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Caldwell Journal Info

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*The content of the articles or the advertisements does not necessarily represent the opinions of anyone affiliated with the Caldwell Journal.
The Caldwell Journal is a non-discriminatory paper.*

Our Deadline Is On Friday At 5pm For Next Week's Paper

Caldwell Journal Weather

Thursday (3rd): Sunny much of the time.

High 85 Low 54

Precipitation: 0.00 in.

Friday (4th): Partly sunny.

High 86 Low 59

Precipitation: 0.00 in.

Saturday (5th): Not as warm with a t-storm.

High 76 Low 58

Precipitation: 0.21 in.

Sunday (6th): A shower & t-storm around.

High 75 Low 52

Precipitation: 0.25 in.

Monday (7th): Some sun with a t-storm.

High 77 Low 52

Precipitation: 0.10 in.

Tuesday (8th): A p.m. t-storm possible.

High 74 Low 48

Precipitation: 0.00 in.

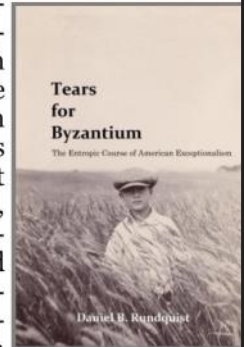
Wednesday (9th): Chance of a shower.

High 77 Low 54

Precipitation: 0.00 in.

New Plymouth Press, LLC announces release of new book title by local author – all net proceeds are designated to support local DAV

CALDWELL COUNTY, NC (November 7, 2017)...
New Plymouth Press, LLC is proud to announce today that a new book will be released to the public on December 1, 2017. The author, Dan Rundquist has completed work on his nonfiction title, *Tears For Byzantium; The Entropic Course of American Exceptionalism*. The work seeks to address the question of what exactly is the proper size, role, and scope of American government in a post-9/11 world through the prism of world history. It is told by a father, taxpayer, and ordinary American citizen.



"I have wept for my nation until I am out of tears. Not from a personal depression, but with the deepest grief and sorrow as one might have for a dying loved one. The patient in this case is our nation, America, but she is not so much ill as she is being euthanized. I weep for her because I love my nation, and she is nearly lost to us. I have always loved my country, and I am not alone." *Dan Rundquist*

The Caldwell Journal has been awarded exclusive distribution of the e-book format...

This special edition of the book will be made available exclusively by a distribution agreement with the Caldwell Journal:

- The publisher has set the title price at \$4.99 and the author is donating ALL net proceeds for this special PDF edition to Disabled American Veterans, Chapter 6 Hudson, NC.
- ISBN: 978-0-9862967-8-9
- 151 pages, 8.5 x 11 PDF format, print volume is expected to release summer, 2018.
- Link to the Caldwell Journal: www.caldwelljournal.com
- Media inquiries, requests for advance copies for review can be made directly to the author at dbquist1986@gmail.com
- Inquiries to the Caldwell Journal: Mr. Mark Jackson, mark.jackson@caldwelljournal.com

Beware of Distraction Scammers

RALEIGH, NC (April 26, 2018)...Law enforcement officials in Wake County have received multiple reports of scammers posing as flooring salesmen, and targeting the elderly. These crooks work as a two or three-person team. They often put the victim off-balance by pretending to have met or done work for them previously. They may also claim to have known a close family member, or to have once lived in the neighborhood. After gaining entry, one scammer engages the victim in conversation. Another brings flooring samples into the home, but eventually one of the group slips away to steal credit cards, cash and jewelry. These thieves are striking every few months, hitting one or two victims before moving to another area.

In this instance the suspects are male but another version of the distraction scam involves two women, one of them apparently pregnant and in some distress. They appear at a potential victim's door, asking if the pregnant woman can use the bathroom. While one crook engages the victim in conversation or makes a telephone call, the other (who may not be pregnant at all) collects valuables while pretending to use the bathroom.

Distraction scammers have also been known to masquerade as plainclothes police officers looking for an escaped prisoner, or utility company employees taking indoor measurements for home energy saving projects. Consumers, and especially the elderly, should always be extremely careful who they let into their home. Remember, distraction scammers are slick, friendly, and good at their game. Don't let them in.

If you are contacted by a scammer, report it to the Attorney General's Consumer Protection Division by calling 1-877-5-NO-SCAM or by filing a complaint online.

This message brought to you on behalf of North Carolina Attorney General Josh Stein.

Concord Baptist Church will sponsor a Blood Drive in the Family Life Center on Thursday, May 10 from 3:00-7:30pm. To make your lifesaving appointment, visit www.redcrossblood.org and enter: Concord Baptist Church. The church is located at 74 Falls Ave, Granite Falls.

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Caldwell Journal Weekly Recipe

Best Banana Bread

Ingredients

Vegetable oil spray, for misting the loaf pan

1½ cups all-purpose flour, plus flour
for dusting the loaf pan

¾ teaspoon baking soda

½ teaspoon salt

1 cup sugar

¾ cup vegetable oil

3 tablespoons buttermilk

2 large eggs, lightly beaten

1 cup mashed bananas

(from 2 large or 3 small bananas)

Instructions

Place a rack in the center of the oven and preheat the oven to 325°F. Lightly mist a 9 by 5-inch loaf pan with vegetable oil spray and dust it with flour. Shake out the excess flour. Set the pan aside. Place the flour, baking soda, and salt in a large mixing bowl and stir with a fork to combine. Add the sugar and stir to combine. Add the oil, buttermilk, eggs, and mashed banana and stir until the mixture is smooth but just blended, 50 to 60 strokes. Pour the batter into the prepared loaf pan. Bake the bread until it is golden brown and the top springs back when gently pressed with a finger, 1 hour and 15 to 20 minutes. Transfer the loaf pan to a wire rack and let the bread cool for about 15 minutes. Run a knife around the edges of the bread and give the pan a few good shakes to loosen the bread. Invert the bread onto a wire rack, then invert it again onto another wire rack, so that it cools right side up. Let the loaf continue to cool for about 1 hour.



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Land Acquisition to Increase Johns River Game Land by 2,500 Acres

RALEIGH, NC (April 27, 2018)...The N.C. Wildlife Resources Commission has completed a land acquisition that will add 2,500 acres to the Johns River Game Land in Burke County. The land was purchased from Duke Energy on April 11.

"The Johns River land acquisition exemplifies the power of partnership enabling the Commission to increase this game land by 66 percent," said Gordon Myers, the Commission's executive director. "This game land will provide lifetimes of access and opportunity for many of our constituents and it enables us to conserve the abundance of habitat for multiple significant species."

The acreage will adjoin the 3,887 acres currently known as the Johns River Game Land, which was originally purchased with funds provided by Duke Energy as part of the 2006 Catawba-Wataweg Comprehensive Relicensing Agreement (CRA) and grants from the Clean Water and Natural Heritage Trust Funds. Following this latest acquisition, the game land will encompass 6,448 acres.

"This achievement is a testament to partnerships, perseverance and patience," said Steve Jester, Duke Energy's vice president of water strategy, hydro licensing and lake services. "The concept of preserving land in the Johns River Basin resulted from Duke Energy's partnership and stakeholder-focused approach to the Catawba-Wataweg Hydroelectric Project relicensing process spanning 2003 to 2006. In addition to that three-year period, continued efforts yielded the Upper Catawba Trails Agreement and associated purchase options in 2008. Today that collaboration during the years-long relicensing process is rewarded as we celebrate forever protecting these special lands for the people of North Carolina."

Johns River Game Land provides opportunities for hunting, fishing and other recreational activities. Several access locations to the game land will be provided directly from N.C. Department of Transportation-maintained roads.

With more than 2 million acres of public game lands in North Carolina, outdoor enthusiasts have ample opportunity to experience hunting, fishing, hiking, birding, nature photography and more. For more information, visit www.ncwildlife.org/gamelands.



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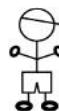
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Poetry in LA: Only in LA (L.A. Poems)

Paperback November 2, 2017

Poetry about L.A. (east in North Carolina). These poems are taken from the Facebook page, Poetry in LA (@poetryinla) created by LB Sedlacek. Poems are about Hibriten Mountain, the annual Sculpture Fest, the annual Blackberry Festival, Wilson Creek, Highway 1890, the antique car shows, old times buildings, and the general way of life in the foothills of the Blue Ridge Mountain area that locals fondly call "LA." for Lenoir Area.



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HEALTH DEPARTMENT



Hudson Lions Club Strawberry Sale

The Hudson Lions Club will be selling strawberries at the following locations and times.

Tuesday's at Hudson Methodist Church

Thursday's at Hudson Methodist Church

Friday's at AJ's Steakhouse (Lenoir)

Each day from 8:30am to approx. 3:30pm

Town of Granite Falls recognized as a Reliable Public Power Provider

GRANITE FALLS, NC (April 30, 2018)...The Town of Granite Falls has earned a Diamond Level Reliable Public Power Provider (RP3)® designation from the American Public Power Association (APPA) for providing reliable and safe electric service. The Diamond designation is the highest designation awarded by the APPA. Neil James, Manager of Distribution Operations at Santee Cooper, South Carolina and chair of the Association's RP3 Review Panel, presented the designations on April 30 during the Association's annual Engineering & Operations Technical Conference held in Raleigh, N.C.

The RP3 designation, which lasts for three years, recognizes public power utilities that demonstrate proficiency in four key disciplines: reliability, safety, workforce development, and system improvement. Criteria include sound business practices and a utility-wide commitment to safe and reliable delivery of electricity. The Town of Granite Falls joins more than 240 public power utilities nationwide that hold the RP3 designation.

"This designation is about more than just reliability. It's about operational excellence," said James. "These utilities and their communities should be proud to represent the best of the best in the areas of reliability, safety, workforce development, and system improvement."

"This is a great honor," said Jerry Church, Town Manager of the Town of Granite Falls. "We take a lot of pride in the work we do to power this community. We are very happy to receive this recognition for our initiatives and efforts."

N.C. Tomato Growers Association offering scholarship

ASHEVILLE, NC (May 1, 2018)...The N.C. Tomato Growers Association is offering a \$1,000 merit/need-based scholarship for the 2018-2019 academic year. Any North Carolina resident who pursues a horticulture or agribusiness undergraduate or graduate degree at a four-year North Carolina college or university is eligible to apply. The deadline for submitting an application is May 30.

The award will be based on a student's demonstrated scholastic achievement, initiative, leadership, financial need and extracurricular activities. The scholarship is contingent on the recipient maintaining at least a 2.5 grade point average out of a possible 4.0 on all course work during the scholarship period.

The recipient must be enrolled for the entire school year to receive the full scholarship. Scholarship funds will be distributed through the financial aid office of the attending student's college or university. The scholarship will be paid in two installments, \$500 per semester.

Applications and additional information is available at www.nctomatoes.com, or by contacting Melissa James at 828-526-3989 or emailing at osagem@msn.com.

Completed applications should be mailed to: N.C. Tomato Growers Association, c/o Melinda James, 1604 Hale Ridge Road, Scaly Mountain, NC 28775.

Painting On The Roof: Party to benefit the Caldwell Arts Council

LENOIR, NC (March 28, 2018)...Local folk artists Susan and Charlie Frye are hosting a benefit pARTy for Caldwell Arts Council on Thursday, June 28, 2018, 6:30-8:30pm! Limited to 8 participants, the evening will include a painting project on the rooftop of Folk Keeper Gallery & Antiques in downtown Lenoir, complete with hors d'oeuvres, beverages, and great fun! Tickets are \$50, and all proceeds help support the vital programs of the arts council.

Call 828-754-2486 or visit www.caldwellarts.com to make your reservations now!

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New IMPACT Institute at CCC&TI offers a start in Manufacturing

HUDSON, NC (April 27, 2018)...Caldwell Community College and Technical Institute is introducing a new class that will help individuals with little or no manufacturing experience acquire the basic training needed to land a manufacturing apprenticeship or entry-level job.

Launching this summer, the IMPACT (Industrial Manufacturing Pre-Apprenticeship Customized Training) Institute is a 4-week program featuring a combination of certifications and courses that prepare students for jobs in a variety of manufacturing environments. Designed for entry-level positions with local employers such as Bemis, Woodgrain Millwork and Bakers Waste Equipment, the institute will be offered Monday through Thursday from 8:30 a.m. to 3 p.m. June 18 through July 19. The institute will not meet the week of July 4.

IMPACT Institute training will include: lean manufacturing, OSHA certification, Human Resource Development, waste elimination, job and process terminology, sanitation, manufacturing principles, Material Safety Data Sheets, measurement and National Career Readiness Certification.

To qualify, students must have a high school diploma or high school equivalency. Limited space is available and the \$180 tuition for the institute is waived for those who qualify. To register, call 828-726-2242.

Animal Control Will Have Limited Services

LENOIR, NC (May 1, 2018)...Caldwell County Animal Control (829 Fairview Dr SW, Lenoir) will have limited services, emergency calls only. Animal Control will stop receiving voluntary surrenders and stray animals from May 1st until repairs are completed.

Animal Control is regulated by the North Carolina Department of Agriculture, in order to stay in compliance, minor upgrades are being conducted to repair the floors and paint in the kennel interiors.

For more information please contact Caldwell County Animal Control, (828) 757-8625.

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CCC&TI to Add Practical Nursing Program, Host Info Session May 16

HUDSON, NC (May 1, 2018)...Caldwell Community College and Technical Institute plans to add a new Health Sciences program in early 2019 that will provide students with another path to a career in Nursing and fill a vital need for local health care providers.

Pending state approval, CCC&TI will add Practical Nursing to its Health Sciences offerings on the Caldwell Campus in Hudson beginning in the Spring Semester of 2019. The application to add the program was approved by the CCC&TI Board of Trustees on April 18 and is now awaiting approval from the state.

The decision to add the program is based on a high demand for Licensed Practical Nurses (LPNs) and the demand from students wanting to pursue the 1-year diploma program. CCC&TI currently offers a 2-year Associate Degree in Nursing, which allows students to test for Registered Nurse licensure. The existing Nursing program is among CCC&TI's most successful and in-demand offerings.

"Many of our students are unable to make a commitment of two or more years to become a registered nurse, even though they have a strong desire to enter the nursing profession," Health Sciences Dean Barbara Harris said. "By offering the LPN program, students who are unable to make that time commitment due to financial or other reasons would be able to accomplish their goal of entering the nursing profession with the possibility of continuing in the pathway at a future time."

Students would be required to meet certain General Education requirements to apply for the program, and upon admission would complete the program in one year. Graduates will be eligible to apply to take the National Council Licensure Examination (NCLEX-PN), which is required for practice as a Licensed Practical Nurse. Employment opportunities include hospitals, rehabilitation/long-term care/home health facilities, clinics and physicians' offices.

"Currently there are 62 positions for Licensed Practical and Licensed Vocational nurses in the Western Piedmont area of North Carolina and 500 open positions in all of North Carolina," Harris said. "Our employer survey showed a salary range of \$14.50 to \$25 an hour for LPNs."

To introduce the new program to the community, CCC&TI will host a Practical Nursing information session at 5 p.m. on May 16 in Room B-104 on the Caldwell Campus in Hudson.

For information on registering for the LPN program at CCC&TI, please call Amy Huffman at 726-2710 or Patty Brinkley at 828-726-2711.

Caldwell Community College and Technical Institute will host a Practical Nursing information session at 5 p.m. on May 16 in Room B-104 on the Caldwell Campus in Hudson. Pending approval from the state, the program is set to launch in January 2019. For information on registering for the LPN program at CCC&TI, please call Amy Huffman at 726-2710 or Patty Brinkley at 828-726-2711.

3rd Annual Barnes Reunion

LENOIR, NC (May 1, 2018)...The descendant of Irishman Brinsley (1713-1794) and Englishman Solomon (circa 1742-1807) will celebrate their 3rd Annual Barnes Reunion on Saturday, May 19, 2018. Both men died in Wilkes County, NC. The two families account for ten Revolutionary War Patriots and that Brinsley's family originally settled in Old Orange County, NC. As active participants in the War of Regulation, they had to flee to Wilkes. A major branch migrated to Tennessee in the early 1800's. The event is sponsored by the Barnes-Oxford Genealogy Research Foundation which maintains both a Facebook and a website at <https://CompetitiveStrategies.us> or you can email Barnes.Oxford.Genealogy@gmail.com. A catered BBQ, details on placing orders are available online only. Last year family came from as far away as Kansas. One will be coming from Australia to this year's event.

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NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Division of Mental Health, Developmental Disabilities and Substance Abuse Services

CALDWELL COUNTY
 North Carolina
 HEALTH DEPARTMENT

Supported by the N.C. Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services, with funding from the Substance Abuse and Mental Health Services Administration, Opioid STR/Cures (Grant#1H79T080257) and SFF-RX (Grant # 1U79SP022087).

Troxler encourages horse owners to vaccinate against mosquito-borne diseases and rabies

RALEIGH, NC (April 30, 2018)...Agriculture Commissioner Steve Troxler is encouraging horse owners to have their animals vaccinated against Eastern Equine Encephalomyelitis and West Nile Virus

Mosquito-borne disease can be deadly to horses, donkeys, mules...

"April until November is prime mosquito-breeding season in North Carolina and when horses are at risk if not properly vaccinated," Troxler said. "EEE is fatal 90 percent of the time in horses and WNV has a fatality rate of 30 percent. Both diseases are preventable by vaccination."

There were six recorded cases of EEE in horses in North Carolina in 2017, but the mild winter could cause that number to go up this year, State Veterinarian Doug Meckes said. Meckes recommends that equine owners talk to their veterinarians about an effective vaccination protocol to protect horses from mosquito-borne diseases. The combination vaccination initially requires multiple injections for horses, mules and donkeys that have no prior vaccination history. Meckes recommends a booster shot every six months.

Mosquitoes can breed in any puddle that lasts for more than four days, so removing any source of standing water can reduce the chance of exposing animals to WNV or EEE. Keeping horses in stalls at night, using insect screens and fans and turning off lights after dusk can also help reduce exposure to mosquitoes. Insect repellants can be effective if used according to the manufacturer's instructions.

Symptoms of EEE include impaired vision, aimless wandering, head pressing, circling, inability to swallow, irregular staggering gait, paralysis, convulsions and death. Once a horse has been bitten by an infected mosquito, it may take three to 10 days for symptoms to appear.

Symptoms of WNV include fever, weakness or paralysis of hind limbs, impaired vision, head pressing, seizures and aimless wandering.

"If your horses or other equine animals exhibit any symptoms of EEE or WNV, contact your veterinarian immediately," Meckes said.

People, horses and birds can become infected from a bite by a mosquito carrying the diseases, but there is no evidence that horses can transmit the viruses to other horses, birds or people through direct contact.

"It's also a great time to make sure your animal is current on its rabies vaccination, Troxler said. "In North Carolina we see about five cases of rabies in livestock each year. Horses are naturally curious animals, which puts them at risk for a bite if a rabid animal gets through their fence line."



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Tuesdays	5:30-6:15AM	Boot Camp	In front of Mackie Furniture
Wednesdays	5:15AM	5 Mile Run	In front of Mackie Furniture
Thursdays	5:30-6:15AM	Boot Camp	In front of Mackie Furniture
Fridays	5:30-6:15AM	Boot Camp	North parking lot CCC&TI
Saturdays	6:30-7:30AM	Boot Camp	Front parking lot South Caldwell HS

F3 LENOIR

Tuesdays	5:15-6:00AM	Boot Camp	Central Advent Christian Church
Wednesdays	5:15AM	5 Mile Run	"Across the Grain" Monument (big circle)
Thursdays	5:15-6:00AM	Boot Camp	Central Advent Christian Church
Fridays	5:30-6:15AM	Boot Camp	North parking lot CCC&TI
Saturdays	7:00-8:00AM	Boot Camp	Hibriten High School



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NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Division of Mental Health, Developmental Disabilities and Substance Abuse Services

CALDWELL COUNTY
 North Carolina
 HEALTH DEPARTMENT

Supported by the N.C. Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services, with funding from the Substance Abuse and Mental Health Services Administration, Opioid STR/Cures (Grant#1H79T08G257) and SRF-RX (Grant # 1U79SF022087).

Man arrested for possessing a firearm on School Property

LENOIR, NC (May 1, 2018)...On May 1, 2018, at 11:26 am, The Caldwell County Sheriff's Office received a report of an individual at the lobby of the Gymnasium at Happy Valley School. The individual was confronted and told to leave by School Personnel. Personnel at Happy Valley were able to identify the individual by Driver's License as Blaine Frances Pennington III. Pennington was observed leaving Happy Valley School in an older model dark in color Ford Truck with a white camper shell. Pennington agreed to leave the School and there were no altercations from the incident. At 11:57 am a call was received from Collettsville School of an individual that was in possession of a firearm on school property. The individual was approached by school personnel and advised to leave the premises. School personnel observed that the individual was in possession of a firearm that remained in a holster that was on his side while on the property. The individual left the Collettsville School driving an older model dark in color Ford truck with a white camper shell. School personnel were able obtain the license plate number for the vehicle and relayed the information to the Caldwell County Sheriff's Office. The License Number provided was also identified as belonging to Blaine Francis Pennington III.



Deputies observed the vehicle matching the description on Abington Road near the intersection of Beecher Anderson Road and conducted a vehicle stop and identified Blaine Frances Pennington III as the driver of the vehicle. Pennington was taken into custody and Taurus 380 Semi-Automatic Pistol was located on his side. When asked about why he was on school property he refused to provide any intelligible answer as to why he was on school property. There have been no facts that have been established to indicate Pennington had any legitimate reason to be on any of the school properties.

Blaine Frances Pennington III, age 50, of 2540 Post Place Lenoir, NC, has been charged with Two count of Felony Possession of a Gun on Educational Property. He has been placed in the Caldwell Detention Center under a \$25,000.00 Secured bond and his First appearance has been set for Thursday, May 3, 2018 in District Court in Lenoir.

"Our children are our most precious resource and incidents like this one amplify the need to have School Resource Officers stationed at every school in Caldwell County." Sheriff Alan C. Jones

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**Caldwell Arts Council presents Printmaking Workshop**

LENOIR, NC (April 20, 2018)...Learn a mixed media approach to printmaking in a fun, engaging environment. Energetic, dynamic teachers lead the 6-week course while participants create prints on an intaglio press. The class is open to all adults 18 and up, and all experience levels are welcome. Classes will be held 5:30 p.m. to 8:00 p.m. on six consecutive Tuesdays, May 8 – June 12, 2018 at the Optimist Club House on Mulberry Street in Lenoir across from Mulberry Recreation Center.

Thomas Thielemann is an award-winning mixed media artist and is the director of visual arts at CCC&TI. Damon Hood is a talented artist based in Lenoir.

Registration fee is \$130; register by May 1 by calling 828-754-2486 or visiting www.caldwellarts.com.

Stand Up For The Arts!: Spring Party to benefit the Caldwell Arts Council

LENOIR, NC (March 28, 2018)...The Lenoir Epicurean Select Society (LESS) will host a pARTy supporting the Caldwell Arts Council on FRIDAY, MAY 18, 2018, 6:30-8:30 p.m. \$30/person, limit 30.

The Award-winning LESS Cook Team, two-time defending champions of the Swingin' Wingin' Moon in June wing competition in Downtown Lenoir, will host a special Caldwell Arts Council benefit for those who love to sample interesting and tasty food bites from a variety of cultures.

This party will feature a smorgasbord of tasty and interesting tapas items for guests to sample while enjoying the company of friends, old and new. LESS' award-winning wings will be just one of several featured items from culinary influences around the world.

Call 828-754-2486 or visit www.caldwellarts.com to make your reservations now! There's only room for 19 more, and it's an outdoor-indoor event for adults only.

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Spring Is Here!

Stop by and see us for:

Tomato & Pepper Plants

Squash & Cucumbers Plants

Assorted Flowers & A Great Selection of Seeds

Fertilizer, Lime, Grass Seed and Much More



Lifeguard certification classes in Lenoir

LENOIR, NC (May 1, 2018)...The first of two Lifeguard Certification classes starts next week at the Lenoir Aquatic and Fitness Center. Students must be able to swim 300 yards without stopping and must complete a pretest before taking the Lifeguard Certification Class. Girls must wear a one-piece swimsuit.

Cost is \$207 for City residents and \$237 for non-City residents.

Successful completion of the course may result in employment with the Lenoir Aquatic and Fitness Center!

Please call center at 828-757-2196 for more information and to schedule a pretest.

May Class

May 7 - 12, 2018

Monday through Friday from 3:30 pm to 8:30 pm, Saturday from 9:00 am to 2:00 pm.

Must be 15 years old on or before May 12, 2018, to participate.

June Class

June 11-15, 2018

Monday through Friday from 11:00 am to 5:00 pm

Must be 15 years old on or before June 15, 2018, to participate.

Clearview Baptist Church will have their 2nd Annual Ride for Youth on May 26 with registration at 9:15am and kickstands up at 11:00am. The cost is \$25 per bike. Cost includes entry into bike show, t-shirt for one rider, and BBQ meal after the ride. Additional t-shirts are \$10. All proceeds go to help send youth to Carolina Youth Camp July 16-20. For more information contact Geoff Day at 499-2557 or Reggie Day at 493-4220.

Foothills Community Workshop Grand Re-Opening set

GRANITE FALLS, NC (April 25, 2018)...Foothills Community Workshop will have an Open House and Grand Re-Opening on Friday, May 4 from 4-9PM and Saturday, May 5 from 10AM-6PM. Though the Shuford fire destroyed nearly everything, FCW has recovered to the extent that the following areas are available for use: Arts & Crafts, Electronics, Computers/Gaming, Lounge, Computer Museum, Classroom, and Woodshop. There will be tours of the new facility, food, and activities both days. Part of the activities include a Retro-Gaming session with vintage computer games, consoles, and arcade games available. Our new address is 141 N. Main St., Granite Falls.

CCC&TI celebrates new class of Electrical Lineman

HUDSON, NC (April 26, 2018)...Caldwell Community College and Technical Institute celebrated a new class of Electrical Linemen with a completion ceremony on Wednesday, April 25 at the J.E. Broyhill Civic Center in Lenoir. Those recognized at the ceremony were: Front row, left to right, Instructor Dean Ford, David Byerly of Hudson, Andy Kincaid of Granite Falls, Alex Davis of Morganton, Joshua Greene of Lenoir, Demetrios Tzaferis of Lansing, Brandon Phillips of Lenoir, Chad Bumgarner of Maiden, Jonah Clark of Lenoir and Electrical Lineman Coordinator David Coffey; Back row, left to right, Instructor Kim Sluder, Anthony Logan of Lenoir, Chase Warren of Fairview, Landon Braswell of Lenoir, Bailey Hart of Granite Falls, John Ellis of Old Fort, James Hendrix of Granite Falls, David McGee of Morganton, Joseph Woods of Lenoir, Instructor Steve Stillwell and Instructor Otis Livingston. For Electrical Lineman program information or to register, call 828-726-2242.

NCSECU awards scholarships to Electrical Lineman students

HUDSON, NC (April 26, 2018)...The North Carolina State Employees Credit Union awarded four \$750 Continuing Education Scholarships to Caldwell Community College and Technical Institute Electrical Lineman students during the completion ceremony on April 25 at the J.E. Broyhill Civic Center in Lenoir. Pictured, from left to right, are: Andy Kincaid of Granite Falls, Landon Braswell of Lenoir, NCSECU Advisory Board Member Elaine Lockhart, John Ellis of Old Fort and David Byerly of Hudson. The SECU Foundation Scholarship was established in 2012 and focuses on assisting unemployed and underemployed adults, military veterans and members of the National Guard attain marketable job skills for future employment. CCC&TI's Electrical Lineman and Truck Driver Training programs are eligible for the scholarship. For more information about enrolling in CCC&TI Continuing Education classes or receiving financial assistance, call 828-726-2242 (Caldwell) or 297-3811 (Watauga).

Continuing Nursing Education: Inside Appalachia—Strategies to Improve Patient-Provider Communications and Health Outcomes

BOONE, NC (April 27, 2018)...The rate of health disparities in the Appalachian region is higher than the rest of the United States. Providing specific, culturally sensitive training, targeted to health care professionals who work within Appalachia, will improve the quality of care and health outcomes residents in Appalachia experience.

Inside Appalachia: Strategies to Improve Patient-Provider Communications and Health Outcomes will be offered at no cost on Wednesday, May 16, 2018, from 9:45 a.m. to 12 noon, at Watauga Medical Center, AHEC Building, 336 Deerfield Road, Boone, NC. Registration begins at 9:30 a.m. The program provides 2 CNE hours from NC Nurses Association or 2 contact hours for other disciplines, and will be presented by Robyn Seamon, MA, BSN, RN, Appalachian Healthcare Training and Consulting, in partnership with Caldwell Hospice Serving the High Country, Appalachian Regional Healthcare System/Watauga Medical Center, and North Carolina Nurses Association. This continuing nursing education activity was approved by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

For more information or to register by May 14 at 828.754.0101, 1.844.MY.JOURNEY, or mlivingston@caldwellhospice.org.