



Surprise Ice Storm Wreaks Havoc

CALDWELL COUNTY, NC (November 29, 2018) -- Thank You to all of the Caldwell County Volunteer Fire Fighters that worked tirelessly during the Ice Storm to keep us safe. Firefighters were out in the Ice Storm clearing downed trees from roadways while trees and power lines were falling around them which was extremely dangerous and life-threatening to them.

Caldwell County 911 Communications fielded 1076 phone calls and made 846 entries into CAD from 0100 until 1900 this past Saturday, November 24th. Approximately 80 percent of the calls and/or entries and phone calls were weather event related. 302 of the CAD entries were dispatched calls for the fire departments and most of them were for trees down, power lines down or other storm related issues. The Caldwell County 911 Communications staff had so many calls that they had to keep a running list and had to keep in constant communication with Fire Departments to make sure all calls were responded to.

Local meteorologists were surprised by the ice storm and the damage that occurred since the National Weather Service did not issue an Ice Storm Warning. Well over 10,000 power outages were spread across central Caldwell County. Blue Ridge Energy reported that over 260 areas of damage was sustained on the cooperative's electric system, primarily in Caldwell County.

Caldwell Journal Info

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Our Deadline Is On Friday At 5pm For Next Week's Paper

Caldwell Journal Weather

Thursday (29th): Intervals of clouds & sun.

High 53 Low 36

Precipitation: 0.01 in.

Friday (30th): Mostly cloudy, a shower.

High 58 Low 43

Precipitation: 0.07 in.

Saturday (1st): A bit of afternoon rain.

High 53 Low 51

Precipitation: 0.35 in.

Sunday (2nd): Mostly cloudy.

High 71 Low 43

Precipitation: 0.07 in.

Monday (3rd): Some sunshine; nice.

High 61 Low 43

Precipitation: 0.00 in.

Tuesday (4th): Rain & drizzle possible.

High 58 Low 31

Precipitation: 0.01 in.

Wednesday (5th): Mostly sunny.

High 46 Low 27

Precipitation: 0.00 in.

Thank You Caldwell County Volunteer Fighters

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Hudson-South Caldwell Alumni Choir Performance Set

The Hudson-South Caldwell Alumni Choir presents Part I of Handel's The Messiah on Sunday, December 2, 3:45 pm at the Church of Jesus Christ of Latter-Day Saints located at 1775 Connelly Springs Road in Lenoir and St. Luke's Methodist Church at 52 16th Avenue, NW in Hickory, NC beginning at 6:45 pm. Both performances are open to the public at no cost.



Sun., Dec. 16th, 5:00 pm

Concord Baptist Church

Music & Worship Ministry

74 Falls Ave. Granite Falls

828 - 396 - 1914

Hometown Handmade Holiday artist markets

LENOIR, NC (November 28, 2018) -- We're celebrating the holidays with Hometown Handmade Holiday indoor artisan markets at the Caldwell Arts Council! This season, shop local, shop small, shop handcrafted!

Hometown Handmade Holiday markets will be held December 7-8, December 14-15, and December 21-22 at the Caldwell Arts Council. Make-and-take events and art/craft classes will be offered through the week as well.

Friday's hours are 12:00 pm – 7:00 pm and Saturday's hours are 10:00 am – 4:00 pm.

Feel good about supporting regional artists as you find one-of-a-kind treasures for your loved ones.

These artist markets feature these and other fine artists:

- Softwinds Pottery by Larry & Dinah Moore
- Antiques and rolled paper art by Nelson & Sue Ellen Brookshire
- Goat milk soaps, lotions, and bath products by Dawn Mathews of The Thankful Goat
- Knitwear and jewelry by Gail Ambrocio supporting All Paws Matter
- Semiprecious stone jewelry by Harry Polly of Pollys Rock
- Woodland floral designs by Sandra Jourdain
- Beaded jewelry and ornaments by Kathy Durand
- Wood creations by Steve Berg
- Pottery by Pam Sweeney
- Pet wear and baby wear by Wendy Hall of Wendy & Company
- Purses and bags by Pam Washer of Ragbags of Blowing Rock
- Pet bandannas and dammit dolls by Karen Penley of Karen's Itchin' to be Stichen'
- Hand-built wooden items by Bob Piastuch
- Fused glass landscapes, ornaments, jewelry, and nightlights by Diane Enger of Time and Again Designs
- Photography, photo cards, and sewn art by Dave and Debbie DeBaeremaeker
- Essential oil bath and body products by Carolyn McCrary of A Drop of Eden

This season of Hometown Handmade Holiday artisan markets, crafting and art workshops are sponsored by LifeStore Banking and Insurance.

The Caldwell Arts Council is located at 601 College Ave SW in Lenoir. 828-754-2486

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Caldwell Journal Weekly Recipe

Chicken Spinach Artichoke Rice Casserole

Ingredients

- 3/4 c. basmati rice
- 1 1/2 c. whole milk
- 1/2 c. freshly grated Parmesan
- 6 oz. cream cheese, cubed
- 2 cloves garlic, minced
- Crushed red pepper flakes
- Kosher salt
- Freshly ground black pepper
- 1 rotisserie chicken, shredded (about 4 1/2 cups)
- 2 c. fresh spinach, tightly packed
- 1 (14-oz.) can artichoke hearts, drained and quartered
- 2 c. shredded mozzarella, divided

Instructions

Preheat oven to 350°. Prepare rice according to package instructions. In a medium saucepan over medium heat, combine whole milk and Parmesan. When cheese is melted, add cream cheese, garlic, and red pepper flakes and season with salt and pepper. Cook until cream cheese is melted and mixture is slightly thickened, about 4 minutes. In a large bowl, stir together cooked rice, chicken, spinach, artichoke hearts, 1 cup mozzarella, and cream cheese mixture and transfer to a 9"-x-13" baking dish. Top with remaining cheese and bake until cheese is melty and golden, 20 minutes.

Laura Sedlacek of Bush and Associates Recognized in 2019 Healthcare.gov Circle of Champions

LENOIR, NC (November 27, 2018) -- The Annual Enrollment for Affordable Care Act Individual Health plans just began on November 1st. Laura Sedlacek a long-time insurance agent with Bush and Associates has already made the 2019 Circle of Champions. This recognition is for assisting consumers with plan selections and enrolling in Marketplace coverage during the 2019 Open Enrollment period.

Laura has been assisting customers with their Marketplace Individual Health plans since they became available for enrollment in 2013. She is honored to have received this recognition so quickly for helping people understand and enroll in a Marketplace plan.

The 2019 open enrollment period isn't over yet! Open Enrollment for 2019 is from Nov 1st – Dec 15th, 2018. There is still time to sit down with Laura and go over your Marketplace options and/or other options for 2019. Call her office today at (828) 754-2601 or email quotes@bushandassociates.net today to set up your appointment.

~Laura Sedlacek is an Agent with Bush and Associates in Lenoir. She specializes in ACA Individual Health, Dental, Vision, Group Health, Life, Long Term Care and Medicare Supplement insurance products.

NCSHP Ends I-40 Challenge with Zero Fatalities

RALEIGH, NC (November 28, 2018) -- As the Thanksgiving Holiday weekend concluded on Sunday, November 25, state troopers were out in full force monitoring the roadways in an attempt to ensure safe travel.

According to the American Automobile Association (AAA), Thanksgiving is one of the busiest holidays for travel across the country. It was estimated that more than 54 million Americans would travel more than 50 miles away from home to be with family and friends. In anticipation for the increased number of vehicles that traveled across North Carolina, troopers worked around the clock to monitor driver behavior.

Aligning with IACP's Drive to Zero/Drive to Save Lives initiative, the NCSHP participated in the Thanksgiving I-40 Challenge, a joint operation among seven other states along the I-40 corridor. On Wednesday, November 21 and Sunday, November 25, troopers were placed every 20 miles along the major interstate to enforce traffic violations that often lead to severe collisions.

As a result of the campaign, SHP reported zero fatalities across the state with a total of 31 combined collisions. While other major interstates and US highways were patrolled, the stats attached only reflect the I-40 Challenge effort statewide.

Satie's Holiday Workshops at Caldwell Arts Council: Make-and-Take Aluminum Wrap Ring with Ellen Ball

LENOIR, NC (November 28, 2018) -- Learn how to apply texture with hammers on pre-cut pieces of light-weight aluminum to create a forged wrap ring. Tools and materials are included, and no experience is necessary. Appropriate for children 12 and up. (Mature children 10 - 12 can come with an adult.)

Hickory native Ellen Ball is a life-long artist who has created metalsmithed jewelry and assemblages for over 10 years. A member of North Carolina Artist-Blacksmith Association of North Carolina, she creates in a Hickory, NC studio and has taught over 300 people in the foothill's region of the state.

Learn more and register at <https://www.caldwellarts.com/385-hometown-handmade-holiday-workshops/> or by calling 828-754-2486.

And stay tuned! We'll be adding more holiday handcrafting workshops soon.



NEED HEALTH INSURANCE?

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Did you know that, with few exceptions, you can no longer buy health insurance anytime you want?¹ The open enrollment period runs from November 1, 2018 through December 15, 2018.² That's it. So give me a call today.

Authorized Agency

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1 Special enrollment periods are available for individuals with qualifying life events. Visit healthcare.gov for more details

2 45 CFR 155.410(b)

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Attorney General Josh Stein Fights Water Rate Increase for Homeowners

RALEIGH, NC (November 28, 2018) -- Attorney General Josh Stein opposed Carolina Water Service's proposed water rate increase. In his filing to the North Carolina Utilities Commission, Attorney General Stein argued that the requested rate increase is not fair to North Carolinians.

"Carolina Water Service is proposing a significant increase for North Carolinians' water rates," said Attorney General Josh Stein. "However, the company has failed to make an adequate and legal case for doing so. I am opposing this rate increase to stand up for North Carolinians – and their wallets."

In the filing, Attorney General Stein lays out three reasons he opposes the rate increase.

1. The proposal would allow Carolina Water Service to change rates each year based on changes in average water consumption. These frequent changes in rates are unjust and are not authorized by statute.
2. Carolina Water Service has recently benefitted from significant federal tax savings, which should be passed on to ratepayers without delay.
3. The proposed increase is unjustifiably high. It adds nearly \$1.8 million to the rate of return to the utility's investors each year – which is not a reasonable or fair rate of return.

After this filing, the Commission will consider the arguments on each side and issue a decision in the coming months.

Hickory Firefighters "Bikes For Tykes" Program

HICKORY, NC (November 26, 2018) -- Do you have a bike that you do not need? If so, Hickory Firefighters would like it. The Hickory Fire Department in conjunction with the Christmas Bureau is asking for new and like new bikes and tricycles for needy children to be given out during the Catawba County Christmas Bureau.

In the past, bikes have been donated, fixed up and given to local children. Also due to some very generous people and local businesses, brand new bikes were also provided.

Bikes or tricycles to be donated can be dropped off at any of the Hickory fire stations between 8:00 a.m. and 8:00 p.m. Persons needing directions or having questions, call 828-323-7420. The last day to drop off is December 12.

The "Bikes for Tykes" program is an effort to benefit needy children served by the Catawba County Christmas Bureau. The toys will then be distributed through the Catawba County Christmas Bureau at the American Legion Fairgrounds on December 17 & 18.

Luminary Display at Blue Ridge Memorial Park

The annual Luminary Display at Blue Ridge Memorial Park is scheduled for Friday Dec. 7, 2018. Lighting will start around 4:30 pm, and the Luminary Display will start at 6:00 pm. The rain date will be Friday Dec. 14, 2018.

Christmas Film

Come visit with Santa enjoy a free showing of "Christmas with the Kranks" Saturday, Dec. 8, at the Le-noir High School Auditorium. Santa will be visiting from 6:00 to 7:00 pm. The movie will start at 7:00 pm.



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A Wintery SugarFest at Sugar Mountain Ski Resort!

SUGAR MOUNTAIN SKI RESORT, NC (November 28, 2018) -- SugarFest at Sugar Mountain Ski Resort happens Friday, December 7 through Sunday, December 9.

Rubbing shoulders with two-time Olympic alpine skiing medalist, Andrew Weibrecht and Olympic figure-skating medalist, Paul Wylie is a sure bet. Test driving this season's skis & snowboards is available all-day, each day. A wintery fireworks show happens Saturday at dusk. The Glen Harlow & North Fork band entertains during après ski/snowboard. The Edge of the World mini snowboard games occurs Sunday. An intensive three-day ski clinic shakes campers into shape. Lodging deals around the mountain are abundant. A hot chocolate with whipped cream bar and North Carolina BBQ headline SugarFEAST. And of course, Sugar Mountain Ski Resort features skiing, snowboarding, ice-skating, tubing, and snowshoeing, Southern Style.

To learn more about SugarFest click [here](#) or call 800-SUGAR MT. The winter celebration is sponsored by The Village of Sugar Mountain Tourism Development Authority, Ski Country Sports, and EDGE of the WORLD.

Snow and cold temperatures are in the forecast, so don't miss out. Make your plans today. Ski Sugar!



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Poetry Caldwell with Adrian Rice (Rescheduled)

LENOIR, NC (November 28, 2018) -- Poetry Caldwell is pleased to host Northern Irish poet Adrian Rice at Caldwell Arts Council on Saturday, January 12, 2019 beginning at 2pm (rescheduled from November 24). Adrian will read from his latest book, *The Strange Estate*. Following Adrian's reading, local writers will be able to share during the open mic. Poetry Caldwell is free and open to all!

Adrian Rice is from County Antrim, Northern Ireland. His first poetry sequence, *Muck Island*, a collaboration with leading Irish artist Ross Wilson, is housed in the Tate Gallery and The Boston Museum of Fine Arts. His first full collection, *The Mason's Tongue*, was shortlisted for the Christopher Ewart-Biggs Memorial Literary Prize and nominated for the Irish Times Prize for Poetry. His recent American publications, *The Clock Flower* and *Hickory Station*, have also received critical acclaim. Adrian now lives with his family in Hickory, North Carolina. He teaches at Appalachian State University.

Famed poet and Nobel Prize winner Seamus Heaney, shared about Adrian, "Adrian Rice has a nice sense of what he is up to as a poet: I like and admire the way his diction and his diction are so artfully tongue-in-cheek and hand in glove."

The Caldwell Arts Council is located at 601 College Avenue SW in Lenoir.



The Sweet Adelines Carolina Style Chorus
In Christmas Concert here at Concord:
Sunday night, December 9th, 5:00 p.m.

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Former President, Dr. Ken Boham, Awarded Emeritus Status

HUDSON, NC (November 27, 2018) -- The Caldwell Community College and Technical Institute Board of Trustees recently approved President Emeritus status for former CCC&TI President Dr. Kenneth Boham.

Emeritus status is the highest honor bestowed on former CCC&TI employees. He was nominated by current CCC&TI President Dr. Mark Poarch, who said "Dr. Boham's exemplary leadership as President for 21 years makes him very deserving of this honor. During his tenure as President at CCC&TI, Dr. Boham was a true champion of education."

Boham served as CCC&TI President from 1995 to 2016, when he retired after presiding over the largest growth in enrollment and facilities in the institution's 54-year history.

During his tenure, construction began on the Watauga Campus in Boone, two high schools were launched on the Caldwell Campus, buildings were constructed on the Caldwell Campus, the Transportation and Public Service campus was added in Hudson and CCC&TI experienced record enrollment growth. In 2016, the CCC&TI Board of Trustees dedicated K Building, one of several added to the Caldwell Campus during Boham's presidency, in his honor and renamed it the "Kenneth A. Boham Building."

Boham joins founding CCC&TI President, the late Dr. H. Edwin Beam, as one of two President Emeriti named during the college's history.

"This was a special day!"

HICKORY, NC (November 27, 2018) -- This was a special day! Recently firefighters got to meet a special man and his family. Mark and Melissa Bollinger stopped by to thank emergency personnel for saving his life. On August 25, 2018 firefighters responded to a medical call for an unconscious male. While responding to the incident, the Communication Center advised the caller believed the male patient had stopped breathing and was in cardiac arrest. Engine 2 arrived on the scene just over four minutes later; where they confirmed the patient was in cardiac arrest and immediately started procedures for life saving measures. Ladder 2 and Battalion 2 arrived and assisted with CPR. After several weeks in Intensive Care Mr. Bollinger has returned to his own residence, continues rehabilitation, and is enjoying time with his family.



We work every day to make good things happen but this was a special day! Thanks to all those involved. Hickory Fire - Eric Bucher, Bradley Hill, Spencer Carpenter, Jason Lowrance, Thomas Oxentine, Stephen Taylor, John Warren, Catawba County EMS - Allen Barkley, Michael Smith-Altizer, Steve Rowe, TJ Seagle, 911 dispatchers, and Hickory Police Department.

Photo left to right: Jason Lowrance, Eric Bucher, Mr. Bollinger, Mrs. Bollinger, Bradley Hill, and Spencer Carpenter.