### Caldwell County, North Carolina

www.caldwelljournal.com

### Caldwell County Board of Education names new superintendent

LENOIR, NC (May 7, 2018)...Before a standing room only audience of school administrators, community leaders and teachers, the Caldwell County Board of Education unanimously selected Dr. Donald W. Phipps as the next superintendent of the Caldwell County Schools. Dr. Phipps will take office on July 1, 2018.

"The Board has worked together well and acted as one," said Board Chairman Darrell Pennell. During the search process, the Board carefully reviewed applications from a diverse field of 24 excellent candidates. Although many qualified candidates applied, the Board felt that Dr. Phipps' leadership, experience, and dedication to students would best serve the Caldwell County students, staff, and community for years to come.

The Board is confident that Dr. Phipps' leadership will greatly benefit Caldwell County. Dr. Phipps has enjoyed a successful career in public education spanning over 20 years in North Carolina. Since 2010, he has served as superintendent for the Beaufort County Schools. Prior to his current position, Dr. Phipps served as Executive Director of Student Services for the Cumberland County Schools (2007-2010). Dr. Phipps has also previously served as an assistant principal and principal in the Cumberland County School System (2001-2006). He began his career in public education as a school psychologist in Fayetteville, North Carolina. Dr. Phipps also has served as Department Chair of the Computer Information Systems program at Pfeiffer University.



Dr. Phipps has an impressive academic background as well, including a bachelor's degree in psychology from Methodist College. He went on to obtain a master's degree in school psychology from Appalachian State University, a master's degree in computer instructional systems from the University of North Carolina at Charlotte, and a doctorate in educational leadership from Appalachian State University. He is married to Nancy Phipps, and together they have four children and one granddaughter.

Dr. Phipps looks forward to leading the Caldwell County School System and becoming an active member of the community. The Board is confident that he will continue to implement the Board's vision of the school system and build upon the progress of the current administration.

Dr. Phipps has issued the following statement about the position: "I am very excited and honored to have been chosen from the strong pool of candidates for this position. I look forward to becoming a part of the community and working with partners inside and outside of the school system to make Caldwell County Schools a premier school system in our state. From the students and staff, to the Board of Education, to the communities which make up this great county, the people are the greatest asset. I look forward to working with all of you to continue to build on the strong legacy of success the Caldwell County School System has experienced. My wish is to be a part of a great team that continues the work to make this school system extremely effective at meeting student needs and preparing each student for the next phase of life. In doing this work we will also make a positive impact on the communities we serve."

Please join the Board in welcoming Dr. Don Phipps as the new superintendent of the Caldwell County Schools and welcoming him and his family to our community.

### Caldwell Journal Info

"Published each Thursday by the Caldwell Journal" Established October 2, 2014

### **Advertising Rates:**

1/12 Page Ad - \$30.00 for 4 weeks (1.275" high x 3.225" wide) 1/6 Page Ad - \$45.00 for 4 weeks (2.55" high x 3.225" wide) 1/2 Page Ad - \$65.00 for 4 weeks (7.65" high x 3.225" wide) Full Page Ad - \$95.00 for 4 weeks (7.65" high x 6.45" wide)

### **Contact Us:**

www.caldwelljournal.com www.facebook.com/CaldwellJournal mark.jackson@caldwelljournal.com 828.493.4798

The content of the articles or the advertisements does not necessarily represent the opinions of anyone affiliated with the Caldwell Journal.

The Caldwell Journal is a non-discriminatory paper.

Our Deadline Is On Friday At 5pm For Next Week's Paper

### **Caldwell Journal Weather**

**Thursday (10th):** A blend of sun & clouds. High 84 Low 55 Precipitation: 0.02 in.

> Friday (11th): Mostly sunny. High 85 Low 58 Precipitation: 0.00 in.

**Saturday (12th):** Intervals of clouds & sun. High 89 Low 59 Precipitation: 0.21 in.

> Sunday (13th): Mostly sunny. High 91 Low 61 Precipitation: 0.00 in.

Monday (14th): Partly sunny & very warm. High 90 Low 63 Precipitation: 0.00 in.

**Tuesday (15th):** Periods of sun; not as hot. High 85 Low 63 Precipitation: 0.06 in.

Wednesday (16th): A p.m. t-storm possible. High 81 Low 63 Precipitation: 0.12 in.

### **Hudson Lions Club Strawberry Sale**

The Hudson Lions Club will be selling strawberries at the following locations and times.

Tuesday's at Hudson Methodist Church Thursday's at Hudson Methodist Church Friday's at AJ's Steakhouse (Lenoir) Each day from 8:30am to approx. 3:30pm

## **Granite Falls Lions Club Strawberry Sale**

The Granite Falls Lions Club is selling strawberries at Pinewood Plaza behind the car wash on Wednesday's and Friday's from 9 to 5. They should have strawberries for several weeks.

### "Local Walk for Water to Impact Lives around the World"

Join the Christ United Lutheran Church of Granite Falls Walk for Water at 1:00 p.m. on May 20th at Granite Falls Rec Center. The Walk for Water promotes awareness of the global water crisis while raising funds to provide sustainable safe water around the world. All donations benefit Water Mission, a nonprofit Christian engineering organization that builds safe water solutions in developing countries and disaster areas. To sign up for the walk or to make a donation, visit http://events.watermissions.org/goto/cluc or call 828-396-1150.

### Read the whole Bible

Read the whole Bible in chronological order in just 90 Days! Receive weekly motivational and accountability support.

Where:

Christ United Lutheran Church, Granite Falls

When:

June 6, 2018 @ 6pm

Donation: \$25

Register: christunited luther anchurch@gmail.com

### Rabies Vaccination Clinic: Saturday, May 19th at Caldwell County Health and Human Services

LENOIR, NC (May 3, 2018)...Caldwell County Animal Control will host a Rabies Vaccination Clinic on Saturday, May 19th from 9 am until 12 pm. This event will be at the Caldwell County Health and Human Services Building (2345 Morganton BLVD SW, Lenoir). Animal Control hosts this clinic each year to allow the community to vaccinate their pets and livestock at a reduced rate to protect their pets against rabies. Rabies vaccinations for dogs or cats are \$7.00 per animal. Veterinarians will accept Cash Only. Checks and credit cards will not be accepted. This is a drive thru service for your convenience. If you have any questions please call Animal Control at 757-8625.

This clinic has been set for your convenience and will provide you with a method to have your pets vaccinated at a reduced price. North Carolina Health Law 130A – 185 requires that all dogs, cats and ferrets be vaccinated against rabies before four (4) months of age.

It is important to have your pets vaccinated. Keeping your pet's rabies vaccination up-to date will help protect your community, family and pets from this deadly virus. If your pet is up-to-date on rabies vaccinations, they are protected from the rabies virus.

If your pet has not been vaccinated or is not up-todate on vaccinations, there is a possibility your pet could acquire the rabies disease. If a nonvaccinated animal comes in contact with a rabid animal, they will either be quarantined for up to 6 months or euthanized.

It's important to remember, if you or your pet comes into contact with a wild animal you should notify the Animal Control department as soon as possible along with your doctor or veterinarian. If it is your pet that has come into contact with a wild animal, do not touch or handle your pet without gloves until you speak with someone from the Animal Control department due to the possible risk of exposure to the rabies virus.

Protect your pets and family. Get your pets vaccinated at the Rabies Vaccination Clinic being held at the Caldwell County Health and Human Services Building on Saturday, May 19th from 9 am-12 pm.

### **Mackie Furniture Company**

Complete Home Furnishings and Appliances

"We Service What We Sell"

DOWNTOWN - GRANITE FALLS

13 North Main Street • Granite Falls, NC 828-396-3313 info@mackiefurniture.com

www.mackiefurniture.com





Amana









FRIGIDAIRE



Electrolux

### Caldwell Journal Weekly Recipe

### **Best Banana Bread**

### **Ingredients**

Vegetable oil spray, for misting the loaf pan

1½ cups all-purpose flour, plus flour
for dusting the loaf pan

¾ teaspoon baking soda
½ teaspoon salt
1 cup sugar

¾ cup vegetable oil
3 tablespoons buttermilk
2 large eggs, lightly beaten
1 cup mashed bananas
(from 2 large or 3 small bananas)

#### Instructions

Place a rack in the center of the oven and preheat the oven to 325°F. Lightly mist a 9 by 5-inch loaf pan with vegetable oil spray and dust it with flour. Shake out the excess flour. Set the pan aside. Place the flour, baking soda, and salt in a large mixing bowl and stir with a fork to combine. Add the sugar and stir to combine. Add the oil, buttermilk, eggs, and mashed banana and stir until the mixture is smooth but just blended, 50 to 60 strokes. Pour the batter into the prepared loaf pan. Bake the bread until it is golden brown and the top springs back when gently pressed with a finger, 1 hour and 15 to 20 minutes. Transfer the loaf pan to a wire rack and let the bread cool for about 15 minutes. Run a knife around the edges of the bread and give the pan a few good shakes to loosen the bread. Invert the bread onto a wire rack, then invert it again onto another wire rack, so that it cools right side up. Let the loaf continue to cool for about 1 hour.





We Buy, Sell & Trade Tues thru Fri 9 to 5 Sat 9 to 1

### **YESTERYEARS**



### **Antiques & Collectibles**

538 Central Street, Hudson, NC 28638

828.728.3161 yesteryearsantiq@bellsouth.net

Step Back In Time...Come Visit YESTERYEARS!!! 1000's Of Items



### Vintage Café (Café & Bakery)

540 Central Street Hudson, NC 28638

(828) 728-3043 www.facebook.com/VintageCafeBakery



536 Central Street Hudson, NC 28638 (828) 726-3888 www.facebook.com/thelocalbeanhudson

### **Blanca's Cakes**

534B Central Street Hudson, NC 28638 (828) 640-7701 www.facebook.com/blancas.cakes.3

### **State Farm Insurance**

534A Central Street Suite A Hudson, NC 28638 (828) 728-5581 www.insuremeangel.com

### **Just Roll With It** (Food, Wine & Beer)

107 Fairway Ave Hudson, NC 28638 (828) 572-5588 www.facebook.com/justrollwithithudson

### **Cornered Hill Firearms Training**

524 Central Street Hudson, NC (828) 221-2900 www.facebook.com/CorneredHillFirearmsTraining

## Shop in downtown Hudson & support local!!!

### Bethlehem Baptist Hosts Trip to Ark Encounter

BETHLEHEM, NC (May 6, 2018)...Bethlehem Baptist Church, will host a trip to The Ark Encounter in Williamstown, Kentucky, October 22 through 26, 2018. Anyone in the community is welcome to join the 5 day, 4 night adventure which will include:

- \* The Ark Encounter, a one-of-a-kind historically themed attraction, was built according to the biblical dimensions in Genesis 6; it stands seven stories high and is 510 feet in length. It is the largest free-standing, timber-frame structure in the world.
- \* The state-of-the-art Creation Museum allows you to venture through biblical history, stunning exhibits, botanical gardens, planetarium, zoo, zip line adventure course, and much more. This 75,000 square-foot facility has welcomed millions of guests since opening in Petersburg, Kentucky.
- \* Discover the stories of freedom's heroes at the National Underground Railroad Freedom Center, a museum based on the history of the Underground Railroad.
- \* Newport Aquarium showcases thousands of animals from around the world in a million gallons of water. This state-of-the-art facility was named the Number 1 aquarium in the 2012 Readers' Choice Travel Awards from 10Best.com; the Best Rainy Day Outing in 2006 in Cincinnati Family Magazine; and the Best Aquarium in the Midwest in the Zagat Survey's US Family Travel Guide in 2004.

Cost for the trip is \$520 per person based on double occupancy, and in addition to admission to these four attractions, includes motorcoach transportation, 4 nights lodging, and 8 meals. \$75 is due upon signing, with the final payment due August 15, 2018. For photos, video and more information about the trip visit www.GroupTrips.com/BBCTaylorsville.

For more information about Bethlehem Baptist Church, 7500 NC Hwy 127, Taylorsville, NC, call 828.495.7250, visit www.bethlehembc.org, or like them on Facebook



### Patterson Milling Employee Needed

Requirements include but not limited to:

- Some knowledge of lumber & milling process
- Efficiently operate plank lumber ripping & cutting equipment
- Rotate as required through multiple jobs
- Forklift experience helpful
- Work within the safety parameters defined
- \*\*Must be able to lift 100 lbs. or more repeatedly as needed\*\*

Pay DOE ~ Full Time benefits package available Send resume to cpierce@newriverbuilding.com





## Covenant Care

Child Development Center

6062 Petra Mill Rd

Granite Falls, NC



Good Christian Learning At Affordable Prices
Ages 6 weeks to 12 years 828-212-0900

## Poetry in LA: Only in LA (L.A. Poems)

Paperback November 2, 2017

Poetry about L.A. (east in North Carolina). These poems are taken from the Facebook page, Poetry in LA (@poetryinla) created by LB Sedlacek. Poems are about Hibriten Mountain, the annual Sculpture Fest, the annual Blackberry Festival. Wilson Creek, Highway 1890, the antique car shows, old time Indialings, and the general way of life in the foothills of the Blue Ridge Mountain area that locals fondly call "LA." for Lenoir Area.



Click here to order through Amazon for \$10

Also available at Caldwell Arts Council
www.lbsedlacek.com Twitter: @lbsedlacek

### Ever worry about an unplanned pregnancy?

### Ever forget to take your birth control?



# Enjoy peace of mind with long active reversible contraception!

Contact Caldwell County Health Department about available long acting, reversible, contraception: 828-426-8400





HEALTH DEPARTMENT

### Sails Original Music Series continues with Gigi Dover and The Big Love

HICKORY, NC (May 8, 2018)...Friday, May 11, the City of Hickory's Sails Original Music Series will feature Gigi Dover and The Big Love, who describe themselves as offering "world music thru the eyes and ears of southerners." Incorporating the sounds and vibes of world instruments, Gigi Dover and The Big Love deliver a fresh, palatable blend of gypsy, jazzy, bluesy, funky southern soul, and world music.

"Gigi Dover is an Americana mainstay. She's a southern, sultry songstress – half bohemian snake charmer, half siren," says Bob Sinclair, event coordinator for the Sails Original Music Series. "From her times with the Rank Outsiders, to her many years as collaborator and partner with Eric Lovell, this stylish songstress knows precisely what she's doing as a writer, a performer, and as an advocate for keeping the 'real' in music. But her endurance isn't because she's predictable or stays in her lane, but because she keeps moving her art forward, and she's good enough to bring us with her. Gigi and The Big Love are the best in the business to blend Americana and world music."

Gigi Dover and Eric Lovell's seventh studio recording, Travelin' Thru, has been in radio rotation since its release in June 2016, and reached No. 41 on WNCW's Top 100 of 2016. Created and recorded in their own Blu Bubble Studios in Charlotte, N.C., Travelin' Thru is a collection of songs and a few short whimsical instrumentals, more wood than steel, designed to inspire the listener to "dance, meditate, or anything in between."

Recorded by multi-instrumentalist Eric Lovell - Eric plays everything from guitar to sitar to banjo and rebab, weaving a lush carpet of sound that interplays naturally with Gigi's soulful vocal style, and her reflective, revealing, and at times humorous, lyrical musings - Travelin' Thru also features long time Big Love band members, Jason Atkins on keys and John Spurrier on drums and percussion. They added bassist Flavio Mangione as the pulse rounding out the heart of their sound.

Continued on page 7...

### Sails Original Music Series continues with Gigi Dover and The Big Love

Continued from page 6...

Gigi Dover and The Big Love have toured and performed gigs both regionally and internationally throughout the United States, the U.K., and Europe, garnering them recognition and success from fans, peers, and critics alike.

"Gigi makes friends every time she sings a note. She makes all the boys sit up and listen every time she walks out on stage, and she will make lots of new fans when she plays the Sails this Friday night. Come see what all the fuss is about," adds Sinclair.

The Sails Original Music Series is able to bring excellent musical entertainment from all over the United States with the help of numerous sponsors. The presenting sponsor of the series is Lowes Foods, while the Hickory Metro Convention and Visitors Bureau is the premier sponsor for the month of May, in conjunction with their 31 Days of May Campaign, celebrating tourism in North Carolina.

The Hickory Wine Shoppe is the premier sponsor for the month of September. Additional sponsors include: Bob Sinclair Music, Larry's Music & Sound, Pfahlert Creative Labs, Olde Hickory Brewery, and Crowne Plaza. Media partners include WNNC 1230 AM/WAIZ 63 Big Ways, WNCW 88.7FM, and the Focus.

The show begins at 6:30 p.m. and audience members are encouraged to bring lawn chairs or blankets. Olde Hickory Brewery will sell beer in designated areas, and there are a variety of close-by restaurants to patronize.

The Sails Original Music Series will feature live music under the Sails on the Square in Downtown Hickory every Friday evening in May, June, and September, beginning at 6:30 p.m.

For more information about the Sails Original Music Series and upcoming bands, please visit the Sails Music Series Facebook page – www.facebook.com/SailsMusic.

### When Medicare isn't enough

### Blue Medicare Supplement

Original Medicare covers only a portion of your medical expenses. Get additional coverage with one of our most popular plans, Plan G for people age 65 and over.<sup>1</sup>

- Virtually no paperwork
- All from a local company with over 80 years of experience

Just \$111.75/month at age 65!\*

### **Bush and Associates**

**Authorized Agency** 

Phone: 1-828-754-2601

Email: quotes@bushandassociates.net



Medicare plans to fit your needs

Contact your authorized Blue Cross and Blue Shield of North Carolina (Blue Cross NC) agent for costs and further details on coverage, limitations, exclusions and terms under which the policy may be continued in force. Neither Blue Cross NC nor its agents are affiliated with Medicare or endorsed by the U. S. government. BMS G, 12/17. \*Benefit quoted and monthly premium (rate) is for Plan G and is effective until May 31, 2019. 1 Based on Blue Cross NC internal data, November 2017. Rates are subject to change June 1 of each year, but members will not be singled out for premium increases based on their individual health. @SM Marks of the Blue Cross NC Blue Shield Association. The agency is an independent entity that has been appointed as an authorized agent of Blue Cross NC. Blue Cross NC is an independent licensee of the Blue Cross and Blue Shield Association. U3198c. 2/18





## **Phone Repair Guys**

"You Break It, We Fix it"

We Repair...

**iPhones** 

**iPads** 

**Androids** 

Same Day Service In Most Cases

We Carry Accessories Too!

### **Two Great Locations**

**Granite Falls** 

Granite Drug Center 828.212.1066

### Lenoir

2025 Morganton Blvd. (FairValue Plaza) 828.758.0015

Find us on **Facebook** at www.facebook.com/phonerepairguysnc

### Local Quilt Shop Featured in Better Homes & Gardens® Quilt Sampler® Magazine

GRANITE FALLS, NC (May 10, 2018)...The Cotton Quilt, a quilt shop in Granite Falls, North Carolina, has been chosen as one of 10 shops from across North America to be featured in the Spring/Summer 2018 issue of Quilt Sampler® magazine, published by Better Homes & Gardens. The issue will be available on newsstands on May 15, 2018. Quilt Sampler, published twice a year, has been profiling North America's top quilt shops since 1995.

Competition to be included in Quilt Sampler is high—nearly 3,000 quilt shops were eligible to apply for this year's honor. To apply, quilt shop owners submit a detailed application on their history, business promotions, charitable work, teaching schedules, and design philosophies. A panel of quilt experts, spearheaded by the American Patchwork & Quilting® staff, reviews the applications to select the 10 shops.

The Cotton Quilt and the other nine chosen shops were photographed and interviewed by a team from Quilt Sampler for a multipage profile that will appear in the magazine.

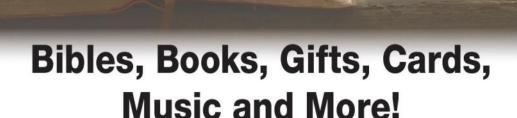
Employees of each quilt shop also designed and made an original quilt. Instructions for that quilt will accompany the shop profile.

The art of quilting has changed dramatically since the days of quilting bees in church basements, and quilting is experiencing a major renaissance. A Quilting Consumer Insights study completed by American Patchwork & Quilting magazine reports that the U.S. quilting market is composed of 4.2 million avid quilters. Further research shows that readers of American Patchwork & Quilting spend an average of \$1,165 per year on quilting supplies and complete nearly 11 projects per year.

The Cotton Quilt is located at 4900 Troy Road in Granite Falls, North Carolina. Their phone number is 828-244-7797. www.thecottonquilt.com







"Now faith is confidence in what we hope for and assurance about what we do not see." Hebrews 11:1

2025-A3 Morganton Blvd. • Lenoir, NC 28645 (Fairvalue Shopping Center) Phone: 828-758-0777



### Office of State Fire Marshal recognizes National Arson Awareness Week

RALEIGH, NC (May 8, 2018)...The North Carolina Department of Insurance (NCDOI), which houses the Office of the State Fire Marshal (OSFM), is partnering with the U.S Fire Administration on this year's National Arson Awareness Week, May 6-12, with a focus on reducing arson at vacant and abandoned buildings.

"Arson is a serious crime that the North Carolina Department of Insurance and the Office of the State Fire Marshal is committed to not only investigating but also preventing," said Insurance Commissioner Mike Causey. "We encourage communities and local officials to take proactive steps to increase public awareness of the problem and measures that can be taken to reduce the likelihood of being a victim of arson."

In January, OSFM hired two new fire investigators and NCDOI assigned two new fraud investigators to help municipalities in their effort to prevent intentional fires and handle insurance fraud involving arson.

In February, OSFM collaborated with the N.C. Conference of District Attorneys and the State Bureau of Investigation to offer an arson prosecution course at Wake Technical Community College.

The two-day class called "Up In Smoke" featured a live burn demonstration as well as classroom instruction to educate fire investigators, police officers, and prosecutors on the best methods to collect and preserve evidence in order to prosecute arson cases to the fullest extent of the law (VIDEO: https://youtu.be/vytseij-an8)

The attached broadcast quality video includes b-roll of live burn demonstration at Wake Technical Community College and interviews with Fire Investigator Bill Marshall and NC Conference of District Attorneys Arson/Homicide Special Prosecutor Mike Muskus.

In an effort to help community organizations, local law enforcement, and fire safety officials to increase arson awareness, Commissioner Causey would like to release the following information about arson fires:

According to the U.S. Fire Administration's Vacant Residential Building Fires (2013 – 2015) Topical Fire Report published in January 2018:

Each year, from 2013 to 2015, an estimated 23,800 vacant residential building fires were reported to fire departments within the United States and caused an estimated 75 deaths, 200 injuries and 785 million in property loss.

At 34 percent, intentional actions were the leading cause of vacant residential building fires.

Each year, from 2013 to 2015, an estimated 6,400 vacant nonresidential building fires were reported to fire departments within the United States and caused an estimated 5 deaths, 50 injuries, and \$205 million in property loss.

From 2013 to 2015, the leading causes of vacant nonresidential building fires were intentional actions (28 percent), open flame (15 percent), and other unintentional, careless actions (15 percent).

According to the Bureau of Alcohol, Tobacco, Firearms and Explosives' United States Bomb Data Center's Bomb and Arson Tracking System (BATS):

There have been an average of 550 incendiary/arson fires per year at properties reported as abandoned, vacant-secured and vacant-unsecured, uninhabited, idle not routinely used and being demolished reported.

This is for the 10-year period from 2007 to 2016 and reported by federal, state and local jurisdictions.

BATS shows the most incendiary/arson fires at abandoned, vacant-secured and vacant-unsecured properties in 2014 with 662 reported and the fewest in 2007 with 117 fires. *Continued on page 11...* 



## Office of State Fire Marshal recognizes National Arson Awareness Week Continued from page 10...

According to the February 2018 National Fire Protection Association (NFPA) report titled Fires in Vacant Buildings authored by Marty Ahrens:

In 2011-2015, U.S. fire departments responded to an estimated average of 30,200 structure fires per year in vacant properties. These fires resulted in an average of 60 civilian deaths, 160 civilian injuries, and \$710 million in direct property damage per year.

Fires in vacant buildings are more likely to have been intentionally set and to spread beyond the building than are fires in other structures. They also cause a disproportionate share of firefighter injuries.

Half (50%) percent of vacant building fires were intentionally set compared to 10% of all structure fires.

Vacant structures accounted for 30% of intentionally set structure fires.

In unsecured vacant properties, three-fifths (61%) of the fires were intentional.

One-third (35%) of the fires in secured properties were intentional.

During the same period, an estimated average of 3,310 firefighters per year were injured at vacant building fires. Thirteen percent of firefighter injuries at structure fires occurred in or at vacant buildings.

## Granite Falls Garden Club Yard awards "Yard of the Month" for April

GRANITE FALLS, NC (May 5, 2018)...The Granite Falls Garden Club has awarded the April Yard of the Month to the home of Barbara Timms and Anne Seitz on 20 Montclair Avenue in Granite Falls. The yard is landscaped with pink phlox that started from two plants back in 1994. It now surrounds the entire front of the lawn. Other areas of the yard has purple Irises, candy tuff, ice plant and hosta. The lawn is well manicured by Anne and the flowers maintained by Barbara. Garden Club members Nancy Mays and Martha Muse presented the award.





### Nelson, Sturgis, Barlow promoted at Lenoir Fire Department

LENOIR, NC (May 3, 2018)...Several firefighters will move up the ranks at the Lenoir Fire Department May 7, 2018.

Battalion Chief Kenny Nelson will be promoted to Deputy Fire Chief. Nelson has served the department since June 21, 1990, and has worked as a Battalion Chief since May 13, 2014. He has previously held the ranks of 2nd Lieutenant, Lieutenant, and Captain. Nelson holds an Associate in Applied Science in Emergency Preparedness Technology he earned from Caldwell Community College and Technical Institute.

Battalion Chief Tyrone Sturgis III will be promoted to Assistant Chief of Logistics. Sturgis has served the department since March 21, 1986, and has been a Battalion Chief since Feb. 5, 2013. He has previously held the ranks of 2nd Lieutenant, Lieutenant, and Captain.

Battalion Chief/Fire Marshal Roger Barlow will be promoted to Assistant Chief of Fire Prevention. Barlow started his career with the department July 1, 1978. He left the department in 1990, and returned again Jan. 30, 2001. He has been the Battalion Chief/Fire Marshal since March 26, 2007.

"All three of these men have been instrumental leaders in this department for a long time, and they each have made major impacts for our department's progression," Fire Chief Ken Hair said. "These men are proven leaders and they have earned their promotions. We are proud to have them at Lenoir Fire Department."

The promotions were possible due to Hair's recent promotion to Chief, which opened up several positions. Nelson, Barlow, and Sturgis were promoted based on an internal assessment of qualifications, interviews, and practical applications conducted by Chief Hair.

Congratulations to Nelson, Sturgis, and Barlow!

## Two Advance Care Planning Workshops: Living Will, Healthcare Power of Attorney, and Benefits Overview

LENOIR, NC (May 9, 2018)...Advance care planning is a process to help your loved ones know how to speak for you if you are ever unable to make your own medical decisions. It is planning for the unexpected.

Caldwell Hospice and Palliative Care and the Caldwell Senior Center will partner to offer two Advance Care Planning Workshops at no cost to the community on the second and fourth Thursdays of each month. The next workshops will be held May 10, 2018, at 1:30 p.m. at the Caldwell Senior Center in Lenoir, and May 24, 2018, at 1:30 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson.

Join retired local attorney Houston Groome in Lenoir and attorney Hugh Wilson in Hudson for either of these inspiring workshops. "Advance Directives: Living Wills and Healthcare Powers of Attorney are gifts to your family," says Groome. "Deciding, discussing and documenting your healthcare wishes helps ensure your healthcare wishes are known and honored. It also gives you peace of mind that you have made appropriate preparations." Notaries and witnesses will be available to help anyone who wants to complete their documents at the clinic. For more information, or to register, call 828.758.2883.



### Hickory Aviation Museum P-3 Aircraft Celebration set for May 19th

HICKORY, NC (May 2, 2018)...The Hickory Aviation Museum/Sabre Society of North Carolina will be celebrating the recent arrival of a U.S. Navy P-3 Orion Submarine Hunter on Saturday, May 19th beginning at 10:00 AM through 4:00 PM. The keynote speaker will be Vice Admiral Walter B. Massenburg (Ret).

This Lockheed aircraft was originally designed to detect, track, and destroy enemy submarines using sonobuoys and magnetic anomaly detection systems. It could drop torpedoes, mine harbors, and carry other armament. The mission has been modified in recent years to provide on-station surface surveillance for both land and sea missions such as search and rescue, drug interdiction, fire suppression and anti-terrorism efforts.

Inside tours will be available where people can learn about each station's purpose on the P-3.

The museum also has a restored F-14 Tomcat cockpit that will be open and be a fun photo opportunity with you sitting in it. The F-14 was made famous in the movie "Top Gun" with Tom Cruise.

Also, on display is a One of a Kind XF-15C post WWll fighter aircraft with both a jet engine and a propeller driven engine.

The Hickory Aviation Museum has the largest selection of military museum aircraft in North Carolina and invites everyone to come out and see some aviation history. The museum is free to the public although it does appreciate donations. Visit our website at www.hickoryaviationmuseum.org.

Food and drinks will be available to purchase from the Crosswinds Café in the terminal building.

The Hickory Aviation Museum is located at the Hickory Regional Airport ¼ mile past the L.P. Frans Baseball Stadium (home of the Hickory Crawdads). Its normal operating hours are Tuesday through Friday from 10 am to 3pm, Saturday 10 am to 4 pm and Sunday from 1 pm to 4 pm. Closed on Mondays.

### **Animal Control Closed May 12th**

LENOIR, NC (May 10, 2018)...Caldwell County Animal Control, located at 829 Fairview Dr SW, Lenoir, NC 28645 will be closed May 12th due to repairs being conducted at Animal Control.

Animal Control is regulated by the North Carolina Department of Agriculture, in order to stay in compliance, minor upgrades are being conducted to repair the floors and paint in the kennel interiors.

This is a change from Animal Control's normal Saturday business hours which are to be open the second Saturday of each month from 10:00am until 2:00pm.

The regular schedule of being open on the second Saturday of the month will resume on Saturday, June 9th. For more information, please contact Caldwell County Animal Control at (828) 757-8625.



### "Don't Touch That Fawn," Says Wildlife Commission

RALEIGH, NC (May 8, 2018)...With fawning season in full swing, the N.C. Wildlife Resources Commission is once again reminding people not to approach, touch or remove any white-tailed deer fawns they encounter over the next few weeks.

From late April through June, white-tailed does across North Carolina are giving birth. Whitetails are a "hider" species, which means the female will hide her fawn in vegetation during the first two or three weeks of its life as she feeds. When left alone fawns have an excellent chance of survival. Dappled and lacking scent, they are well camouflaged in the wild and usually remain undetected by predators. Fawns are also well-equipped to protect themselves. By the time they are 5 days old, they can outrun a human. At 6 to 10 weeks of age, fawns can escape most predators.

"Each year, fawns are taken out of the wild by well-intentioned individuals who mistakenly assume they are orphaned or have been abandoned," said Jon Shaw, the deer biologist for the Commission. "However, it is rare for a doe to abandon her fawn, although she will leave it for hours at a time, she returns periodically to nurse it.

"If you find a fawn, leave it where it is and check on it the following day. If it still there and is bleating loudly, appears cold, weak or thin, or is injured, it might be orphaned. However, do not take it out of the wild, but rather contact a local, permitted fawn rehabilitator."

If a fawn has been removed from the wild, Shaw advises taking the fawn back to where it was found — but only if the fawn has been held for less than 48 hours, the maximum time when a doe usually will return for her fawn. After 48 hours, the fawn should not be returned to the wild but taken to a local, permitted fawn rehabilitator. *Continued on page 15...* 

## Sawmills Hardware Inc.

3969 US Hwy 321-A Hudson, NC **Phone: 396-3056** 

"Your Hometown Hardware"

## Granite Hardware LLC.

107 N. Main St. Granite Falls, NC Phone: 396-2631

"Rock Solid Service"





### **Spring Is Here!**

Stop by and see us for:

Tomato & Pepper Plants

Squash & Cucumbers Plants

Assorted Flowers & A Great Selection of Seeds

Fertilizer, Lime, Grass Seed and Much More



## "Don't Touch That Fawn," Says Wildlife Commission Continued from page 14...

With the exception of trained wildlife rehabilitators, most people are ill-equipped to care for a fawn, so their misguided attempts to "save" an abandoned fawn typically do more harm than good, with the majority of captive fawns eventually dying.

Besides being biologically irresponsible to remove a fawn from the wild, it is also illegal. Only certified wildlife rehabilitators have permits to keep white-tailed deer in captivity.

Learn more about white-tailed deer in North Carolina, visit the Commission's white-tailed deer page.

### **DAV Golf Tournament set for May 19th**

LENOIR, NC (May 5, 2018)...Disabled American Veterans, Chapter 6 of Caldwell County will be hosting its 8th Annual James Smith Memorial Golf Tourney Saturday May 19th at The Coves in Lenoir. Registration begins at 7am and shotgun start at 9am. Cash prizes for 1st three places, gifts for longest drive and closest to the pin. A Thank You bag for all golfers before play, hot dog lunch with all trimmings at conclusion. Door prizes from local merchants for all players. \$50.00 per player, \$200.00 per team, Captains Choice and Mulligans \$5.00 (limit 2). Team/individual players contact Ronnie Mack, 754-2882 or The Coves 754-1992. 100% of funds stay in Caldwell County to help our veterans. Rain date 5/26/2018.

### **Granite Drug Center** Sidewalk Sale & Artisan Showcase

Saturday, June 16 9am to 4pm



### You Can Buy a Cheaper Limited Health Plan, But Should You?

LENOIR, NC (By Laura Sedlacek – May 8, 2018)... There is a type of bare bones policy that usually offers a much cheaper alternative to an Affordable Care Act Individual Health plan. It is known as a fixed Indemnity plan sometimes called Hospital Indemnity. These products offer limited help and usually pay a fixed amount toward the cost of certain services such as a doctor visit or days in the hospital or some other services.

There are usually restrictions on policyholders with pre-existing conditions. There is underwriting too (meaning you have to be able to answer no to health questions for the policy to be issued). They are not considered insurance under the Affordable Care Act even though some Agents and/or Marketers sell them as such.

People purchase them as substitutes for ACA Individual Health for various reasons. Price is one reason people go this route. Another may be missing the ACA Individual Health annual enrollment period and/or the inability to qualify for a Special Enrollment period.

Indemnity plans are sold year-round. Originally, they were intended as supplementary coverage to a major medical plan perhaps with a high deductible and/or high out of pocket. Plus, if one only has coverage with an Indemnity plan, there would still be the penalty to pay for not having health insurance, at least for this year.

ACA Individual Health plans provide more protection than an Indemnity plan. There is a cap on what a consumer has to spend for out of pocket expenses, pre-existing conditions are covered, and there is no underwriting to get a plan.

The main thing to remember is that an Indemnity plan is limited coverage that will most likely offer upfront payments for certain covered services and that it is not comprehensive health insurance coverage. Using a plan such as this for stand-alone coverage is taking a risk in the event you get hit by huge medical bills.

If you just cannot afford or can't get an ACA Individual Health plan for whatever reason, having an Indemnity plan is one option. Having a Short-term Medical plan is another. Both of these type of plans, though, have limitations that you should understand before taking them out especially in the place of an ACA Individual Health plan.

Need more information? Contact Bush and Associates today at (828) 754-2601 or email quotes@bushandassociates.net or visit http://www.mynchealthplan.com

 $\sim\!$  Laura Sedlacek is an Agent with Bush and Associates.

### Bethlehem Baptist Hosts Community Blood Drive on May 23

BETHLEHEM, NC (May 6, 2018)...The community is invited to support an American Red Cross Blood Drive on Wednesday, May 23, from 2 to 6:30pm, at Bethlehem Baptist Church, 7500 NC Hwy 127, Taylorsville, NC.

The need for blood is constant and sometimes that need becomes critical. From accident victims and cancer patients to premature babies and those with blood disorders, hospital patients rely on all of us to make sure that blood is on the shelves and ready to help. That's why the American Red Cross needs you. Make an appointment to give blood today by calling 1-800-RED-CROSS or visit www.redcrossblood.org and enter BethlehemBaptist to schedule an appointment.

For more information about Bethlehem Baptist Church, call 828.495.7250, visit www.bethlehembc.org, or like them on Facebook.