

2018 Season Brings New Visitor Opportunities to Moses H. Cone Memorial Park on the Blue Ridge Parkway



BLOWING ROCK, NC (March 30, 2018)

...Flat Top Manor, a primary feature of the Moses H. Cone Memorial Park at Milepost 294 on the Blue Ridge Parkway, opens today for the 2018 season with new opportunities for visitors. This 13,000 square foot manor house, surrounded by 25 miles of carriage roads meandering through orchards, pastures, meadows, lakes, ponds, roads, and forests, was built as the summer home of textile magnate Moses H. Cone in the late nineteenth century. The estate was conveyed to the National Park Service in 1949 and has since become one of the most popular locations for visitors along the Blue Ridge Parkway.

A multi-year planning and rehabilitation effort, funded in part by the Blue Ridge Parkway Foundation, is underway to address needed repairs and visitor enhancements throughout the estate. Some of the initial changes visitors can expect this summer include temporary exhibits about Moses and Bertha Cone, their families, and life on the estate along with a short film about the Cones in the Manor House. Park rangers will also expand popular house tours to feature several newly opened rooms of Flat Top Manor; including the home's kitchen, which provides a look into what life in the house was like for the Cones as well as those employed at the estate. Information for planning a visit to Moses H. Cone Memorial Park is available on the Parkway's website.

The Southern Highland Craft Guild will continue a 60-plus year tradition of the Cone Manor House being used as a regional craft center as they enter a new 10-year concession contract period. In a reconfigured area of the main floor, the Craft Guild will continue its role of providing visitors with an opportunity to experience handmade craft representative of the southern and central Appalachian region through items for purchase and artist demonstrations.

In addition, four wayside maps of the historic carriage road system will be installed at several locations to assist visitors exploring the trails. Landscape and historic stone wall restoration work will also continue this summer. The extensive network of carriage roads and landscaping, designed by Moses Cone, is among very few such systems representative of this period that remains intact in this country.

Moses Cone is described as an entrepreneur who founded a company that became a leading manufacturer of denim. Fond of nature, Cone was drawn to the mountainous region of western North Carolina with its moderate climate, fresh spring water, and clean air. Moses Cone established this gentleman's country retreat in the style of those established by American captains of industry of the late nineteenth and early twentieth centuries applying a conservation ethic to the creation and management of the estate.



**Trout Season Begins
Saturday, April 7**

Caldwell Journal Info

"Published each Thursday by the Caldwell Journal"
Established October 2, 2014

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Our Deadline Is On Friday At 5pm For Next Week's Paper

Caldwell Journal Weather

Thursday (5th): Partly sunny.

High 63 Low 36

Precipitation: 0.00 in.

Friday (6th): Mostly cloudy.

High 69 Low 48

Precipitation: 0.04 in.

Saturday (7th): Much colder with rain.

High 49 Low 30

Precipitation: 0.37 in.

Sunday (8th): Sun, then clouds.

High 56 Low 38

Precipitation: 0.00 in.

Monday (9th): Cloudy, chance for rain; cold.

High 46 Low 38

Precipitation: 0.00 in.

Tuesday (10th): Chance of a little a.m. rain.

High 56 Low 30

Precipitation: 0.00 in.

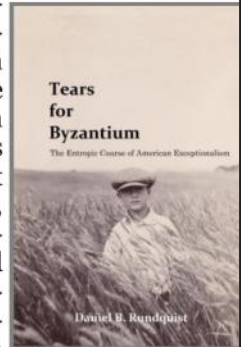
Wednesday (11th): Partial sunshine.

High 59 Low 38

Precipitation: 0.00 in.

New Plymouth Press, LLC announces release of new book title by local author – all net proceeds are designated to support local DAV

CALDWELL COUNTY, NC (November 7, 2017)... New Plymouth Press, LLC is proud to announce today that a new book will be released to the public on December 1, 2017. The author, Dan Rundquist has completed work on his nonfiction title, *Tears For Byzantium; The Entropic Course of American Exceptionalism*. The work seeks to address the question of what exactly is the proper size, role, and scope of American government in a post-9/11 world through the prism of world history. It is told by a father, taxpayer, and ordinary American citizen.



"I have wept for my nation until I am out of tears. Not from a personal depression, but with the deepest grief and sorrow as one might have for a dying loved one. The patient in this case is our nation, America, but she is not so much ill as she is being euthanized. I weep for her because I love my nation, and she is nearly lost to us. I have always loved my country, and I am not alone." *Dan Rundquist*

The Caldwell Journal has been awarded exclusive distribution of the e-book format...

This special edition of the book will be made available exclusively by a distribution agreement with the Caldwell Journal:

- The publisher has set the title price at \$4.99 and the author is donating ALL net proceeds for this special PDF edition to Disabled American Veterans, Chapter 6 Hudson, NC.

- ISBN: 978-0-9862967-8-9

- 151 pages, 8.5 x 11 PDF format, print volume is expected to release summer, 2018.

- Link to the Caldwell Journal: www.caldwelljournal.com

- Media inquiries, requests for advance copies for review can be made directly to the author at dbquist1986@gmail.com

- Inquiries to the Caldwell Journal: Mr. Mark Jackson, mark.jackson@caldwelljournal.com

Call for Artists for HUES AND BREWS in Granite Falls

GRANITE FALLS, NC (April 4, 2018)...The Caldwell Arts Council invites local and regional artists to participate in the next Hues and Brews event coming up Saturday, May 19, 2018, from noon to 5:00 PM at Granite Falls Brewing – indoors this year!

Artists who have not participated in the past must be juried in, and all details are on the prospectus/application at this link: <https://goo.gl/forms/iJoEpaXgtbaCglrL2> or on the website www.huesandbrews.org.

Come be part of the Celebration!

Beer sales from this event will benefit the Caldwell Arts Council, located at 601 College Ave SW in downtown Lenoir, which strives to present high quality arts events throughout Caldwell County. For more information, call 828-754-2486 or visit www.caldwellarts.com

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Caldwell Journal Weekly Recipe Cabbage, Potato, & Chicken Stew

Ingredients

- 1 medium-size onion
- 1 tablespoon olive or vegetable oil
- 4 medium-size carrots or parsnips
- 1/2 small head green cabbage
- 4 medium-size new red potatoes
- 1 can (14 1/2 ounces) stewed tomatoes
- 2 cups water
- 6 cloves garlic
- Salt
- 1 teaspoon sugar
- 4 to 8 chicken thighs
- 1/4 cup fresh dill or parsley leaves (optional)
- 2 tablespoons lemon juice
- Freshly ground black pepper

Instructions

Finely chop the onion. Heat the oil in your pressure cooker over medium-high heat until very hot. Add the onion and stir it around until it is coated with the oil. Reduce the heat to low and sauté gently, stirring every now and then, until softened, 5 to 10 minutes. Meanwhile peel and slice the carrots or parsnips 1/2 inch thick. Finely shred the cabbage. Scrub and quarter the potatoes. Add these vegetables to the pot along with the stewed tomatoes and water. Bring the liquid to a simmer over high heat. Peel the garlic but leave it whole. Add the garlic, 1 teaspoon salt and sugar (omit the sugar if you're using parsnips). Remove as much of the skin and fat from the chicken as possible and add the pieces to the pot. Cover the pressure cooker, lock the lid, and bring to full pressure over medium-high heat. Cook at full pressure for 12 minutes. Meanwhile mince or, easier yet, finely snip the dill, if using, with scissors. Cool the pressure cooker under cold running water until the pressure is normal. Release the pressure and unlock the cooker, averting your face as you do so to prevent a steam burn. Add the lemon juice and dill to the pot, stir, and season to taste with salt and pepper.



Rock Creek Coon Club Fundraiser for American Legion Post 392

Friday April 13, 2018(meals starting @ 5pm)
And Saturday April 14, 2018(meals starting @ 4pm)

At

Rock Creek Coon Hunting Club
3482 Bowman Road
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Contact: Jo Ann @ 828-728-7980 or 828-320-4275
Tim @ 828-221-2900 or 828-640-4360

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Hudson, NC

(828) 221-2900 www.facebook.com/CorneredHillFirearmsTraining

Shop in downtown Hudson & support local!!!

2018 Child Health and Safety Fair

LENOIR, NC (April 3, 2018)...Caldwell County Health Department will be hosting the 2018 Child Health and Safety Fair, located outside the Health and Human Services Building (2345 Morganton BLVD SW, Lenoir 28645). The event will be held on April 19th, 2018, from 4:00pm until 6:30pm, weather permitting.

Each year, a Child Health and Safety Fair is held during the Week of the Young Child, in partnership with the Family Resource Center/Enola Group in Lenoir. Week of the Young Child is an annual celebration hosted by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers, and families. This event also serves as a community Safe Kids Day to recognize the importance of keeping children safe and to promote ways to prevent childhood injuries.

During this event, children and parents will discuss safety with Caldwell County Safe Kids and first responders (including law enforcement, fire fighters, etc). Parents will learn health topics from a variety of agencies, including Caldwell County Health Department (Dental, Child Health, Maternity, WIC, etc). Also joining the event will be Project Lazarus, the Robins Nest, the Forestry Service, and many other agencies. All those involved will have educational material and games for kids of all ages.

This event is geared for parents and children, birth to 5 years old. The event is free for everyone!

For more information please contact Anna Martin, Health Promotion Supervisor (828) 426-8506.

Trout Season begins this Saturday

CALDWELL COUNTY, NC (April 5, 2018)...Hatchery Supported Trout Waters are open from 7 a.m. on the first Saturday in April until one-half hour after sunset on the last day of February the following year. This year, Commission personnel will stock approximately 916,000 trout — 96 percent of which average 10 inches in length, with the other 4 percent exceeding 14 inches in length.



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CALDWELL COUNTY
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Local Poet to Read Poems From Her Book “Poetry In LA” At The Caldwell Heritage Museum

LENOIR, NC (March 30, 2018)...Local poet LB Sedlacek will read poems from her book “Poetry in LA” on Thursday, April 26th at 6pm at the Caldwell Heritage Museum. This event is free, family friendly and open to the public. The poems from her book are all about the Lenoir area, which locals fondly refer to as “LA.” The poems originated with her Facebook page @poetryinla. Poems cover Wilson’s Creek, Hibriten mountain, downtown Lenoir, the Blue Ridge mountains and more. In 2001, Sedlacek created and still publishes “The Poetry Market Ezine,” a free resource just for poets. She also edits and critiques poems and poetry books for other poets. Her poems have been published in numerous journals and zines. She is a former Poetry Editor of “ESC! Magazine” and co-hosted the small press podcast “Coffee House to Go.” Some of her latest chapbooks are “Constellate,” “Mars or Bust,” and “Hey Astro!” When she isn’t writing or running her own small business in Lenoir, she enjoys swimming, reading, and volunteering for the Caldwell Humane Society.

www.lbsedlacek.com

www.thepoetrymarket.com

Facebook: @poetryinla or @lbsedlacekpoet
#poetry #placepoetry #caldwellcounty #lbsedlacek
#caldwellheritagemuseum

First Baptist Church of Whitnel is in need of a pianist. If interested contact Donna Kaylor at 828-308-5516.

Grandview Park WMU will have the next Sisterhood on Thursday, April 5 at 6pm in the church fellowship hall. Sisterhood is a time of fellowship, singing and testimony to uplift and encourage ladies of all ages. There will be a meal provided at no cost. If interested in attending please call 828-632-6556.

Newcomers to Explore Travel Opportunities Through Road Scholar Program

HICKORY, NC (March 31, 2018)...Newcomers of Catawba Valley will learn about several national and international trips available through the Road Scholar program at their monthly meeting on Wednesday, April 11.

Road Scholar, formerly Elder Hostel, offers more than 5,000 trips annually to all 50 states and 150 countries. Club members Louise Judd and Linda Monroe will talk about how the nonprofit program works and trips they have taken as Road Scholars. The adventure program for adults has been operating since 1975.

The public is invited and welcome to attend the presentation and meeting, which will be held in the former terminal building of the Hickory Regional Airport, located at 3101 9th Ave. Dr. NW. The meeting begins with a coffee and tea time at 10:30 a.m.

Newcomers of Catawba Valley is primarily a social organization that enables new and long-time residents of the region to meet, make friends and participate in a variety of activities, including support of area charities and service programs. The club is made up of men and women and does not limit how long a member may belong. General meetings are usually held at the Hickory Regional Airport at 10:30 a.m. on the second Wednesday of every month. For more information, visit www.newcomersofcv.com.

Tweetsie Railroad Opening Day

BLOWING ROCK (March 30, 2018)...Blowing Rock's Tweetsie Railroad has been a favorite destination for family fun since 1957! The original coal-fired train engine, Tweetsie, chugs along a 3-mile loop and gives children the chance to experience life in the Old Wild West, to eat delicious food and listen to catchy tunes from the period. The park will be open for the 2018 daytime operations beginning April 6, 2018, on Fridays, Saturdays and Sundays from 9 a.m. - 6 p.m.

Date/Time: Friday, April 6, 2018 from 9 a.m. - 6 p.m.

Location: Tweetsie Railroad, 300 Tweetsie Railroad Lane Blowing Rock, NC 28605

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Caldwell Humane Society to Host 14th Annual Bark in the Park

LENOIR, NC (By Laura Sedlacek – April 4, 2018)... Caldwell Humane Society will host the 14th annual Bark in the Park on Saturday, April 14th at Redwood Park in Hudson. Bark in the Park starts at 12 noon. Rain location is the Caldwell County Fairgrounds.

The annual event includes dog-friendly games such as Best Trick, Pet and Owner Look Alike, and Frosty Paws, an eating contest for dogs. Plus, there is the ever-popular Dog Walk where you can collect pledges from family and friends for you and your dog(s) to walk. There will be concessions for sale and a Silent Auction. Entertainment will be provided by Jonathan Beal of Second Shift on acoustic guitar.

Caldwell Humane Society, an all-volunteer group that provides low-cost Spay/Neuter Clinics to reduce pet overpopulation in Caldwell County holds Bark in the Park as its annual fundraiser. All funds raised will be used to provide low cost Spay/Neuter Clinics as well as educational programs in local schools and community.

To learn more, or to get a Dog Walk pledge form, please visit us on Facebook @Caldwell Humane Society Inc., on Instagram @caldwellhumanesociety or log onto www.caldwellhumane.org, email caldwell4pets@gmail.com or call (828) 499-0289.

Caldwell Humane Society, Inc. is a public charity under IRS Code Section 501(c)(3).

~Laura Sedlacek is a volunteer with CHS.

Painting On The Roof - Party to benefit the Caldwell Arts Council

LENOIR, NC (March 28, 2018)...Local folk artists Susan and Charlie Frye are hosting a benefit pARTy for Caldwell Arts Council on Thursday, June 28, 2018, 6:30-8:30pm! Limited to 8 participants, the evening will include a painting project on the rooftop of Folk Keeper Gallery &Antiques in downtown Lenoir, complete with hors d'oeuvres, beverages, and great fun! Tickets are \$50, and all proceeds help support the vital programs of the arts council.

Call 828-754-2486 or visit www.caldwellarts.com to make your reservations now!

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Reunion for Granite Falls High School students and teachers

GRANITE FALLS, NC (April 3, 2018)...The Fifth Annual Dining with the Demons (DWTD) will be held Saturday, May 5, 2018 at the Caldwell County Fairgrounds on Hwy 321 in Lenoir. Doors will open at 11 a. m. Lunch will begin at noon. The event is a reunion for Granite Falls High School alumni, teachers, and their guests. There is no charge, but attendees should bring a covered dish or two for the potluck meal. To help defray expenses, organizers are accepting donations, conducting a raffle, and selling GFHS logo t-shirts and caps. Orders for logo items will be taken through Sunday, April 15th.

For more information, check out the Dining with the Demons 2018 Facebook page or call Carolyn Whisnant at 828-381-9597. You may also inquire at Terry's Insurance located in the Granite Falls Drug Center Building on Falls Avenue in Granite Falls.

Grandfather Ranger District, Pisgah National Forest and
North Carolina Wildlife Resources Commission – Fisheries Division
present the

Kids with Disabilities
Fishing Day
is May 18th!



Children ages 12 and younger
are invited to

Boone Fork Pond

Saturday, May 19, 2018

Registration at 8:00 a.m., Fishing at 9:00 a.m.

A parent or guardian must be present.
Participating children must be able to hold and reel in their own pole.
Fishing equipment and bait is available if needed.

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For more information contract the
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Logos for N.C. Department of Health and Human Services, Caldwell County Health Department, and the Substance Abuse and Mental Health Services Administration (SAMHSA) are displayed at the bottom of the advertisement.

Supported by the N.C. Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services, with funding from the Substance Abuse and Mental Health Services Administration, Opioid STD/Cures (Grant# 1H79T080257) and SPH-RX (Grant # 1U79SP022087).

Girl Scouts hosts camp open house for all girls!

COLFAX, NC (April 4, 2018)...Girl Scouts Carolinas Peaks to Piedmont (GSCP2P) is hosting an open house event at each of its three resident camps- Camp Ginger Cascades (Lenoir), Camp Pisgah (Brevard) and Keyauwee Program Center (Sophia) on Sunday, April 15 from 1-5 p.m.

The theme of the open houses is Eggstravaganza and visitors will have the opportunity to tour the camp properties while searching for Easter eggs. Girls can also roast s'mores, make crafts, meet camp staff and get all their questions answered about the summer camp program.

This event is open to the public and families are encouraged to attend and discover all the exciting over-night and day camp programs available for all girls entering grades 1-12.

"Camping is a longstanding Girl Scout tradition and summer camp offers girls outdoor experiences in a safe and fun environment that they might not otherwise have," said Lane Cook, chief executive officer of GSCP2P. "Girls are encouraged to challenge themselves, discover the world around them and connect with new friends while at camp."

GSCP2P resident camps are American Camp Association (ACA) accredited and comply with more than 300 standards.

In addition to traditional arts and crafts, swimming, hiking, games and nature walks, Girl Scout camp also provides girls with things like horseback riding programs, water adventures, climbing wall challenges and canoe trips.

To learn more about specific camp sessions or to register for summer camp, please visit www.camplikeagirl.org. Questions can be directed to info@girlscoutsp2p.org or call 800-672-2148.

Bethel Colony Women's Campus update: We are two weeks away from our purchase. The property will be ours. On April 17th we will be able to assess the buildings and begin our clean up and renovations. We continue to get calls every week from women who want to come. Even the men checking in the Men's Campus are telling me the names of those they know who want to come. We feel the urgency to get the property completed and ready for occupancy. If you have the desire to help, please call and let us know. We need landscapers, handy men and women, carpenters, etc. The excitement is building here on the Men's Campus. Please join in if you can. Thank you for your continued support. 828-754-3781.

Mount Carmel Baptist Church has an organ they would like to give away. It has one pedal that doesn't seem to be working, otherwise great. Please contact Shane Mask at 828-310-1198.

Mulvale Baptist Church, in Collettsville, NC is currently seeking a part-time summer youth minister for 2018. If interested, please email pastorbr549@gmail.com for more information.

Obituary for William Joseph "Joey" Franklin Of Hickory

HICKORY, NC (April 4, 2018)...William Joseph "Joey" Franklin, 69, of Hickory, passed away Sunday, April 1, 2018 at his residence.

Joey was born April 19, 1948 in Catawba County to the late Boyd Joseph Franklin and Mary Sue Reed Franklin.

Joey was a member of West Hickory Baptist Church and served in the U.S. Navy. He was a cabinet maker by trade and was employed with the Catawba County Schools until his retirement after 21 years of service. Many homes in Hickory and Granite Falls proudly exhibit his workmanship.

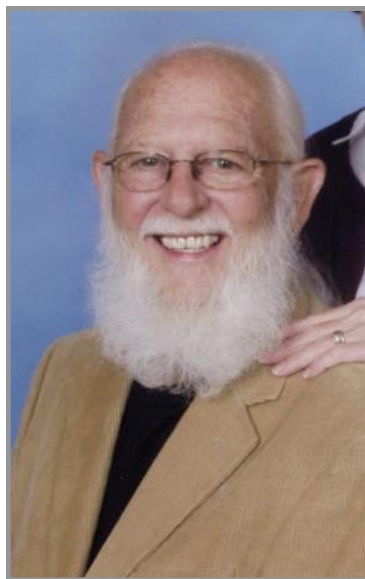
As a master craftsman of wood, Joey was very creative in his woodworking and made all kinds of furniture and gifts in his workshop for friends and family. One highlight of his life was the opportunity to portray Santa Claus during the Christmas season. He enjoyed being Santa for the Claremont parade, Shells Barbeque, Breakfast with Santa at Rock Barn and Lake Hickory Country Clubs. Another highlight was grilling for West Hickory Baptist Youth, SSHS ROTC and his family. His favorite things included: camping, NASCAR, fishing, riding his motorcycle and gardening. His strength and deep faith made him the beloved patriarch of his family and he was adored by all of them.

Those left to cherish his memory are his wife, Rita Franklin of the home, his daughter, Shannon Cansler and husband Terence of Hickory, his son, Matthew Franklin and wife Heather of Statesville, his brother, Johnny Franklin and wife Chelly of Gastonia, his four sisters; Beverly Curtis and husband Marty of Granite Falls, Jeanette Tarabcik and husband George of St. Petersburg, FL, Marie Huffman and husband Mel of Hickory, and Lee Jackson and husband Mark of Granite Falls, his three granddaughters; Samantha Cansler Pierce and husband Josh, and Bailey Cansler all of Hickory, and Emma Franklin of Statesville, his grandson, Kalib Franklin of Statesville, and a large number of nieces and nephews.

A memorial service with military honors will be held at 11:30 AM on Saturday, April 7, 2018 at West Hickory Baptist Church with the Rev. Scott Frady officiating. The family will receive friends at the church from 9:30 — 11:30 AM prior to the service.

Memorials may be made in his honor to West Hickory Baptist Church, 40 12th St. N.W., Hickory, NC 28601.

On-line condolences may be sent to www.bass-smithfuneralhome.com.



Two Advance Care Planning Workshops: Living Will, Healthcare Power of Attorney, and Benefits Overview

LENOIR, NC (April 4, 2018)...Advance care planning is a process to help your loved ones know how to speak for you if you are ever unable to make your own medical decisions. It is planning for the unexpected.

Caldwell Hospice and Palliative Care and the Caldwell Senior Center will partner to offer two Advance Care Planning Workshops at no cost to the community on the second and fourth Thursdays of each month. The next workshops will be held April 12, 2018, at 1:30 p.m. at the Caldwell Senior Center in Lenoir, and April 26, 2018, at 1:30 p.m. at Caldwell Hospice's McCreary Family Professional Center, 526 Pine Mountain Road, Hudson.

Join retired local attorney Houston Groome in Lenoir and attorney Hugh Wilson in Hudson for either of these inspiring workshops. "Advance Directives: Living Wills and Healthcare Powers of Attorney are gifts to your family," says Groome. "Deciding, discussing and documenting your healthcare wishes helps ensure your healthcare wishes are known and honored. It also gives you peace of mind that you have made appropriate preparations." Notaries and witnesses will be available to help anyone who wants to complete their documents at the clinic. For more information, or to register, call 828.758.2883.

South Caldwell Christian Ministries is taking applications for an Intake Supervisor. The job is Tuesday and Thursday 9-5 and Wednesday 9-2. Must be able to lift up to 40 pounds. For more information please call 828-396-4000.

National Day of Prayer set for May 3, 2018 at Noon

CALDWELL COUNTY, NC (April 4, 2018)...The 67th Annual National Day of Prayer will be held on Thursday, May 3 from 12:00 Noon to 12:30. The theme is Unity. The scripture is "Making every effort to keep the unity of the spirit through the bond of peace" (Ephesians 4:3). Please join us in prayer at one of the following four locations.

Lenoir - Lenoir Downtown Plaza with the rain location being Lenoir First Baptist Chapel

Gamewell - Gamewell Town Hall (also the rain location)

Hudson - Hudson First Baptist Church (also the rain location)

Granite Falls - Square in front of Town Office
(with the rain location being the Granite Falls First Baptist Fellowship Building)

GRANITE DRUG CENTER

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Poetry in LA: Only in LA (L.A. Poems)

Paperback November 2, 2017

Poetry about L.A. (east in North Carolina). These poems are taken from the Facebook page, Poetry in LA (@poetryinla) created by LB Sedlacek. Poems are about Hibern Mountain, the annual Sculpture Fest, the annual Blackberry Festival, Wilson Creek, Highway 1890, the antique car shows, old times buildings, and the general way of life in the foothills of the Blue Ridge Mountain area that locals fondly call "LA." for Lenoir Area.



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www.lbsedlacek.com Twitter: @lbsedlacek



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Animal Control Decreases Adoption Fees for a Limited Time

LENOIR, NC (April 4, 2018)...Caldwell County Animal Control (829 Fairview Dr SW, Lenoir) will be decreasing the price of their adoptions fee from \$75 to \$35 from April 4th until April 20th.

Animal Control is regulated by the North Carolina Department of Agriculture, in order to stay in compliance, minor upgrades will be conducted to repair the floors and paint in the kennel interiors.

The adoption fee includes spay or neuter of the animal you choose, a one (1) year rabies vaccination, a physical examination and a health vaccination.

Adoption viewing hours are as follows:

Monday - Friday 10:00 AM – 4:45 PM

Every 2nd Saturday 10:00 AM - 2:00 PM

For more information please contact Caldwell County Animal Control, (828) 757-8625.

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Key Practices of the Christian Life

Practice Six: Worship – A Way of Life

“... whatever you do, do all for the glory of God.” 1 Corinthians 10:31

Many Christians believe that worship is the time of singing that happens on Sunday morning. In reality, worship is much more than singing and a weekly worship service is only a part of the worship that ought to take place in our lives. In fact, all our lives are to be offered as a sacrifice of worship to the Lord (Ro. 12:1). This means that every moment of every day is an opportunity to worship the Lord. Here are some practical tips to help you worship as a way of life . . .

Consistently participate in worship in a local church. A life of worship is more than worshipping with the body, but it is not less than worship with the local church. Be involved on a consistent basis as an active participant in the worship services of a local church. Let your heart enter into true worship of the Lord with other believers regularly.

Join regularly with others to grow in Christ. Spiritual fellowship is a key element in developing a life of worship. Times of true fellowship with other believers keeps us encouraged and pressing on in our walk with God.

Develop the discipline of turning your mind to God. Understanding that “every good and perfect gift comes from above” (James 1:17). So we can worship God when we see a beautiful sunset, when we hear a child’s laughter, or when we share a good meal with friends. When you enjoy life, let your mind turn immediately to the giver of every joy.

Consistently worship the Lord daily through Bible intake and prayer. If you are engaged in the first two key practices we have discussed, you will set your day on a course in which you will be worshipping God through the day.

Place reminders of God’s goodness in places you need them. If you tend to get frustrated while driving, a short verse on your dashboard about the goodness of God might be helpful. Your bathroom mirror can be a good place for reminders too. Some people may be helped by Christian music or good teaching while driving or exercising or doing chores. Find ways of reminding yourself often that you are called to a life of worship.

By Pastor Scott Frady

of West Hickory Baptist Church, 40 12th Street NW, Hickory, NC

Welcome Mandy Reid - New 4-H Agent!

LENOIR, NC (April 4, 2018)...There is a new face at the Caldwell Extension Center. I am happy to announce Mandy Reid has been hired as the new 4-H agent. There will be a reception for Mandy on Thursday, April 12th from 3 to 5 p.m. This reception will be held in meeting room 2 of the Caldwell Extension Center and public library.

Mandy comes to us with 16 years of experience teaching Elementary education. She is a native of Caldwell County and graduated from Hibriten High School and Appalachian State University. I hope you will be able to join us on April 12th to welcome Mandy.

When: Thursday, April 12th from 3pm to 5pm

Where: Room 2 of Caldwell Extension and Lenoir Library

