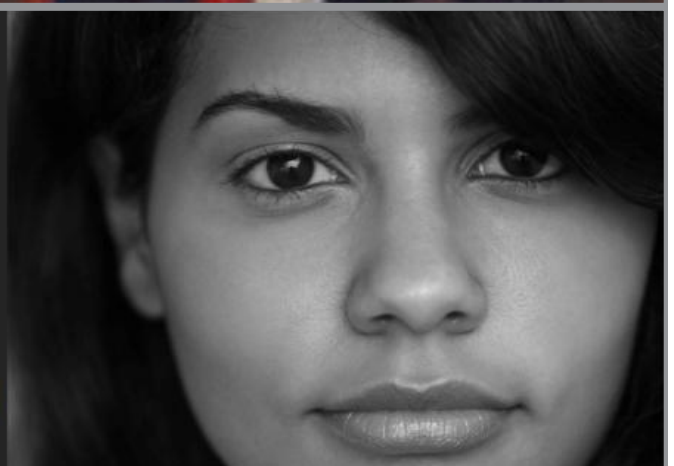


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Caldwell Journal Info

"Published on our website each Thursday"

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mark.jackson@caldwelljournal.com

The content of the articles or the advertisements does not necessarily represent the opinions of anyone affiliated with the Caldwell Journal. The Caldwell Journal is a non-discriminatory paper.

**Our Deadline Is On Friday At 5pm
For Next Week's Paper**

Caldwell Journal

Caldwell Journal Weather

Thursday (19th): Plenty of sunshine.

High 46 Low 24

Precipitation: 0%

Friday (20th): Sun & areas of high clouds.

High 54 Low 31

Precipitation: 1%

Saturday (21st): Variable clouds.

High 49 Low 33

Precipitation: 7%

Sunday (22nd): Mainly cloudy.

High 49 Low 40

Precipitation: 25%

Monday (23rd): Times of clouds & sun.

High 56 Low 36

Precipitation: 25%

Tuesday (24th): Mostly sunny & milder.

High 63 Low 31

Precipitation: 3%

Wednesday (25th): Sun mixing with clouds; mild.

High 60 Low 37

Precipitation: 13%

Medical Alert Pendant, Working Smoke Detectors and Firefighters Save Life

HUDSON, NC (December 16, 2019) -- On Saturday December 14, 2019, Sawmills Fire & Rescue, with Hudson Vol. Fire & Rescue and North Catawba Fire & Rescue through automatic aide, received a call for a Fire Alarm at 1940 Leah Drive. Caldwell County 9-1-1 Communications advised a patient had activated their medical alert pendant with the monitoring company having no patient contact, the company noted that the fire alarm was going off in the back-ground.

Also in the area, Captain Joshua Lakey of the Caldwell County Fire Marshal's Office, responded to the call, arriving simultaneously with Battalion Chief Keith Carver of Sawmills Fire & Rescue, chauffeur of Engine 405. Upon arrival units observed light smoke visible from the exterior of the residence and investigated same. Upon gaining access to the residence through the front door, Captain Lakey observed smoke banked down nearly to the floor and requested a line to the front of the residence. Captain Lakey noticed what appeared to be a foot and gained further access, finding a disabled resident and quickly recognized that the patient was unable to self-evacuate from the residence and performed an emergency drag of the female to remove her from the smoke-filled room to the front porch. Captain Lakey was assisted by Batt. Chief Carver in removing the patient once at the front door, where both carried the female to the front yard for evaluation by Caldwell County EMS technicians.

The source of the fire was determined to be an unattended cooking fire on the stove, the fire quickly extinguished and the residence was ventilated to remove the smoke conditions. The patient was treated by EMS personnel for injuries and smoke inhalation.

The quick response of each of the responding departments, coupled with Captain Lakey and Battalion Chief Carver's prompt recognition of the occupant still being in the residence and immediate actions and effective removal of same, resulted in the positive outcome of the call regarding the occupant and her health. The combination of their swift actions and the effectiveness of the medical alert pendant and working smoke detectors averted what could have been a tragic outcome. Smoke alarms save lives. Smoke alarms that are properly installed and maintained play a vital role in reducing fire deaths and injuries. If there is a fire in your home, smoke spreads fast and smoke alarms give you time to get out. To learn more about smoke alarms, visit your local fire department or call Caldwell County Emergency Services.

CCC&TI Celebrates Truck Driver Training Program Graduates

HUDSON, NC (December 19, 2019) -- Caldwell Community College and Technical Institute celebrated 16 students from the Truck Driver Training program during a completion ceremony on Tuesday, Dec. 17 at the J.E. Broyhill Civic Center in Lenoir. The participating students included: (front row, left to right) Alexander Rotten of Miller's Creek, Benjamin Brohm of Lenoir, Jesse Mask of Hudson, Billie Choate of Lincolnton, Sonja Bristol of Rutherfordton, Thomas Clark Jr. of Dudley Shoals, Walter Puerto of Lenoir and Johnny Zimmerman of Connelly Springs; (back row, left to right) Marcus Johnson of Union Mills, Dillon Moretz of Taylorsville, Ricky Stewart of Hudson, Jocquin Smith of Lenoir, Martin Livengood of Kannapolis, Thomas Paisley of Lenoir and Brian Greene of Lenoir. Not pictured: Jamie Hinson. CCC&TI Truck Driver Training classes are offered in Avery, Caldwell, Forsyth, Gaston, Henderson, Richmond, Rowan, Rutherford, Union and Yadkin counties. Tuition assistance is available for those who qualify. The next Truck Driver Training classes in Hudson with available seats are scheduled for Jan. 27 to May 13, meeting Monday through Friday, 5 p.m. to 10 p.m. and March 16 to May 19, meeting Monday through Friday, 8 a.m. to 5 p.m. To register for Truck Driver Training at CCC&TI or for information on class schedules, please call 828-726-2380 or visit www.ccti.edu.



Caldwell County Yokefellow is moving into a new location with an anticipated opening the 6th of January. They need an army of volunteers to help at the new location. The weeks of December 2nd and 9th the existing Thrift Store will begin moving racks and remaining inventory to the new 202 Harper location. Strong backs, trucks, and vans would be wonderful. The Food Pantry will need additional helpers and strong backs beginning the 2nd week of December to begin dismantling the Food Pantry and moving shelving, coolers, and food inventory to the 202 Harper location. Moving work hours will be 9:30-3:30 now through the Thanksgiving and Christmas weeks. Contact Sharon Harmon at (754-7088) for more specifics.



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Caldwell Hospice Good Grief Meal to Be Held January 2

LENOIR, NC (December 19, 2019) -- Caldwell Hospice and Palliative Care will hold its next monthly Good Grief Meal at 3pm, Thursday, January 2, at Mayflower Seafood, 303 Blowing Rock Blvd., Lenoir, NC. The informal time of food and fellowship is open to anyone who is experiencing grief and loss. The meal is Dutch treat.

The Good Grief Meal is sponsored through Ashewood Grief and Counseling Services, grief support services of Caldwell Hospice, and is one of many opportunities offered to help individuals of all ages and families cope with the loss of people they love. Because of the generous support of our community and the belief that grief support services improve quality of life, Caldwell Hospice offers community grief support services to anyone who needs help in coping with grief. For more information about the upcoming Good Grief Meal or other grief support services, call 828.754.0101, or visit www.caldwellhospice.org or the Caldwell Hospice and Palliative Care Facebook page.

Two Advance Care Planning Workshops: Living Will, Healthcare Power of Attorney and Benefits Overview

LENOIR, NC (December 19, 2019) -- Advance care planning is a process to help your loved ones know how to speak for you if you are ever unable to make your own medical decisions. It is planning for the unexpected.

Caldwell Hospice and Palliative Care partners with the Caldwell Senior Center to offer two Advance Care Planning Workshops at no cost to the community on the second and fourth Thursdays of each month. The next workshops will be held January 9, 2020, at 1:30 p.m. at the Caldwell Senior Center in Lenoir, and January 23, 2020, at 1:30 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson.

Join retired local attorney Houston Groome in Lenoir and attorney Hugh Wilson in Hudson for either of these inspiring workshops. "Advance Directives: Living Wills and Healthcare Powers of Attorney are gifts to your family," says Groome. "Deciding, discussing and documenting your healthcare wishes helps ensure your healthcare wishes are known and honored. It also gives you peace of mind that you have made appropriate preparations." Notaries and witnesses will be available to help anyone who wants to complete their documents at the clinic. For more information, or to register, call 828.758.2883, or visit Eventbrite.com.



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*Benefit quoted and monthly premium (rate) is for Plan G quoting a female, non-tobacco and is effective until May 31, 2020. 1 Based on Blue Cross NC internal data, November 2018. Rates are subject to change June 1 of each year, but members will not be singled out for premium increases based on their individual health. ®, SM Marks of the Blue Cross and Blue Shield Association. The agency is an independent entity that has been appointed as an authorized agent of Blue Cross NC. Blue Cross NC is an independent licensee of the Blue Cross and Blue Shield Association.

U3198c, 3/19

Caldwell Hospice and Palliative Care's 2019 Annual Memorial Service

LENOIR, NC (December 19, 2019) -- Poovey's Chapel Baptist Church hosted Caldwell Hospice and Palliative Care's 2019 Annual Memorial Service. Those present remembered 575 patients served by Caldwell Hospice from August 1, 2018, through July 31, 2019. Nearly 300 attended the very meaningful service. Caldwell Hospice bereavement coordinator Kimberly Setzer, MSW, LCSWA, shared thoughts from Hospice; Caldwell Hospice chaplains John Robbins, Tom Grubb and Sherrill German, along with volunteer chaplains shared encouraging words and remembered each patient as candles were lit in their memory; and staff and volunteers welcomed families and shared memories throughout the afternoon. Beautiful music was provided by soloist Stephanie Spencer and Caldwell Hospice board member Tamra Starnes. Cakes were generously contributed by local churches, hospice volunteers, and hospice staff for the reception that followed. In photo below: Caldwell Hospice Chaplain John Robbins, MDiv, BCCC.



Bethel Colony Women's Campus: Wow, we have been open over 6 months now. We are seeing women's lives changed daily. We desire your prayers as we are growing. We need a staff member who can be trained as an assistant. This position is an on-site staff position. If you know someone interested, call Donna at the Women's Campus for details (828-754-3781).

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Hickory Police launch new car theft prevention campaign

HICKORY, NC (December 19, 2019) -- On average, at least one vehicle break-in occurs each day in the City of Hickory. In these cases, over 80 percent of the vehicles were left unlocked, and 40 percent of stolen cars have the keys in them.

With these stats on the rise throughout the city, Hickory Police Department is looking to the community for help and has launched a new awareness campaign called "Hide. Lock. Take." to remind people to protect their property and take measures to prevent these crimes.

"Although our officers are working hard every day to combat the recent increase in theft from autos and stolen vehicles, we need the community's help," said Police Chief Thurman Whisnant. "Many of these cases can be prevented by taking a few simple precautions."

The "Hide. Lock. Take." campaign encourages all Hickory residents, visitors, and commuters to do three simple things: (1) HIDE your things, (2) LOCK your vehicle, and (3) TAKE your car keys.

Lieutenant Scott Hildebrand, Community Services Commander for the Hickory Police Department, noted, "In the winter months, it's often tempting to warm up your car while waiting comfortably indoors. And, during the rush of running errands, it's easy to forget to lock your vehicle or hide your packages from plain view. Unfortunately, these actions make your vehicle an easy target for thieves."

Instances of auto theft and larceny from vehicles can be greatly reduced if citizens remember to follow these basic tips from the Hickory Police Department:

- * Park in well-lit areas.
- * Do not leave valuable items visible inside your vehicle, especially keys and electronics.
- * Take items with you upon exiting the vehicle, or place them in a concealed location, like the trunk, before arriving at your destination.
- * Never leave a running vehicle unattended.
- * Always lock your vehicle and close all windows.
- * Take your keys with you.

Please report any suspicious activity around automobiles to Hickory Police Department at (828) 328-5551.



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Caldwell Hospice's Coffee, Grief, & Hope to Be Held December 30

LENOIR, NC (December 13, 2019) -- Caldwell Hospice and Palliative Care will hold its monthly Coffee, Grief, & Hope at 6pm, Monday, December 30, 2019, at Dunkin' Donuts, 219 Wilkesboro Blvd., NE, Lenoir, NC. The informal time of coffee and conversation is open to anyone who is experiencing grief and loss due to the death of a loved one or close friend. Coffee is Dutch treat.

The Coffee, Grief, & Hope is sponsored through Ashwood Grief and Counseling Services, grief support services of Caldwell Hospice, and is one of many opportunities offered to help individuals of all ages and families cope with the loss of people they love. Because of the generous support of our community and the belief that grief support services improve quality of life, Caldwell Hospice offers community grief support services to anyone who needs help in coping with grief. For more information about the upcoming Coffee, Grief, & Hope or other grief support services, call 828.754.0101, or visit www.caldwellhospice.org or Facebook.

CCC&TI Honors Basic Law Enforcement Training (BLET) Graduates

HUDSON, NC (December 17, 2019) -- In a Dec. 16 ceremony at the J.E. Broyhill Civic Center in Lenoir, Caldwell Community College and Technical Institute honored its newest group of Basic Law Enforcement Training (BLET) graduates. Seventeen graduates completed more than 640 hours of training over 17 weeks and successfully completed a rigorous physical exam as well as the standardized state tests. The group achieved a 100-percent passage rate. Graduates, pictured left to right, with BLET class awards in parenthesis, are: (front row) Colton Rich of Lenoir, Crystal Thackston of Hudson, Shelby Frazier of Granite Falls (Physical Fitness - Most Improved), Nicole Hernandez of Hudson, Katherine Lyda of Bethlehem, Jesse Massey of Lenoir (co-class leader), Billy Hicks of Morganton (Andrew Burgess Jr. Academic Award) and Scott Rader of Collettsville (co-class leader); (back row) CCC&TI BLET Qualified Assistant Scott Brown, Jordon Sigmon of Hickory, Morgan Sumner of Hattiesburg, Miss., Troy Evans of Jonesville (Top Gun), Austin Johnson of Sanford, Cody Saunders of Happy Valley, Tyler Gilbraith of Hickory, Aaron Moore of Lenoir (Physical Fitness - Top Overall, POPAT), Bryan Beebe of Palm Beach, Fla. (Gary Clark Driving Award), Jason Rosenberger of Lenoir and CCC&TI BLET Director Andy Day. The Spring 2020 Basic Law Enforcement Training program class begins on Jan. 6. To apply for CCC&TI's Basic Law Enforcement Training program, please contact Program Director Andy Day at 828-726-2750.



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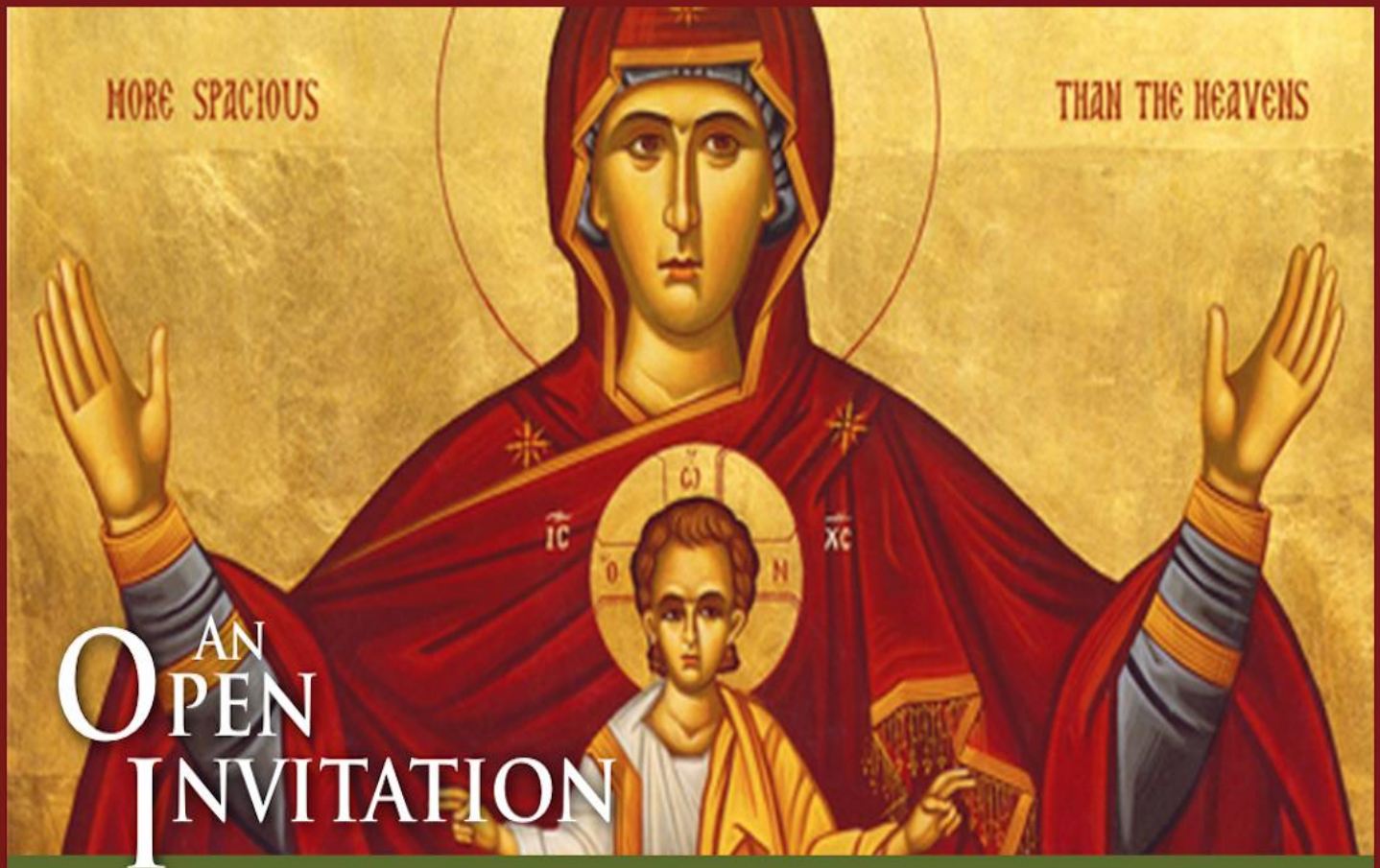
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Christ is born! Glorify Him! On Christmas day the Church celebrates the Great Feast of the Nativity of Our Lord, God and Savior Jesus Christ. The sacred hymnography and iconography of the Church provide words and images to help us interpret the light-filled feast that we celebrate on this day.

“Make glad, O ye righteous; Greatly rejoice, O ye heavens; Ye mountains dance for joy. Christ is born; and like the cherubim the Virgin makes a throne, Carrying at her bosom God the Word made flesh. Shepherds glorify the new-born Child. Magi offer the Master gifts. Angels sing praises, saying: “O Lord past understanding, glory to Thee”

We welcome all to come and see as we meet together in worship at St. Sebastian Chapel located on the campus of St Aloysius Catholic Church, **921 Second Street, Hickory, NC.**

Lay led prayer services each Sunday at 10 AM. Great Vespers on 12/21 at 6 PM and Divine Liturgy on 12/22 at 10 AM.

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