

Davenport A+ School's 3rd grade loves Poetry!

LENOIR, NC (March 29, 2019) -- Carly Schwartz and her team of 3rd Grade Teachers at Davenport A+ Elementary School recently were the recipients of a Grant awarding poetry books to their classrooms. The poetry books are by local area author and poet, LB Sedlacek.

Her poetry books, "Poetry in LA (Lenoir Area)," were purchased and placed in each 3rd Grade classroom. They are now part of the 3rd Grade poetry curriculum at the school.

Prior to the workshops, the teachers led their students on a Google classroom walk of the places mentioned in Sedlacek's poems in the book. This helped the kids learn more about the poems and to prepare their Questions for the workshop.

As part of the Grant, Mrs. Sedlacek taught 2 days of poetry workshops with all of the 3rd Graders. The kids listened as she spoke about poetry and how she got started writing poems about Lenoir. She then let them pick out poems from the book for her to read. She next took Questions from the students. The last part of the workshop was for Sedlacek to assist the kids with a poem writing exercise. Ultimately, the children will have poems in a poetry book of their own through the school.

Sedlacek said her favorite parts of the workshops were the enthusiasm in learning about poetry and the written arts in general, and the questions the students had for her. She also enjoyed them asking for their favorite poems to be read from the book! The most requested poems for her to read were her poems about the downtown sculptures, the pool (Aquatic Center), the 2017 Eclipse, the Gravity Games, the annual Sculpture Festival, downtown Lenoir poems, the car shows, and the Blackberry Festival.

You can find out more about "Poetry in LA (Lenoir Area)" by visiting <http://www.lbsedlacek.com>

Photos courtesy of Heather Webb and LB Sedlacek



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**Our Deadline Is On Friday At 5pm
For Next Week's Paper**

Caldwell Journal

Caldwell Journal Weather

Thursday (4th): Times of clouds & sun.
High 72 Low 48
Precipitation: 0.47 in.

Friday (5th): Showers; cooler.
High 60 Low 49
Precipitation: 0.44 in.

Saturday (6th): Clouds & sun; warmer.
High 76 Low 53
Precipitation: 0.00 in.

Sunday (7th): Mostly cloudy.
High 75 Low 58
Precipitation: 0.08 in.

Monday (8th): Showers & a heavier t-storm.
High 72 Low 52
Precipitation: 0.60 in.

Tuesday (9th): A chance for showers.
High 66 Low 47
Precipitation: 0.03 in.

Wednesday (10th): Partial sunshine.
High 70 Low 45
Precipitation: 0.00 in.



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McCreary Cancer Center Earns ACR Accreditation

LENOIR, NC (April 2, 2019) -- McCreary Cancer Center, a service of UNC Hospitals, has been awarded a three-year term of accreditation in radiation oncology as the result of a recent review by the American College of Radiology (ACR). Radiation oncology (radiation therapy) is the careful use of high-energy radiation to treat cancer. A radiation oncologist may use radiation to cure cancer or to relieve a cancer patient's pain.

The ACR is the nation's oldest and most widely accepted radiation oncology accrediting body, with over 700 accredited sites, and 30 years of accreditation experience. The ACR seal of accreditation represents the highest level of quality and patient safety. It is awarded only to facilities meeting specific Practice Guidelines and Technical Standards developed by ACR after a peer-review evaluation by board-certified radiation oncologists and medical physicists who are experts in the field. Patient care and treatment, patient safety, personnel qualifications, adequacy of facility equipment, quality control procedures, and quality assurance programs are assessed. The findings are reported to the ACR Committee on Radiation Oncology Accreditation, which subsequently provides the practice with a comprehensive report they can use for continuous practice improvement.

The ACR is a national professional organization serving more than 36,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services.

Hartland Baptist Church will have a Living Last Supper on Maundy Thursday, April 18 at 7:00pm with communion being served. The church is located at 3730 Hartland Road, Morganton.

Mountain Grove Baptist Church will be hosing David Phelps "He's Alive Easter Tour" on Thursday, April 18 at 7pm. Tickets may be purchased in advance at 229-351-4315 or at outsidethebox.events.com. Tickets will also be sold at the church only during the week of the event.

Clover Baptist Church will present The Verdict Is In: Jesus Is The Son of God on Friday, April 19 at 7pm and seating is free. The church is located at 100 Pinewood Rd, Granite Falls.

Above and Beyond Recognition

MORGANTON, NC (March 29, 2019) -- Lisa Dales, RN, nurse at Carolinas Health Systems–Blue Ridge, received Caldwell Hospice's Above and Beyond award for the second quarter of 2018 for her exemplary work and attitude.

"Lisa displayed the true definition of a nurse while caring for a Caldwell Hospice patient also under her care," said Caldwell Hospice's home care nurse Kristy Brown, RN, who made the nomination. "She was a true patient advocate and was truly on top of things during the last few hours of this patient's life. She was phenomenal!"

When asked why she chose a career in nursing, Dales said "I wanted to do something that matters...where I could make a difference in the world. I think that's what we're meant to do, and it's an honor to serve in this way."

The Above and Beyond award is presented quarterly by Caldwell Hospice to recognize staff members of area healthcare or long-term-care facilities who encourage quality end-of-life care for residents/patients and their families. Caldwell Hospice staff and volunteers nominate recipients.

For over 36 years, Caldwell Hospice has provided respectful, compassionate, quality end-of-life care and services to all who need and desire them, wherever they call home, including area long-term-care facilities, private residences, hospitals, or in their two inpatient facilities. Caldwell Hospice is honored to continue long-time partnerships with community long-term-care facilities as companions for the journey in caring for their residents.

Next Newcomers of Catawba Valley meeting set for April 10th

HICKORY, NC (April 1, 2019) -- Newcomers of Catawba Valley will get tips on how to tap into the many electronic resources of libraries at its April 10 meeting.

Linda Campbell, reference librarian at Patrick Beaver Memorial Library, will speak at 10:30 a.m. about how to download ebooks, magazines, movies and audiobooks. She also will talk about the N.C. Digital Library, NCLive, Hoopla and genealogy online research.

The information will be helpful to all library users, not just those in the city of Hickory.

The meeting is open to the public and is held at the Hickory Regional Airport's former terminal building, 3101 9th Ave. Dr. NW, Hickory.

Newcomers is a social organization that serves new and long-time residents of Catawba, Caldwell, Alexander and Burke counties. For information, go to www.newcomersofcv.com.

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Caldwell Journal Weekly Recipe

Meatball Subs

Ingredients

- 1/2 c. diced celery
- 1/2 c. diced carrots
- 1/2 c. diced onion
- 2 cloves garlic, minced
- 1 c. freshly chopped parsley
- 3/4 c. bread crumbs
- 1/2 c. freshly grated Parmesan, divided
- 1 large egg
- 2 tbsp. ketchup
- Kosher salt
- Freshly ground black pepper
- 1 lb. ground beef
- 1/2 lb. ground pork
- 4 hero rolls, sliced lengthwise
- 1 c. marinara
- 1 c. shredded mozzarella

Instructions

Preheat oven to 400°. In a large bowl, mix together celery, carrots, onions, garlic, parsley, bread crumbs, 1/4 cup Parmesan, egg, and ketchup and season with salt and pepper until well combined. Add beef and pork, mixing together by hand until just combined (don't over mix to maintain tender meatballs). Form 1 1/2" meatballs and place in an oven-safe dish or baking sheet. Do not overcrowd.

Bake until meatballs are browned and no longer pink, 20 minutes.

Meanwhile, toast rolls and warm marinara in a small saucepan. Spoon marinara over meatballs and top with mozzarella. Return to oven until cheese is melty.

Place meatballs in toasted hero rolls and sprinkle with remaining 1/4 cup Parmesan before serving.



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Quilt Show winners announced

GRANITE FALLS, NC (April 2, 2019) -- The Granite Falls History Committee is pleased to announce that Claudia Bujold and Reba Walden received People's Choice Awards for quilts they displayed at the Granite Falls History and Transportation Museum during National Quilting Month in March. Dr. Caryl Burns, Chairman of the History Committee, made the announcements at a public reception held on Sunday, March 31, 2019 in the museum. Mrs. Bujold is shown with her entry, a regular size vintage quilt featuring vases full of tulips. Mrs. Walden was unable to attend. Her lap quilt featured colorful starbursts.

The Granite Falls History and Transportation Museum is located at 107 Falls Avenue in the former home of Andrew Baird, an early settler who once owned all of Granite Falls and much of the surrounding area. The next special exhibit will be a photo contest in May to honor the 120th Anniversary of the incorporation of the Town of Granite Falls. Information about submitting entries is on the museum website (www.granitefallshistorymuseum.org) and on the museum Facebook page - Granite Falls History and Transportation Museum.

The museum is open on Saturdays and Sundays (except holiday weekends) from 2 until 4 p.m. and at other times by appointment. To schedule a tour, call the Town Office at (828) 396-3131.



All girls and their families are welcome to come learn more about day and overnight camp opportunities!

COLFAX, NC (April 2, 2019) -- Girl Scouts Carolinas Peaks to Piedmont (GSCP2P) is hosting an open house event at each of its three resident camps- Camp Ginger Cascades (Lenoir), Camp Pisgah (Brevard) and Keyauwee Program Center (Sophia) on Sunday, April 7 from 1-5 p.m.

The theme of the open houses is Eggstravaganza and visitors will have the opportunity to tour the camp properties through an egg hunt. Girls can also roast s'mores, make springtime-themed crafts, meet camp staff and get all their questions answered about the summer camp program.

This event is open to the public and families are encouraged to attend and discover all the exciting overnight and day camp programs available for all girls entering grades 1-12.

In addition to traditional arts and crafts, swimming, hiking, archery and nature walks, Girl Scout camp also provides girls with themed programs ranging from horse care and culinary quests to STEM projects and off-site adventures- there is truly something for every girl. And GSCP2P resident camps are American Camp Association (ACA) accredited and comply with more than 300 standards.

For more information about all camp programs, including how to register for an unforgettable summer experience, please visit www.CampLikeAGirl.org or call 800-672-2148.

Baton Baptist Church youth group will be hosting a fundraiser Yard Sale Saturday, April 13 from 7am - 12pm in the church fellowship hall. This is to help raise money for the youth summer camp trip to Fort Caswell in July. Items for sale include clothing, furniture, baby items, electronics, books, movies, home decor, appliances, and much more. They will also be selling breakfast biscuits. Please support this youth group. Church address is 4491 Hickory Nut Ridge Rd, Hudson, NC 28638.

Attention: Granite Falls High School Alumni and Teachers

GRANITE FALLS, NC (April 2, 2019) -- The Sixth Annual Dining with the Demons will be held Saturday, May 4, 2019 at the Caldwell County Fairgrounds on Hwy 321 in Lenoir beginning at 11 a.m. DWTD is a reunion for all persons who attended Granite Falls High School and/or who taught there. There is no charge, but participants should bring a covered dish or two for the potluck meal. They can also help with expenses by making donations, buying raffle tickets at the event, and purchasing GFHS logo apparel online.

Donations may be mailed to Vicky Sherrill, 2305 Dudley Shoals Road, Granite Falls, NC 28630 or delivered in person to Linda Teague at Linda's Family Hair Salon on Park Square in Granite Falls from 7 a.m. until 5 p.m. on Tuesdays through Fridays and from 7 a.m. until noon on Saturdays. Make checks payable to Vicky Sherrill.

This year, purchases of the logo shirt will be made online only. There is a variety of styles and colors from which to choose. To order, go to <https://gfhsalumni.itemorder.com/sale>. Orders will be accepted through Sunday, April 21, 2019. There will be no sales or deliveries of shirts at DWTD.

In addition to enjoying good food and fellowship, attendees can help people in need by bringing commercially packaged non-perishable food, which the organizers will deliver to local charities.

For more information, go the "Dining with the Demons 2019" page on Facebook or call Rhonda Teague at (704) 575-4458.

Over 100 Vietnam Veterans attended NCNG'S Vietnam War Era Veterans Day event

RALEIGH, NC (April 1, 2019) -- Hundreds of North Carolina citizens, civic leaders, and NC Guardsmen welcomed over 100 Vietnam Veterans to Joint Force Headquarters during a Vietnam Veterans Commemoration event, in Raleigh, April 1, 2019, as a part of the National Vietnam War Commemoration program.

The Key note speaker for the event was Medal of Honor recipient retired Col. Walter J. Marm who served in Vietnam with 1st Battalion, 7th Cavalry, 1st Cavalry Division (Airmobile). In 1965, Marm took part in the Battle of Ia Drang and was later awarded the Medal of Honor his actions during the battle.

In 2002, the movie "We Were Soldiers", starring Mel Gibson, told the story of Marm's unit during the Battle of Ia Drang, the first major battle between the North Vietnamese Army and the United States military.

Marm spoke to over 400 attendees about his experience in Vietnam and how important days like today are to honor and thank fellow veterans who served during a difficult time in our nation's history.

"I wear the Medal of Honor for all the men and women who served in Vietnam," said Marm. "Most of all, for those who did not come home and those who are still unaccounted for."

"We live in the greatest country in the world, because of our military, and I salute say thank you to all veterans and current serving Guardsmen, Reservists and active duty service members," Marm said in closing.

On behalf of Governor Cooper, Secretary Larry Hall, N.C. Department of Military and Veterans Affairs, and Secretary Erik Hooks, NC Department of Public Safety, were in attendance and each spoke to the audience about the importance in honoring and remembering Vietnam veterans for the service and sacrifice.

The Commemoration event was hosted by the NC National Guard and brought many veterans groups to JFHQ including the USO of North Carolina, the NC National Guard Association and the Disabled American Veterans organization (DAV).

The USO Show Troupe from New York City provided entertainment during the event.

The final portion of the program invited all Vietnam Veterans to the stage to receive a Vietnam Veteran Lapel Pin.

Lunch, provided by the North Carolina National Guard Association and the USO, was served following the event.

On March 28, 2017, President Trump signed into law The Vietnam War Veterans Recognition Act of 2017, establishing The National Vietnam War Veterans Day that will be celebrated each year on March 29.

According to the Department of Defense, there have been over 1,600 Vietnam Commemoration events in many states across the nation since March 29th to honor and thank U.S. Vietnam veterans and their families for their service and sacrifices.

North Catawba Baptist Church is seeking a full-time Senior Pastor. We are a traditional/blended congregation searching for a man of God between age 35-55 with at least three years of ministry experience and must have attended a seminary or divinity school. Please send questions or resumes to our search committee by email 2019NCBS@gmail.com. We will be taking resumes until April 8.

Concord Baptist Church in Granite Falls is seeking a full-time Children's and Family Minister. Experience is required and affirmation of the Baptist Faith & Message 2000. Please send a cover letter and resume to tomcdonald@charter.net.



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Two Advance Care Planning Workshops: Living Will, Healthcare Power of Attorney and Benefits Overview

LENOIR, NC (March 29, 2019) -- Advance care planning is a process to help your loved ones know how to speak for you if you are ever unable to make your own medical decisions. It is planning for the unexpected.

Caldwell Hospice and Palliative Care partners with the Caldwell Senior Center to offer two Advance Care Planning Workshops at no cost to the community on the second and fourth Thursdays of each month. The next workshops will be held April 11, 2019, at 1:30 p.m. at the Caldwell Senior Center in Lenoir, and April 25, 2019, at 1:30 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson.

Join retired local attorney Houston Groome in Lenoir and attorney Hugh Wilson in Hudson for either of these inspiring workshops. "Advance Directives: Living Wills and Healthcare Powers of Attorney are gifts to your family," says Groome. "Deciding, discussing and documenting your healthcare wishes helps ensure your healthcare wishes are known and honored. It also gives you peace of mind that you have made appropriate preparations." Notaries and witnesses will be available to help anyone who wants to complete their documents at the clinic. For more information, or to register, call 828.758.2883.

Crafting Your Way through Grief to Begin April 9

LENOIR, NC (April 1, 2019) -- Caldwell Hospice and Palliative Care is offering four Crafting Your Way through Grief sessions beginning April 9, 2019. The crafters will meet from 6 to 7:30 p.m., Tuesdays, April 9 through 30, at Caldwell Hospice's Ashewood Grief and Counseling Services, 1002 Ashe Avenue, Lenoir.

Creative endeavors following a loss can help the grieving express their grief. Expressing the personal experience of loss through meaningful activities is a therapeutic way of remembering someone lost. The Crafting Your Way through Grief Support Group provides an opportunity for creative expression and healing.

A new craft will be created at each meeting with crafting materials supplied by Ashewood Grief and Counseling at no cost to participants. Discussion about the grief process and bereavement services available will be incorporated at each session. Space is limited. Facilitated by Bereavement Support Specialist Julie Holman, MA, NCC, LPCA. To register or for more information, contact Kimberly Setzer at 828.754.0101 or ksetzer@caldwellhospice.org.

Yadkin Baptist Church will present I Witness, a musical drama, on Friday, April 19 at 7pm and again on Sunday, April 21 at 10:00am. Come hear various people tell what they witnessed during the ministry, death, burial, and resurrection of Jesus. The church is located at 2044 Roby Martin Road, Lenoir.

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2019 N.C. strawberry season under way

RALEIGH, NC (March 29, 2019) -- April signals the start of strawberry season in North Carolina, and local growers are expecting a very good crop that should last through Memorial Day.

"There should be plenty of berries this year despite a wet and cold first quarter in 2019," said Agriculture Commissioner Steve Troxler. "We encourage consumers to visit a pick-your-own farm, go to a farmers market or stop by a roadside stand to get the freshest berries available."

Consumers also can find locally grown strawberries in grocery stores and restaurants by looking for the Got to Be NC logo. The Got to Be NC program is the official state identity program for N.C. agricultural products, and lets consumers know they are buying a product grown, raised, caught or made in North Carolina.

North Carolina is the fourth-largest producer of strawberries in the nation, with about 1,100 acres harvested across the state. Growers have already started picking in Eastern North Carolina. Piedmont growers will begin picking in mid-April and growers in the mountains should start by the first of May. The peak of the season is traditionally Mother's Day.

The department and the N.C. Strawberry Association will celebrate with two Strawberry Day events in May. The first event is at the State Farmers Market in Raleigh on May 2 and at the Robert G. Shaw Piedmont Triad Farmers Market in Colfax on May 3. Both celebrations include a strawberry recipe contest, ice cream samples and a visit by Suzy Strawberry.

More information about the strawberry industry is available at www.ncstrawberry.com. Consumers interested in finding a you-pick strawberry farm near them, can go to www.gottobenc.com.



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A High-Speed, Detachable, Quad Chairlift for Beginners at Sugar Mountain Ski Resort

SUGAR MOUNTAIN SKI RESORT, NC (April 1, 2019) -- This summer and fifty years later, a four-seater, detachable, high-speed chairlift will be installed replacing Sugar Mountain Resort's original, two passenger, fixed-grip Easy Street chairlift.

Designed and engineered by Doppelmayr and specifically for beginners, the new 1,800-foot, silver bullet, quad chairlift cuts travel time from six minutes to two-and-a-half minutes but slows significantly for easy and gentle loading and unloading. "The majority of our guests are beginners who go on to develop skiing and snowboarding as a life-long, family activity. Generation after generation lays roots right here on our beginner terrain. This hasn't changed in Sugar's fifty-year history. Replacing the original Easy Street lift is not just an upgrade, it is example of the continued commitment to offering our guests an exceptional mountain experience," explains Sugar Mountain Resort owner, Gunther Jochl.

The new Easy Street lift carries 2,400 passengers per hour compared to 1,050 passengers per hour prior and increases the Resort's overall uphill capacity from 10,518 passengers per hour to 11,868 passengers per hour.

Sugar Mountain Resort is North Carolina's largest snow-sports resort providing the best skiing, snowboarding, ice-skating, tubing, and snowshoeing experience possible. Historical winter season opening and closing dates as well as annual snowfall can be found here. For additional information please call 800-SUGAR MT or visit www.skisugar.com.

Mountain Grove Baptist Church "Bags of Blessings" holds a Food Pantry on the 2nd and 4th Tuesday of each month from 5-7pm. If anyone is interested in doing some ministry work in our community, please come out and serve with us. It is a great time to share the love of Jesus, get some exercise, and give away some groceries to someone in need. You can contact Larry at 828-728-9557 or 828-381-2329 for details.



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NCSHP Partners In Drive To Save Lives Campaign

RALEIGH, NC (April 2, 2019) -- The North Carolina State Highway Patrol will once again join 14 other states in an effort to reduce collisions along the I-95 corridor. Through support from the International Association of Chiefs of Police (IACP) and states along the eastern portion of the U.S., the Drive to Save Lives Campaign is intended to increase the visibility of law enforcement officers over a period of three days.

Interstate 95 (I-95) is approximately 1,920 miles in length and is currently considered one of the deadliest highways in the country. On average it supports 72,000 vehicles per day of daily traffic (with peak daily traffic over 300,000 vehicles) and it has over 10,000 vehicles for its average daily truck traffic (with peak daily truck traffic being over 31,000), per the I-95 Corridor Coalition.

This year's initiative will coincide with National Distracted Driving Awareness Month. Nine percent of 2016's fatal crashes involved distraction. In 2016 alone distracted driving led to 3,450 deaths and in 2015, 391,000 people were injured in motor vehicle crashes involving distracted driving. Teens remain the largest age group involved in distracted driving-related fatal crashes. With distracted driving being proven to be a grossly underreported violation, these numbers are only the minimum. (NHTSA)

The campaign will begin on Friday, April 5th and conclude Sunday, April 7th. Troopers from every state along I-95 will be out in full force, in hopes of reducing the number of fatal collisions to zero.