



Republic F-105 Thunderchief unveiled Hickory Aviation Museum

HICKORY, NC (July 22, 2019) -- The Hickory Aviation Museum unveiled the newly restored Republic F-105 Thunderchief to a group of museum volunteers on Sunday July 21st. These volunteers, led by retired Navy Chief Mike Deacon, spent almost three years on the restoration project. This aircraft is painted in its original livery of the Air Research Center at Wright-Patterson AFB in Dayton, Ohio.

This aircraft is the 9th production F-105 and was used in cold weather climate testing. While it is the 2nd oldest F-105 on display, it is thought to be one of the lowest time F-105s with only a few hundred hours of flight time. This aircraft will be available for public viewing starting on July 23rd along with the other aircraft at the museum.

The F-105 Thunderchief, or "Thud" as it was commonly called, was originally designed to be a single seat nuclear fighter-bomber. First built in 1955, it entered service with the USAF in 1958. 833 of them were built with most being the single seat variety, however, 143 two seat aircraft were built and used as trainers and as "Wild Weasel" aircraft. The "Thud" was capable of carrying conventional weapons and flew 20,000 combat sorties during the Vietnam War. This Mach 2 Fighter-Bomber also could carry sixteen 750-pound bombs. As a fighter, it was credited with 27 combat kills during the war. During its time of service 382 aircraft were lost (320 in combat). The USAF replaced the F-105 with the F-4 and the F-111. *Continued on page 2...*

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**Our Deadline Is On Friday At 5pm
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Republic F-105 Thunderchief unveiled Hickory Aviation Museum

Continued from page 1...

The Hickory Aviation Museum has started another restoration project. Our Navy F-4 Phantom has been moved over to the restoration area and work has already started. The estimated cost of the F-4 restoration is \$13,000 and the museum is in the process of raising funds.

The Hickory Aviation Museum has been open since May 2007 and is a 501-(C3) Nonprofit organization. All donations are tax deductible and greatly appreciated. Check us out at www.hickoryaviationmuseum.org and find us on Facebook. We have over 15 aircraft on display along with a large number of artifacts for public viewing. The Hickory Aviation Museum is free to the public.

Jason M. Pennell named as new director of the Caldwell County Emergency Services 9-1-1 Communications Center

LENOIR, NC (July 19, 2019) -- Caldwell County Emergency Services has named Jason M. Pennell as the new director of the Caldwell County Emergency Services 9-1-1 Communications Center.

Pennell currently serves as a telecommunicator within the Communications Division and has served in roles as shift supervisor and trainer in the past. Pennell will oversee a staff of 24 telecommunicators who provide primary 911 call-taking for all fire and medical calls within Caldwell County and its municipalities and assist the City of Lenoir and the town of Hudson, Granite Falls and Rhodhiss with law enforcement communications.

A native of Caldwell County, N.C., Pennell is a graduate of West Caldwell High School and has 19 years of credible service within 9-1-1 communications. Pennell is married and has two children and currently resides in the Gamewell Community.

Pennell succeeds Carla Bates, who retired as director of the Caldwell County Emergency Communications Center this month, July 2019. Pennell's appointment is effective July 15, 2019.

Fellowship Baptist Church is having their 4th Annual Fritos and Flipflops, Women's Outreach Luncheon, on August 31 from 1:00-3:00pm. The guest speaker will be Wendy Pfau. This is a free event and all are welcome. Call the church for more information or to RSVP at 828-728-2248 or contact Julie Green at 770-597-4552.

Caldwell Journal Weather

Thursday (25th): Mostly sunny; pleasant.
High 83 Low 58
Precipitation: 0.00 in.

Friday (26th): Increasing cloudiness.
High 83 Low 59
Precipitation: 0.00 in.

Saturday (27th): Mostly sunny; pleasant.
High 84 Low 59
Precipitation: 0.00 in.

Sunday (28th): Partly sunny; nice.
High 86 Low 61
Precipitation: 0.00 in.

Monday (29th): Mostly sunny; nice.
High 88 Low 63
Precipitation: 0.00 in.

Tuesday (30th): Partial sunshine; nice.
High 86 Low 62
Precipitation: 0.00 in.

Wednesday (31st): A p.m. shower or t-storm.
High 84 Low 64
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Caldwell Journal Weekly Recipe

Cheese Stuffed Buffalo Mustard Meatballs

Ingredients

- 1/2 lb. ground beef
- 1/2 lb. ground pork
- 1 bread crumbs
- 1/4 c. finely chopped chives, plus more for serving
- 1/4 c. freshly grated Parmesan
- 1 large egg
- 1/4 tsp. garlic powder
- 3/4 tsp. kosher salt
- 1/4 tsp. freshly ground black pepper
- 3 oz. whole milk mozzarella cheese,
cut into twenty 1/2" cubes
- 2 tbsp. extra-virgin olive oil
- 1/2 c. French's Sweet Buffalo Mustard
- Blue cheese dressing, for serving
- Celery sticks, for serving
- Carrot sticks, for serving

Instructions

In a medium bowl, whisk French's Sweet Buffalo Mustard with 3 tablespoons water. In another medium bowl, combine ground beef, ground pork, bread crumbs, chives, Parmesan, egg, garlic powder, salt, and pepper.

Scoop meatball mixture into 20 small balls, about 2 tablespoons each. Using your hands, flatten each ball and press one cube mozzarella into the center, then seal meat tightly around cheese. Repeat with remaining balls and mozzarella.

In a medium high-sided skillet over medium-high heat, heat oil. Add meatballs and cook, turning every few minutes, until deeply golden all over and cooked through, about 8 minutes.

Using tongs, transfer meatballs to the bowl with buffalo mustard mixture and toss to coat. Transfer meatballs to a serving platter.

Drizzle meatballs with blue cheese dressing and garnish with more chives. Serve with celery and carrot sticks.

Center Grove Baptist Church will hold "Shoes of Hope" in their Fellowship Hall on Saturday, August 3 from 11am to 2:00pm. This is tennis shoe distribution for infant through 12th grade. Child must be present to receive shoes and they will be given out on first come first serve basis. Snacks, games, and a hotdog lunch for the family will be provided while waiting. For more information contact Leanna Sigler at 828-396-5284. The church is located at 3176 Deal Mill Road, Hudson.

Mountain Grove Church "Bags of Blessings" holds a Food Pantry on the 2nd and 4th Tuesday of each month from 5-7pm. If anyone is interested in doing some ministry work in our community, please come out and serve with us. It is a great time to share the love of Jesus, get some exercise, and give away some groceries to someone in need. You can contact Larry at 828-728-9557 or 828-381-2329 for details.



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CCC&TI Celebrates Truck Driver Training Program Graduates

HUDSON, NC (July 25, 2019) -- Caldwell Community College and Technical Institute celebrated its newest group of graduates from the Truck Driver Training program during a completion ceremony on Thursday, July 25 at the J.E. Broyhill Civic Center in Lenoir. The participating students included, pictured from left to right: (front row, left to right) Ann Hohlen of Hickory, Matthew Norris of Boone, Richard Berry Jr. of Taylorsville, Randall Trapp of Wilkesboro, Artecia Duke of Hickory, Paula Wilkes of Newton and Robert Ortega of Hickory; (back row, left to right) Jeremiah Swenson of Soldotna, Alaska, Danmacott Keller of Granite Falls, Joseph Erwin of Bakersville, Jabari Sloan of Hudson, Kaliph Harris of Lenoir, James Eaton of Granite Falls, Devin Lerch of Boone and Dimario Coulter of Claremont. CCC&TI Truck Driver Training classes are offered in Avery, Caldwell, Forsyth, Gaston, Richmond, Rowan, Rutherford, Union and Yadkin counties. Tuition assistance is available for those who qualify. The next Truck Driver Training classes in Hudson with available seats are scheduled for Aug. 5 to Oct. 9, meeting Monday through Friday from 8 a.m. To 5 p.m., and Aug. 12 to Dec. 3, meeting Monday through Friday from 5 p.m. to 10 p.m. To register for Truck Driver Training at CCC&TI or for information on class schedules, please call 828-726-2380 or visit www.cccti.edu.



Linville River restoration project community meeting to be held August 8

CROSSNORE, NC (July 24, 2019) -- The N.C. Forest Service will host a community meeting Thursday, Aug. 8 at 7 p.m. at the Crossnore Mountain Training Facility at 6065 Linville Falls Highway, Newland, NC. The meeting will last up to one hour and include a presentation on the Linville River Restoration Project occurring on Gill State Forest starting in August. Attendees will also have an opportunity to ask questions about the restoration work.

This habitat improvement project will restore about 2,500 linear feet of river channel and enhance 500 feet of an unnamed tributary that flows into the river. All planned restoration work is on state-owned property managed by the Forest Service.

"This meeting is the first step in communicating the restoration efforts planned for the water resources at Gill State Forest, and the long-term benefits including improved aquatic habitat and an enhanced trout fishery," said Agriculture Commissioner Steve Troxler.

As construction begins, the Forest Service plans to have a representative onsite to answer questions about the restoration project. Once construction commences, updates about the project will be posted on a temporary kiosk in the visitor's access parking lot near the restoration site, on N.C. Forest Service social media and online at www.ncforestservice.gov/LinvilleRiverRestoration. The river reach being restored will be closed to recreationists during construction for public and worker safety. The Mountain Training Facility and Linville River Nursery will remain open for business during the construction work.

Some of the restoration project partners include the Resource Institute, N.C. Wildlife Resources Commission, U.S.D.A. Forest Service and U.S. Fish & Wildlife Service.

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Lenoir man charged in shooting

LENOIR, NC (July 22, 2019) -- On July 22, 2019 at approximately 11:04am the Lenoir Police Department received a report of a possible shooting in the area of 309 North Main Street, Lenoir 28645. Upon arriving on scene officers found the victim, Typhin Korrell Miles, 30 years of age, of Wilson Street in Lenoir, suffering from an apparent gunshot wound to one of his legs.

Miles was transported to Caldwell Memorial Hospital, and later flown to Carolina's Medical Center in Charlotte with serious injuries.

Based on witness statements gathered at the scene a suspect was developed. Christopher Bernard Cabinet, 30 years of age, of Nuway Circle in Lenoir was taken to the Lenoir Police Department and questioned in reference to the shooting. Cabinet was then taken to the Magistrate's office where he was charged with Assault with a Deadly Weapon with Intent to Kill Inflicting Serious Injury as well as Possession of a Firearm by Convicted Felon. He was placed in the Caldwell County Jail under a \$500,000.00 secured bond. His first appearance is scheduled for Wednesday, July 24, 2019 in District Court.

Based on the initial investigation the Lenoir Police Department believes the suspect and the victim know each other, and this is an isolated incident. The investigation is ongoing and no other information is available for release at this time.

Anyone with information relating to this or any other crime is asked to contact the Lenoir/Caldwell County

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U3198c, 3/19

4-H teaches youth about feeling proud

by Sarah Moyer

(Caldwell Extension Agent, 4-H Youth Development)

LENOIR, NC (July 23, 2019) -- Earlier this month, 28 youth participated in a two-day 4-H Science Camp. They learned about physics, chemistry and electric currents, among other topics. For some of the experiments, they partnered or worked together in groups. For others, the young scientists were given their own set of materials; and after each chemical or physical reaction, volunteers saw expressions of pride on their faces.

When a goal is met or a great task is accomplished, victors hold their head high and display pride. Teaching youth about the positive and ugly sides of pride is important to their development. Not always is it explicitly stated, but through hands-on experiences, they can better understand this emotion. To better understand when it is good to feel proud and when it is unhealthy, distinguishing the two types of pride is helpful.

Young children can connect the idea to superheroes and villains. Reminding me of supervillains with big egos, one type is driven by fear and intimidation. In the real world, this is displayed when people brag or taunt when winning a contest. A pattern of fear-driven pride quickly turns groups and friendships toxic.

The other type of pride is constructive. When 4-H members participate in service activities, their feelings of satisfaction parallel a superhero's desire to serve the greater good of a community. When youth have mastered a skill and been recognized for their work, there, again, is a great sense of pride in the accomplishment.

Celebrating knowledge, skills, leadership and service is at the heart of the 4-H program. At club meetings, members gain new knowledge and proudly share it with others. As exhibitors at the state horse show, county fair or other contests, youth work hard to prepare and then compete. They practice positive pride when they win and sometimes practice how to lose gracefully, saying no to the ugly side of pride when they are faced with disappointment.

Caring volunteers, community partnerships and eager-to-learn youth support the efforts happening here in Caldwell County. Coming up on the 4-H calendar, 10 youth will be farming and cooking together during a Farm to Fork camp on July 22. During the week of July 29, more than 25 youth will learn about extreme weather, natural disasters and other unexpected events through a camp taught by the County Emergency Response Team.

As the new 4-H Youth Development Agent, I am excited to meet community members and build pride for the involvement of and work done by young people in the community. To learn more about 4-H and its opportunities, call the North Carolina Cooperative Extension Caldwell County Center at 828-757-1290. Caldwell County 4-H is a member agency of United Way, and it enthusiastically supports its partnerships.

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Happy Valley Fiddlers Convention, a program of the Caldwell Arts Council

LENOIR, NC (July 25, 2019) -- Experience a perfect Labor Day Weekend on the banks of the Yadkin River, surrounded by mountain music, dance, food, and beautiful scenery.

Festival fun begins at 7 p.m. Friday, featuring a community dance with mountain music, cake walks, open caller mic & more.

Saturday is packed with great entertainment! Eight categories of music competitions begin at 10 a.m. The Youth JAM Tent offers performances by talented young musicians. Non-music and children's activities include hayrides, storytelling, children's crafts, and rock stacking in the river.

The weekend concludes with a Sunday concert featuring a lineup of folk music, blues, gospel, old-time, Cajun and bluegrass musicians including The Harris Brothers, Strictly Clean & Decent, the Burnett Sisters Band, the Jeff Little Trio and more, starting at 11:00 a.m.



When was the last time you had the privilege of sitting on the banks of a mountain river with music echoing throughout the hills around you? Come for a day, or camp for the weekend.

Check out details and directions for the Happy Valley Fiddlers Convention at www.HappyValleyFiddlers.org

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Www.HappyValleyFiddlers.org

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Welcome

Lenoir Family Medicine is pleased to welcome board-certified family physician Dana N. Brown, DO, to its staff.



Dana N. Brown, DO

Dr. Brown attended medical school at Lincoln Memorial University-DeBusk College of Osteopathic Medicine in Harrogate, TN. She completed her residency at Carolinas HealthCare System Blue Ridge and a Fellowship with Wake Forest Baptist Health.

Dr. Brown has clinical interests in women's health, wellness and preventive medicine, and management of chronic conditions such as diabetes and high blood pressure. She enjoys running, church involvement, spending time with family and volunteer opportunities.

She and her husband, Tyler have a daughter, Leela.

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**More than 700 fire and rescue stations
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pet oxygen masks, including
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LENOIR, NC (July 25, 2019) -- Caldwell County area first responders will be equipped to save a pet's life in the event of smoke inhalation during a house fire. That's because Invisible Fence® Brand pet containment is donating pet oxygen masks to Caldwell County Emergency Services' EMS Division.

This donation is a part of Invisible Fence® Brand's Project Breathe, which was established with the goal of equipping every fire station in America and Canada with pet oxygen masks. These masks allow emergency responders to give oxygen to pets who are suffering from smoke inhalation when they are rescued from fires. The masks often save pets' lives.



Although not an official U.S. Fire Administration statistic, it is estimated that 40,000 to 150,000 pets die each year in fires; most succumbing to smoke inhalation and over 500,000 pets are affected by home fires each year. In most states, emergency responders are not equipped to deal with the crisis. The donation of these specially designed and potentially lifesaving pet oxygen masks will enable first responders to efficiently administer oxygen to a stricken animal.

Invisible Fence® Brand has donated more than 2,100 masks to more than 700 fire and rescue stations in the southeast. They started donating pet oxygen masks in 2008. Nationally, Invisible Fence® Brand has donated more than 20,000 pet oxygen masks to fire and rescue stations all over the U.S. and Canada throughout the life of the program. A reported 90+ pets have been saved by the donated masks so far.

"Our commitment to pets and their families extends well beyond what we do every day, partnering with families to help them live better lives with their pets. By donating these pet oxygen masks, we hope to save lives and prevent pet parents from the heartache of losing a beloved four-legged family member while dealing with the devastation from a fire," said Jim White, spokesperson for Invisible Fence® Brand in the Caldwell County area.

For more information about the pet oxygen mask donation program, visit www.invisiblefence.com/O2 or contact Phillip Howard, Donation Coordinator, at 704-409-3973 or phillip.howard@invisiblefencesouth.com.

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