Complete Home Furnishings and Appliances**

**"We Service What We Sell"**

DOWNTOWN - GRANITE FALLS

13 North Main Street • Granite Falls, NC

828-396-3313 [info@mackiefurniture.com](mailto:info@mackiefurniture.com)

[www.mackiefurniture.com](http://www.mackiefurniture.com)



## Covenant Care

Child Development Center

6062 Petra Mill Rd  
Granite Falls, NC



**Good Christian Learning At Affordable Prices**

Ages 6 weeks to 12 years **828-212-0900**

## Willie Houck Honored as Life Member of American Legion

LENOIR, NC (January 3, 2020) -- WWII veteran Willie Houck, age 101, was recently named an "Honorary Life Member" of The American Legion. The honor was gratefully presented by Dysart-Kendall Post 29 American Legion in recognition and sincere appreciation of outstanding loyalty and dedication to the organization. The certificate says that "this honor recognizes the commitment demonstrated towards the programs, activities and ideals of The American Legion dedicated to God and Country". The presentation was made by National Commander Bill Oxford, Post Adjutant Mike Mizak, and members Irv Eurto and Curt Hiller at Caldwell Hospice's Stevens Patient Care Unit where Houck is a resident patient.



In photo from left to right, Curt Hiller, Mike Mizak, Willie Houck, Irv Eurto, and Bill Oxford

# HEALTH COVERAGE you can count on

- + Individual and group plans
- + Networks to fit your needs
- + Medicare supplement plans
- + Dental and vision plans available

---

Authorized Agency

**Bush and Associates**

**(828) 754-2601**

[quotes@bushandassociates.net](mailto:quotes@bushandassociates.net)

---



**BlueCross BlueShield  
of North Carolina**

® Marks of the Blue Cross and Blue Shield Association. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association. U10162a, 7/18



**You may Qualify as Special Enrollment if  
you missed ACA Individual Health  
Marketplace Annual Enrollment**  
by Laura Sedlacek

LENOIR, NC (January 2, 2020) -- The ACA Individual Health Annual Enrollment just ended on Dec 18th, but did you know if you missed it you may still be eligible to enroll in a plan? That's right! You may be eligible with a Special Enrollment situation.

What can qualify as a special enrollment? Marriage, moving, loss of employer coverage, having a child, loss of Medicaid or CHIP, etc.

If you have a special enrollment circumstance, you can possibly enroll in ACA individual health and/or change your plan. If you think you may qualify, get in touch with us today for more information.

Bush and Associates has been offering ACA individual health since it began in 2014. We are in the Elite Marketplace Circle of Champions for ACA individual health enrollments for 2019 and 2020. We have been offering insurance products in Caldwell county for over 35 years. Call (828) 754-2601, email [quotes@bushandassociates.net](mailto:quotes@bushandassociates.net) or stop by the office at 916 Wilkesboro Blvd in Lenoir for your free quote comparison.

~Laura Sedlacek is an insurance agent for Bush and Associates. Find out more at [www.mynchealthplan.com](http://www.mynchealthplan.com)

**Blood Drive for January 16, 2020**

What: American Red Cross Blood Drive  
Where: CHRIST UNITED LUTHERAN CHURCH  
When: January 16, 2020 at 2:00 p.m.  
Address: 4681 Grace Chapel Road, Granite Falls, NC  
Contact: Sue Fulbright - 828-320-4694  
Website: [www.christunitedlutheranchurch.org](http://www.christunitedlutheranchurch.org)

**Caldwell Pregnancy Care Center** (CPCC) is looking for mature men to mentor fathers. This volunteer opportunity will consist of 2-3 hours per week and the impact you may have on a family could last for eternity. Please call CPCC at 828-757-9555 or come by and pick up an application.

**Caldwell Community College and Technical Institute** will offer a Mental Health First Aid class from 1 p.m. to 5 p.m. on Jan. 21 and Jan. 22 on the Caldwell Campus in Hudson. Focused on identifying, understanding and responding to the signs of mental health and substance abuse issues, the 8-hour training course is popular with medical professionals, business staff, faith communities and law enforcement. The cost of the class is \$75 and includes textbook. For more information, or to register, call 828-726-2242.

# Phone Repair Guys



## Phone Repair Guys

*"You Break It, We Fix it"*

**We Repair...**

**iPhones**

**iPads**

**Androids**

*Same Day Service In Most Cases*

*We Carry Accessories Too!*

**Granite Falls**

Granite Drug Center  
4030-01 Hickory Blvd.  
828.212.1066

**Find us on Facebook at**  
[www.facebook.com/phonerepairguysnc](http://www.facebook.com/phonerepairguysnc)

## When Medicare isn't enough

### Blue Medicare Supplement™

Original Medicare covers only a portion of your medical expenses. Get additional coverage with one of our most popular plans, Plan G, for people age 65 and over.<sup>1</sup>

- Virtually no paperwork
- All from a local company with over 85 years of experience
- Blue Medicare Supplement offers an exercise and healthy-aging program on most plans

Just \$99.75 / month at age 65!\*

### BUSH AND ASSOCIATES

Authorized Agent

Phone: 828-754-2601

Email: quotes@bushandassociates.net



**BlueCross BlueShield  
of North Carolina**

Medicare plans to fit your needs

Contact your authorized Blue Cross and Blue Shield of North Carolina (Blue Cross NC) agent for costs and further details on coverage, limitations, exclusions and terms under which the policy may be continued in force. Neither Blue Cross NC nor its agents are affiliated with Medicare or endorsed by the U.S. government. BMS G, 12/18.

\*Benefit quoted and monthly premium (rate) is for Plan G quoting a female, non-tobacco and is effective until May 31, 2020. <sup>1</sup> Based on Blue Cross NC internal data, November 2018. Rates are subject to change June 1 of each year, but members will not be singled out for premium increases based on their individual health. ®, SM Marks of the Blue Cross and Blue Shield Association. The agency is an independent entity that has been appointed as an authorized agent of Blue Cross NC. Blue Cross NC is an independent licensee of the Blue Cross and Blue Shield Association.

U3198c, 3/19

## Dolly Parton's Stampede Band, Mountain Ruckus, to perform at the hub station

HUDSON, NC (January 2, 2020) -- The Town of Hudson and the HUB Station are pleased to announce the return of world-renowned bluegrass band Mountain Ruckus. Dolly Parton's Dixie Stampede Band will perform on Saturday, January 11, 2020 at 7:00 p.m.

Featuring Dolly's bandleader & producer, Gary "Biscuit" Davis, 4-time national banjo champion as well as Robert Hale & Matt Varhola, these veterans of the music industry will perform side-splitting comedy, great country, bluegrass and gospel music. This family-style event is sure to please music-lovers of all ages.

Proceeds benefit the continuing development of the HUB Station. Concessions will be available.

Tickets are \$25 for adults & \$15 children 12 & under. Tickets are available now at the HUB Station Box Office and [www.TownofHudsonNC.tix.com](http://www.TownofHudsonNC.tix.com)

Please call 828-726-8871 for more info.

The HUB Station is located at 145 Cedar Valley Road, Hudson, NC 28638. For more information, call 828-726-8871.

*Dolly Parton's Stampede Band*

## MOUNTAIN RUCKUS

SATURDAY, JAN. 11 | 7 PM

\$25/ADULT,

\$15/CHILD (12 & UNDER)

HUB STATION AUDITORIUM

145 CEDAR VALLEY RD

HUDSON, NC 28638



FEATURING 4-TIME NATIONAL BANJO CHAMPION

**GARY "BISCUIT" DAVIS**

**ALL PROCEEDS BENEFIT THE CONTINUING  
DEVELOPMENT OF THE HUB STATION**

TICKETS AVAILABLE:

THE HUB STATION BOX OFFICE, OR

[TOWNOFHUDSONNC.TIX.COM](http://TOWNOFHUDSONNC.TIX.COM)

FOR MORE INFORMATION,

CALL 828.726.8871



Follow us on  
**facebook**



# Leap of Faith Christian Book Store



Visit with us at our  
New Location!!!

**Bibles, Books, Gifts, Cards,  
Music and More!**

*"Now faith is confidence in what we hope for and  
assurance about what we do not see." Hebrews 11:1*

202 Harper Avenue NW • Lenoir, NC 28645  
(Crossroad Shopping Center)

**Phone: 828-758-0777**

# GRANITE DRUG CENTER

21 Falls Avenue  
Granite Falls, NC 28630  
(828) 396-2144



# Largest Independent Drug Store In North Carolina



**(828) 396-7820**

## FRIENDLY HOMETOWN SERVICE

**Now offering free deliveries  
for prescriptions**

### Immunizations including Flu Shots

**Medicare Part D Open Enrollment from 10/15 to 12/7...Let us help**

**Call us for more details**

## Christmas Merchandise on display

Great selection of ornaments & gifts!!!

**\*Special Buys On Christmas Trees\***

# Sawmills Hardware Inc.

**3969 US Hwy 321-A**  
**Hudson, NC**  
**Phone: 396-3056**

## *"Your Hometown Hardware"*

# Granite Hardware LLC.

**107 N. Main St.  
Granite Falls, NC  
Phone: 396-2631**

## "Rock Solid Service"



## We Fill Propane Tanks



## Chainsaws, Trimmers, Blowers and more

## We have a huge selection of space heaters!!!

## Look For Our December Sale Paper

[illegible]



## Foothills Conservancy of North Carolina purchases 17-acre bog in Jonas Ridge for permanent protection and future public use

MORGANTON, NC (December 31, 2019) -- On Dec. 16, Foothills Conservancy of North Carolina closed on 17 acres of bog land in Jonas Ridge, bordering the Pisgah Loop Scenic Highway. The conservancy purchased the property from landowner Hazel Shell with funding from Clabough Foundation, North Carolina Clean Water Management Trust Fund, and a private donor.

The original owner, Lester Shell, purchased the property and divided it between his two children: Johnny, Hazel's late husband, and Sue Ann. Burke County contacted Hazel about purchasing the property for conservation and eventual public use.

"It means a lot to me to have that land protected," said Shell. "It isn't being used, and I think Jonas Ridge needs something that residents of Jonas Ridge and all people of Burke County can enjoy."



Southern Appalachian mountain bogs are rare and contain vulnerable ecosystems. At the highest elevations in Burke County, Jonas Ridge Bog is habitat to unique species of plants, animals, and insects. The bog is also home to cranberries, a species typically associated with New England, and, in North Carolina, it is a threatened species as defined by the N.C. Natural Heritage Program. The bog property drains to headwaters of Upper Creek, a high quality trout stream as designated by the N.C. Department of Environmental Quality.

There are three bogs within the state parks system in Western North Carolina: Pineola Bog, Beech Creek Bog, and Sugar Mountain Bog. Foothills Conservancy is just one group of many that are helping to protect the remaining natural bogs in the mountains.

In partnership with Burke County on the Jonas Ridge project, Foothills Conservancy intends to donate the property to the county to own and steward with a N.C. Clean Water Management Trust Fund conservation easement.

Future plans for the bog include an interpretive trail along which hikers can learn about the significance and importance of bog ecosystems.

Foothills Conservancy of North Carolina is a nationally accredited regional land trust that protects the fabric and character of Western North Carolina's landscape forever and for the benefit of all. We preserve the natural and cultural heritage of our region by conserving scenic and recreational landscapes, productive farms and forests, healthy watersheds, rich biodiversity, and vital wildlife habitat. A 501(c)(3) nonprofit, Foothills Conservancy serves eight counties: Alexander, Burke, Caldwell, Catawba, Cleveland, Lincoln, McDowell, and Rutherford, in three major river basins, which include the Broad, Catawba, and Yadkin. Information about Foothills Conservancy, including ways to support its work, can be found online at [www.foothillsconservancy.org](http://www.foothillsconservancy.org) or by calling 828-437-9930.

## We take care of the women who take care of our community.

Whether you're in need of an annual exam, gynecological surgery or a personalized pregnancy plan, you can trust our physicians, advance practice providers and certified midwives to provide expert care when and where it's convenient for you.



Arny Evans FNP-CNM



S.R. Evans, III, MD



W. Howard Hall, MD



Philene M. Krogel, DO



Shelley A. McClure, MD



Rhonda A. McNeely, CNM



Ryan N. Richardson, MD



Nancy J. Sciara, NP



Kate B. Shea, PA-C



Gregory A. Simolke, MD



Christine E. Spritke, MD



Gloria M. Vodan, CNM

Make an appointment with our **Women's Health** team.



Carolinas HealthCare System  
Blue Ridge

Hickory | Morganton | Marion | Valdese  
828-580-4661 | [BlueRidgeWomensHealth.org](http://BlueRidgeWomensHealth.org)

# WOODLANE STREET APARTMENTS



**Income Restrictions Apply**  
Equal Housing Opportunity  
Handicap Accessible



## Now Leasing | Move-In Special

**1, 2, & 3 Bedroom Apartments**  
**Washer/ Dryer Connections**  
**Energy Efficient Units**  
**Large Closets & Storage Units**  
**Covered Picnic Area & Gazebo**  
**Community Room**  
**Playground & Tot Lot**  
**Computer Room**

113 F Woodlane Street Ext.  
Granite Falls, NC  
**828-292-7042**



## **Museum's Educational Program Highlights Hugh Morton's Living Legacy of Grandfather Mountain**

President of Grandfather Mountain Stewardship Foundation to give talk profiling Hugh Morton, prolific photographer and founder of Grandfather Mountain nature preserve...

**BLOWING ROCK, North Carolina:** On Thursday, January 23rd, 2020, from 11am - 12pm, Jesse Pope will lead a conversation at Blowing Rock Art & History Museum about the past, present, and future of Grandfather Mountain State Park. The talk will focus on the life and legacy of Hugh Morton, founder of Grandfather Mountain nature preserve.

Hugh Morton was born in 1921 in Wilmington, NC. As a child, Hugh frequently visited the High Country and learned photography at Camp Yonahnoka near Grandfather Mountain in Avery County. When he was only thirteen years old he published his first photograph— a golf scene that appeared in a N.C. tourism advertisement in Time Magazine. In the following years, Morton's photographs would come to be seen in countless publications throughout eight decades, in books, magazines, newspapers, and calendars, and many more. Some Morton photographs have been published many times over; others, however, have rarely or never been seen.

Blowing Rock Art & History Museum is featuring many of Morton's lesser known photographs in the current exhibition, "Photographs by Hugh Morton: An Uncommon Retrospective" that is on display until February 22, 2020.

The January 23rd "Scholars & Scones" talk at the Museum will discuss the interesting life and longtime legacy of Hugh Morton, most notably his achievements at Grandfather Mountain. The talk will be led by Jesse Pope, President and Executive Director of the nonprofit, Grandfather Mountain Stewardship Foundation. Complimentary sweet treats from Blowing Rock's Backstreet Bakery and a specially roasted "Dangerfield Blend" coffee from Hatchet Coffee Co will be served.

The event is open to the public. The cost is Free for museum members and \$5 for non-members. As an added bonus, each participant will receive one free admission ticket to Grandfather Mountain, courtesy of Grandfather Mountain Stewardship Foundation.

### **ABOUT THE SPEAKER**

Jesse Pope has 16 years of experience working for the nature park in many capacities, most notably as Backcountry Ranger, Animal Keeper, and Chief Naturalist. More Recently Jesse has worked as the Assistant Vice President helping oversee day to day operations of the park. Jesse attended Lees-McRae College for his undergraduate degree and Montreat College for graduate studies in environmental education. He is very passionate about the Stewardship Foundation's mission to inspire conservation of the natural world by helping guests explore, understand and value the wonders of Grandfather Mountain. If you would like to learn more about the park, the great work they are doing and how you can help, please give Jesse a call.

Blowing Rock Art & History Museum is located at 159 Ginny Stevens Lane on the corner of Chestnut and Main in Blowing Rock, NC. The Museum is open year round Tuesday through Saturday, 10am - 5pm (and from May - October, the Museum is also open on Sundays from 12pm - 4pm.)

For more information, please call (828) 295-9099 or visit [www.blowingrockmuseum.org](http://www.blowingrockmuseum.org).

# **RadioShack®**



**We are here to serve our customers with  
all of their electronic needs.**

### **Two Convenient Locations**

21 Falls Avenue • Granite Falls, NC 28630  
(828) 396-7820  
(Granite Drug Center)

202 Harper Avenue NW • Lenoir, NC 28645  
(828) 726-9023  
(Crossroad Shopping Center)





# Weekly Storytime

## New Afterschool Time!



## TUESDAYS 3:30 PM - GRANITE FALLS

Children participate in stories, music, and games that encourage language, social development and early literacy. Story Time lasts about 30 minutes. For 3 to 6 year olds.

Questions? Call Youth Services at (828) 757-1274

**Spring Season: January 7 - May 21**

Lenoir 120 Hospital Avenue (828) 757-1270

Granite Falls 24 South Main Street (828) 396-7703

Hudson 530 Central Street (828) 728-4207